

Oregon Adoptive Parent Support Groups

This support group list was produced by the Oregon Post Adoption Resource Center (ORPARC). ORPARC does not license, recommend, endorse, guarantee, control or regulate any parent support group. ORPARC recommends that parents contact a support group in order to understand specific group purpose, goal and verify meeting information.

Metropolitan Region (Multnomah County)

- **Adoption Mosaic**, *Private*, Information Line: 971-533-0102, info@adoptionmosaic.org, www.adoptionmosaic.org. Adoption Mosaic services all people touched by adoption and sponsors adoption-related workshops, kid's group, and adult adoptee movie group.
- **Adoption Support Group**, DHS Midtown Branch, *Sponsored by DHS*, Janet Payne @ 971-673-2087
- **Adoptive and Foster Parent Support Group**, *Sponsored by Kinship House*, Sue or Melissa, 503-460-2796
- **Adoptive Dads Support Group**, *Sponsored by Heritage Adoption Services*, Deborah or Sheila @ 503-233-1099
- **Adoptive Parent Support Group**, *Sponsored by Heritage Adoption Services*, Deborah or Sheila @ 503-233-1099
- **African-American Families Through Adoption (AAFTA)**, *Parent-led*, Pam/Rob Vergun @ 503-645-6642, pearlysue@stanfordalumni.org
- **Daddies & Papas**, *Parent-led*, A group for gay, bi, trans men raising children, Josh or Stephen @ 503-740-4039, daddiesandpapas@gmail.com
- **East County Foster/Adopt Support Group**, *Parent-led*, Cara Dixon-snowangel288@yahoo.com, or Diane Egger @ 503-234-8757 x 11
- **Grandparents Raising Grandchildren**, *Grandparent-led*, Carollynn Smith @ 503-309-2146; focus is advocacy for grandparents' rights
- **Grandparents and Relatives as Parents**, *Sponsored by Urban League, YWCA*
D'Norgia Price @ 503-280-2638, dprice@ulpdx.org, or Chris Hennel, YWCA, 503-721-6779
- **Northwest Adoptive Families Association**, *Private, parent-led*, Info @ 503-243-1356, information@nafaonline.org, www.nafaonline.org
NAFA, an all volunteer support group for adoptive families, is involved in education, advocacy and support for members in OR and WA.
- **Parenting Connections: The RAFT (Relative, Adoptive, Foster family Team)**, *Parent-led*
Contact Debbie @ 503-761-4686, debbie@pctheraft.org, www.pctheraft.org

Western Region

- Benton:** ▪ **Kinship Care Group**, *Sponsored by Old Mill Center*, Katy Trautman @ 541-757-2027
- Clackamas:** ▪ **Adoption Support Group**, *Sponsored by DHS*, Beth Girard @ 503-731-4096
- **Foster Parent Support Group** (Relative Caregivers, Foster & Adoptive Parents), *Sponsored by DHS*
Linda Presnal @ 503-557-1745 or Audrey Riggs @ 503-731-3456
- **Grandparent Support Group**, *Sponsored by DHS*, Dawna @ 503-655-2614
- **Pride and Joy: Adoption Support for LGBT Families**, *Parent-led*
A Metro Area foster/adoption support group for gay, lesbian, bi and transgender families (*Clackamas, Columbia, Multnomah, Washington, and Yamhill counties*). Tia Encinas @ 503-201-6993, djcrystal@cmeproductions.net, www.encinasfamily.com
- Clatsop:** ▪ **Clatsop County Foster/Adopt Support Group**, *Sponsored by DHS*, Suzanne Vermuel-Wilson @ 503-325-9179 x 328
- Columbia:** ▪ **Columbia County Support Group for Foster, Relative & Adoptive Families**, *Sponsored by DHS*
Janna M. Owens @ 503-397-3292 x 8330 or Julie Nix @ 503-397-3292 x 8340
- Lincoln:** ▪ **Lincoln County Grandparent Support Group**, *Sponsored by Lincoln County Health and Human Services*
Sharon Muir @ 541-265-4179 x 2309, smuir@co.lincoln.or.us
- **Waldport Grandparent Group**, *Sponsored by Waldport School District*, Senitla McKinley, 541-574-5824
- Marion:** ▪ **Adopting Oregon's Kids "A-OK" Support Group**, *Sponsored by DHS*, Roberta Lincoln @ 503-947-5214
- **Relatives as Parents Support Group**, *NW Senior & Disability Services*, Family Caregiver Support Prog. @ 503-304-3429
- **Relatives as Parents Support Group**, *Sponsored by DHS*, E'rma Brundidge @ 503-373-1200 ext. 345
- Polk:** ▪ **GrandPARENTING Again**, *Sponsored by the NorthWest Senior & Disability Services*, Sherry Sullens @ 503-838-6456
- Washington:** ▪ **African-American Families Through Adoption**, *Parent-led*, Pam/Rob @ 503-645-6642, pearlysue@stanfordalumni.org
- **Oregon Adoptive Parents Network (OAPN)**, *Parent-led*, Anna @ 503-317-9126, happymomanna@comcast.net
- **Washington County Adoptive Parent Support Group**, *DHS*, Jennifer Ricks, 503-277-6658
- Yamhill:** ▪ **Grand Families of Yamhill County**, *Private, Grandparent-led, 2 Chapters in Yamhill County: Newberg and McMinnville*
Newberg: Lilly or Jim Pinneo @ 503-537-0458; *McMinnville*: Patti Sullivan @ 503-472-1938 (evening); 971-237-7368 (day)

Eastern Region

- Baker:** ▪ **Foster and Adoptive Parents Association**, Sandi Baer @ 541-523-6423 x 227, sandi.baer@state.or.us
- Deschutes:** ▪ **Adoptive parent Support Group**, *Attachment Center of Central Oregon*, Lynne Herbert @ 541-389-5446, attachco@aol.com
- **Deschutes County Foster/Adopt Support Group**, Diane Agenbroad @ 541-389-5574
- Harney:** ▪ **Harney County Foster/Adopt Support Group**, *Sponsored by DHS*, Cami Roy @ 541-589-1639
- Hood River:** ▪ **Hood River Foster/Adopt Support Group**, *Sponsored by DHS*, Amanda Richardson @ 541-386-2962 x 231
- Malheur:** ▪ **Malheur County Foster/Adopt Support Group**, *Sponsored by DHS*, Lou Schneider @ 541-889-9194 x 317, louise.schneider@state.or.us, or Elvira Ramirez @ 541-889-9194 x 324, elvira.ramirez@state.or.us
- Morrow:** ▪ **Morrow County Foster/Adopt Support Group**, *Sponsored by DHS*, Heidi Justus-Koehler @ 541-481-9482 x 224, heidi.koehler@state.or.us
- Umatilla:** ▪ **Milton-Freewater Relatives as Parents Support Group**, *Sponsored by Head Start and DHS*
Dee Balmer @ 541-938-6627 x 238, dee.balmer@state.or.us; Susan Phillips, Headstart, @ 541-938-0255
- **Umatilla County Foster/Adoptive/Relative Parent Educational Support Group**, *Sponsored by DHS*
Irma DeAnda, 541-564-4493, irma.deanda@state.or.us
- Wallowa:** ▪ **Wallowa County Foster/Adoptive Parent Support Group**, *Sponsored by DHS*, Leigh Bednar, 541-426-4558
- Wasco:** ▪ **Wasco County Foster and Adoptive Parent Association**, *Sponsored by DHS*, Jenny Garner @ 541-506-5222

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Southern Region

- Coos:
 - Coos County Foster and Adoptive Parent Association, *Sponsored by DHS*, Marge Scott @ 541-347-4224
 - Grandparents ROCK Support Group (Raising Our Children's Kids), *Sponsored by Area Agency on Aging Char* @ 541-266-0806, ckluther@hotmail.com
- Jackson:
 - Jackson County Adoptive Parent Group, *Sponsored by DHS*
Deborah Collins @ 541-864-8710, deborah.collins@state.or.us; Rosie Helfer @ 541-776-6120 x 230, rosie.helfer@state.or.us
- Josephine:
 - Grandparents as Parents (GAP), Jackie Hall, 541-479-9407
- Klamath:
 - Grandparents as Parents & Kinship Caregivers Support Group, *Grandparent-led*
Lloyd King @ 541-891-0268, 1-877-215-4576 (toll-free), or e-mail Lloyd at gapking@clearwire.net
- Lane:
 - Adoption Connections of Oregon (ACO), *Private, parent-led*
Elise Crum @ 541-345-4209, aco@peak.org, www.adoptionconnectionsoforegon.org
 - Cottage Grove Support Group, *Parent-led*, Penelope Pilling @ 541-767-0066
 - Foster and Adoptive Parent Association of Lane County, *Sponsored by DHS*
Andrea Baum @ 541-946-1826, FAAPA of Lane County, PO Box 71531, Eugene, OR 97401
 - Springfield & Newer Foster Parent Support Group, *Parent-led*, Tiffany Olsen @ 541-744-7977

Support groups for parents of children or family members dealing with a variety of disabilities

- Douglas:
 - ADD/ADHD Support Group, *Sponsored by Umpqua Valley disAbilities Network; Adults with ADD/ADHD and parents of youth with ADD/ADHD*; Contact 541-672-6336, uvdn@uvdn.org
- Marion:
 - ADHD Parent/Mentor Support Group, Katie Moreley @ 503-982-4699
For grandparents and other relatives that are raising children with these special needs.
 - Parent Support Group, Discussion of parenting issues, meets every Tuesday at Salem YWCA, Information: 503-581-9922
 - Grupo en español: Grupo de apoyo para padres, Se comparte asuntos de crianza con otros padres, se reúne cada jueves en el sitio del YWCA de Salem, llame al número 503-581-9922 para más información
- Multnomah:
 - Gimme a Break, *Sponsored by United Cerebral Palsy Association*, Susan Blanchard @ 503-777-4166 x 232
 - Parents of Children with Fetal Alcohol Syndrome/Effects, *Sponsored by FASCETS*, 503-621-1271, www.fascets.org
 - Talk It Over, *Sponsored by Trillium Family Services & Swindells Family Resource Center*, A group for families of a child with mental illness, substance abuse, or a serious behavior problem Margaret Puckette @ 503-317-1130
- Washington:
 - ADHD Parent Support Group (Hillsboro Satellite of CHADD), Karen, 503-459-2073, kade@adhdadvantage.com
 - Autism Society of Oregon, Jenny Schoonbee @ 503-327-9228 or Stacy Cayce @ 503-407-2879, asoregion8@gmail.com
- Statewide:
 - Tourette Syndrome PDX, *Tourette Syndrome Assoc. of WA & OR*, Erin Farrar, 206-621-2108, tsaregon@yahoo.com

Oregon Family Support Network: Families of children with mental, emotional & behavioral disorders www.ofsn.org

- Benton:
 - Oregon Family Support Network, *Parent Group* and *Life Skills Class for Teens 14-18*
Brandy Steiner @ 541-766-6340, brandy.steiner@co.benton.or.us
- Douglas:
 - Oregon Family Support Network, Denise Galusha, 541-784-6593, dgalusha97470@hotmail.com
- Gilliam, Hood River, Sherman, and Wasco:
 - Oregon Family Support Network, *Parent & Youth Groups*
Michelle Westfall, 541-386-2620, michelle_westfall@class.oregonvos.net
Michelle Westfall serves the OFSN coordinator for the Oregon counties of Gilliam, Hood River, Sherman, and Wasco.
- Jackson:
 - Oregon Family Support Network, *Jackson County Family Support Group*
541-210-2487 or e-mail Laura Willey @ ofsn.lwilley@yahoo.com or Roxanne Johnson @ ofsn.rjohnson@yahoo.com
- Lincoln:
 - Oregon Family Support Network, Lisa Brown, 800-323-8521, brown_hoback@msn.com
- Marion:
 - Oregon Family Support Network, Charles Abernathy, 503-585-9326, whealsojoy@aol.com
- Washington:
 - GAIN (Grandparents of Autistic Individuals Need Support), *Sponsored by Autism Society of Oregon (ASO)*; First meeting on Monday, October 6, 2008. For more information, contact ASO at 503-636-1676 or info@oregonautism.com

ESPAÑOL: Grupos de Apoyo para Padres Adoptivos/Padres de Crianza

- Clackamas:
 - Departamento de Servicios Humanos, 315 South Beaver Creek Road, Oregon City, OR 97045
Primer jueves del mes, 5:30 a 7:00 de la tarde
Comuníquese con Gloria Sandoval, 503-731-4120
- Marion:
 - Departamento de Servicios Humanos, 2045 Silverton Road, Salem, OR 97303
En este momento no existe un persona que dirige el grupo.
- Multnomah:
 - Departamento de Servicios Humanos, 1425 NE Irving Street, Edificio 200, Cuarto 250, Portland, Oregon
Tercer miércoles del mes, 6:00 a 8:00 de la tarde
Comuníquese con Vangie Sánchez, 503-731-3147, vangie.sanchez@state.or.us
- Washington:
 - Departamento de Servicios Humanos, DSH, 5920 NE Ray Circle, Hillsboro, Oregon 97124
Cuarto jueves del mes, 6:00 a 8:00 de la tarde
Comuníquese con Karen Wetzels y Sharon Espinal, 503-646-7234 extensión 314