



*Assisting families on  
their lifelong journey*

# The Journey

 [www.orparc.org](http://www.orparc.org) 

Volume XXXXXVII

Spring 2015

ORPARC is a program of Northwest Resource Associates

## Quarterly Message from Adoption/Guardianship Assistance Unit

### Camp to Belong, [www.camptobelongoregon.org](http://www.camptobelongoregon.org)

Camp to Belong is a five-day camp for children ages 8 to 18+. The camp is dedicated to reuniting brothers and sisters who are in separate home placements. It is a fun event where emotional empowerment and sibling connection create lifetime memories. Referrals go through Karyn Schimmels. There is limited space left but there are a few camper spaces available. Camp to Belong hosts kids from all living situations, including adoption. If not this year, keep the camp in mind for 2016! 2015 Camp Dates are: June 28 through July 3, 2015.

Camp Magruder will host this year's Camp to Belong. Camp Magruder is a little slice of heaven between the Pacific Ocean and Smith Lake in Rockaway Beach, Oregon. This is a camp where siblings can leave the cares of the world behind and rediscover the joy of fresh ocean air and the beautiful outdoors!

Please feel free to contact either Karyn Schimmels (971-219-4434) or Judy Helstrom (503-378-6337) with any questions or concerns. To learn more about Camp to Belong, please visit [www.camptobelongoregon.org](http://www.camptobelongoregon.org) or follow the camp on Facebook at "camptobelongoregon"!



Camp Magruder  
17450 Old Pacific Highway  
Rockaway Beach, OR 97136  
[www.campmagruder.org](http://www.campmagruder.org)



### Congratulations Lorri Harris DHS Post Adoption Services Manager!

Lorri Harris has been officially hired as the new Post Adoption Services Manager (replacing Carla Crane) in DHS Central Office. Already an Adoption Assistance Coordinator since 2007, Lorri has been operating as the interim Post Adoption Services Manager since September 2014. Lorri has been with DHS for over 10 years and has personal connections to adoption. She gets to lead a very seasoned, experienced group who does amazing work; and is excited to dive further into her new role. Lorri has always loved children, and truly appreciates hearing people tell their stories. In her personal life, Lorri enjoys reading, and spends substantial "bleacher-time" cheering on her two boys. *Welcome Lorri!*

### CareOregon: Polk & Marion Counties

CareOregon, Coordinated Care Organization (CCO), will be terminating their contract with the Oregon Health Plan (OHP) in Polk and Marion counties effective May 1, 2015. This change will occur in other counties in the future and Adoption Assistance/Guardian Assistance will update families as changes occur. Families with CareOregon that reside in Polk and Marion counties will receive a letter from OHP Medical Assistance Resource Coordinators showing which CCOs are available to them and the enrollment process. If you have questions about OHP coverage or enrollment in a new CCO, please call Tonya Burckhardt (503-945-5934) or Shelly Watts (503-945-6613).



### Newsletter via email?

If you would like to receive the ORPARC newsletter and mailings via email, email [orparc@nwresource.org](mailto:orparc@nwresource.org) with your name, address and email. Receiving the newsletter via email helps ORPARC curb printing and mailing costs in order to better serve families in other ways.

Oregon Post Adoption Resource Center  
2950 SE Stark Street, Suite 130  
Portland, Oregon 97214

☎ 503-241-0799 (telephone) ♦ ☎ 800-764-8367 (toll-free) ♦ ☎ 503-241-0925 (fax)  
✉ [orparc@nwresource.org](mailto:orparc@nwresource.org) ♦ 🌐 [www.orparc.org](http://www.orparc.org) ♦ 📺 Follow ORPARC on Facebook  
Office hours: Monday through Friday, 9:00 a.m. to 5:00 p.m.

# Grandparent Retreats & Conferences



## 11th Annual 'A Gift of Time' Retreat

Friday-Sunday, May 8-10, 2015  
Macleay Christian Retreat, Salem



*A weekend break for non-professional family caregivers and relatives-as-parents raising their children's children or other relative children.*

Have you put your life on hold as you care for a loved one, a parent, a spouse or a special needs child or raise your grandchildren? A Gift of Time will be held at Macleay Christian Retreat in Salem and is a weekend retreat designed with you in mind! Join others in similar situations for self-renewal, education and a break. Attendees have a chance to relax, meet new people or reconnect with old friends, attend educational seminars, listen to music, visit resource tables, arts/crafts, chair massages, and enjoy wonderful meals all in a delightfully peaceful setting. The total cost for two nights/double room and five meals is \$80.00. For information about registration, please contact Janice Wolcott, Event Coordinator, at 503-831-5593 (home), 503-559-4001 (cell), or email [agiftoftimeoforegon@gmail.com](mailto:agiftoftimeoforegon@gmail.com).



## Grandparents Raising Grandchildren Conference

Wednesday, May 20, 2015 ♦ 9:00 a.m. to 2:00 p.m.  
Roth's Supermarket (upstairs), West Salem

This free conference is for grandparents raising grandchildren and other relatives parenting again who reside in Clatsop, Marion, Polk, Tillamook and Yamhill counties. The conference will offer insightful information about the issues relatives parenting again face, and an opportunity to connect with others. For more information or to register, contact Ladena Borchers at 503-304-3439. This conference is sponsored by NorthWest Senior & Disability Services.

## 9th Annual Grandparents (and elder relatives) Raising Grandchildren Retreat

Friday, May 29, 2015 ♦ 9:00 a.m. to 2:45 p.m.  
Gethsemane Lutheran Church  
11560 SE Market Street, Portland, OR 97216

Join us for fun and educational activities, a place to learn about community resources that can help you, a place to meet other grandparents raising grandchildren, and a special day for you! Free lunch and door prizes offered. Contact Jon Molenkamp at 503-988-9405 or email [jon.molenkamp@multco.us](mailto:jon.molenkamp@multco.us) for information and registration. This retreat is sponsored by the Multnomah County Family Caregiver Support Program of the Aging, Disability and Veterans Services Division.

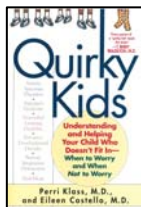
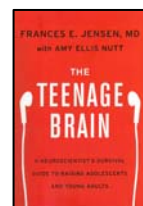


## What's new in the ORPARC Library

*Special thanks to the Nichols-O'Connor family, the Nelson family, and Francine Florendo for donating so many wonderful books to ORPARC!*

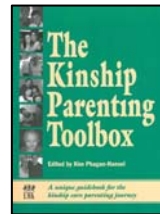
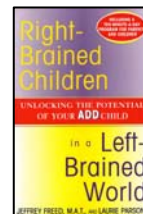
### New Materials for Adults/Professionals

- 📖 *Adopting our two Dads: A story about the Leffew Family*
- 📖 *The Body Keeps The Score*
- 📖 *For When I'm Famous: A Teen Foster-Adopt Lifebook*
- 📖 *The Kinship Parenting Toolbox: A Unique Guidebook for the Kinship Care Parenting Journey*
- 📖 *Parent as Coach: Helping Your Teen Build a Life of Confidence, Courage and Compassion*
- 📖 *Parenting Adopted Adolescents: Understanding and Appreciating Their Journeys*
- 📖 *Right-Brained Children in a Left-Brained World: Unlocking the Potential of Your ADD Child*
- 📖 *The Teenage Brain: A Neuroscientist's Survival Guide to Raising Adolescents and Young Adults*



### Donated Materials for Adults/Professionals

- 📖 *Adoption Parenting: Creating a Toolbox, Building Connections*
- 📖 *Beyond Consequences, Logic, and Control: A Love Based Approach to Helping Children With Severe Behaviors (Volume 1)*
- 📖 *The Connected Child*
- 📖 *Easy to Love, Difficult to Discipline: The 7 Basic Skills for Turning Conflict into Cooperation*
- 📖 *Older Child Adoption*
- 📖 *Quirky Kids: Understanding and Helping Your Child Who Doesn't Fit In*



### Nuevo libro en español

- 📖 *Más allá de las consecuencias, la lógica y el control: Un enfoque basado en el amor para ayudar a niños con comportamientos severos*

### Donated Materials for Children & Teens

- 📖 *Adopted Teens Only: A Survival Guide to Adolescence*
- 📖 *Help! I've Been Adopted*

## ORPARC Trainings

Visit [www.orparc.org](http://www.orparc.org) for updates

Trainings are held in accessible locations. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Spanish language interpretation available upon request. Please request these services two weeks in advance.

### Navigating Family Connections

**Wednesday, April 15th ♦ 6:00 to 7:30 pm**

DHS Henrietta Room  
950 SE Columbia Drive, Suite C  
Hermiston, OR 97838

This training will review helpful strategies for navigating family connections, offering ways to balance safety with a child's need to connect with their "first" family. The training will summarize common challenges and roadblocks, along with the potential impact of social media on family connections. Participants will gain tools and ideas to strengthen adoptive and guardianship families, while connecting to their child's history in a positive way.

Presented by Nicole Russell, LMSW  
ORPARC Family Support Specialist

Register by calling ORPARC at 1-800-764-8367  
or email [orparc@nwresource.org](mailto:orparc@nwresource.org).

### It's a Brain Thing—Supporting Individuals with FASD and other Neurobehavioral Conditions

**Monday, April 20th ♦ 9:00 am to 1:00 pm**

Developmental Disabilities Service Office  
900 Richmond Street, Klamath Falls, OR 97601

*Collaboration between ORPARC & Swindells Resource Center*

Fetal Alcohol Spectrum Disorders (FASD) and other neurobehavioral disorders present a unique challenge to families, schools, caregivers, and social workers. This training will address some of the major behaviors and symptoms that parents and caregivers see, including lying, stealing, difficulty understanding what is being said, and memory. The training will help participants understand what is going on in the FASD/NB brain, and to empathize with how this affects the individual experiencing it. Parents and caregivers will be given practical suggestions and tools to help address these behaviors from a skills-based foundation.

Presented by Nate Sheets, FASD/Neurobehavioral Consultant,  
Oregon Behavior Consultation, [www.oregonbehavior.com](http://www.oregonbehavior.com)

Register with Kathy Keese at [katherine.keese@providence.org](mailto:katherine.keese@providence.org) or call 541-732-5958. Spanish language registration & interpretation is available.



**Portland, OR**

**Saturday, May 16th**

**9:00 am to 3:00 pm**

Portland Providence Medical Center  
Cancer Center Amphitheater  
4805 NE Glisan Street, Portland, OR

**Register at:**

[www.BeyondConsequencesLive.com](http://www.BeyondConsequencesLive.com)



You're invited to join Heather T. Forbes, LCSW, author of *Beyond Consequences, Logic, and Control: Volume 1, Volume 2, and Dare to Love*, for an entire day of training. You'll gain an empowering understanding of why traditional parenting techniques are ineffective. You will leave fully equipped with a new parenting system that will restore peace to the most chaotic family. This dynamic and interactive event will empower you to make the changes you are seeking. Best of all, it's FREE with a copy of one of Heather's parenting books! Your parenting book (one per couple) is your ticket for free admission.

When registering, **eligible ORPARC families** should check the box  below the registration. Families should then contact ORPARC at 1-800-764-8367 or email [orparc@nwresource.org](mailto:orparc@nwresource.org) to receive a free copy of one of Heather Forbes books to use as their free admission.

**Save the Date! →**

**Multiple Portraits: One Child**

**Friday, June 5, 2015**

Chemeketa Community College

Presentation • Panel • Resource Fair

*In collaboration with Swindells Resource Center, Oregon Center for Children and Youth with Special Health Needs at OHSU (OCCYSHN), Salem Health*

Morning Keynote: Dr. David Conant-Norville, Child and Family Psychiatrist

Join us for this free symposium for families and caregivers. It will help enhance awareness and identify strategies that respond to a child's co-occurring mental health and developmental disability diagnoses. Visit [www.orparc.org](http://www.orparc.org) for more details about this upcoming training.





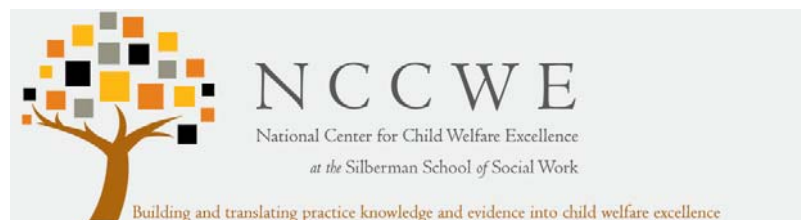
# Federal Adoption Tax Credit for Special Needs Adoptions

Families who finalized the adoption of a child with special needs in 2014 can claim the full adoption tax credit of \$13,190 on the line that asks for expenses—whether or not they had any expenses. A child with special needs is a U.S. foster child who receives adoption subsidy or adoption assistance program benefits.

Although the credit isn't refundable, families are encouraged to submit IRS Form 8839 ("Qualified Adoption Expenses") with their 2014 taxes even if they do not have tax liability. The credit can be carried forward up to five (5) additional years, and families might benefit later if their tax situation changes or if the credit is made refundable in the future.

| Year Finalized & Credit                               | Explanation of Applicable Adoption Tax Credit   |
|---|---|
| 2014 = \$13,190<br>2013 = \$12,970<br>2012 = \$12,650 | The federal adoption tax credit for adoptions finalized in either 2012, 2013 or 2014 is <b>NOT</b> a refundable credit, which means taxpayers can only benefit if they have federal income tax liability. The amount of credit for <i>each</i> child is based on the year the adoption finalized.   |
| 2011 = \$13,360                                       | The federal adoption tax credit of up to \$13,360 per child <b>IS</b> refundable, which means taxpayers can typically get the credit refunded regardless of what they owe or paid in taxes for the year. The credit is paid one time for <i>each</i> adopted child, and should be claimed when taxpayers file taxes for 2011. You will need to amend your 2011 taxes. |
| 2010 or earlier                                       | Since October 16, 2014, the tax year 2010 closed for everyone. Adoptions finalized in 2010 or earlier are no longer able to file.   |

Instructions for Form 8839 can be downloaded from the IRS website or you can call ORPARC to obtain both the instructions and Form 8839. For more information, forms and updates, contact ORPARC at 1-800-764-8367 or visit [www.nacac.org](http://www.nacac.org). IRS information is available at [www.irs.gov](http://www.irs.gov), type "Adoption Credit" in the Search box.



National Center for Child Welfare Excellence  
at the Silberman School of Social Work  
2180 Third Avenue, New York, NY 10035  
☎ 212 396-7562 | ☎ 212 396-7640 (fax)  
🌐 [www.nccwe.org](http://www.nccwe.org)

The National Center for Child Welfare Excellence (NCCWE) takes a broad child welfare perspective, embracing an interest in policies and practices that promote the well-being, safety and permanency of all children and youth while devoting special attention to those facing significant challenges in their environments. The NCCWE perspective also encompasses their families and their communities, recognizing that circumstances cannot improve for children and youth without engaging families and these key systems of care. The community context in which children and youth live influences their well-being, safety and permanency in important ways. The NCCWE is interested as much in preventing problems as in ameliorating them, and this broad perspective affords the opportunity to address them in the areas of education/training; technical assistance; research/evaluation; and spotlighting best practices.

The NCCWE Weekly Update is emailed to all subscribers every Wednesday. If you would like to subscribe, visit <http://www.nccwe.org/BPR/weekly-update.html>. If you would like to view past Weekly Updates, please visit the NCCWE website at [www.nccwe.org](http://www.nccwe.org), → "Best Practices Resources" → "NCCWE Weekly Update." Recent updates include:

**Webinar**

**Birth Parent Trauma and What Child Welfare Workers Need to Know**

May 14, 2015 ♦ 12:00-1:30 pm (Pacific)

To register, visit:

<https://attendee.gotowebinar.com/register/973712466709408513>

- ✓ 5 do's and don'ts to help foster children in school
- ✓ 8 tips for helping your traumatized child rebuild trust
- ✓ 10 TIPS for Foster Parents To Help Their Foster Youth Avoid Teen Pregnancy
- ✓ Bridging the Gap: From Foster Care to College Success in New York
- ✓ Challenges Faced By Homeless LGBTQ Youth in Surviving the Streets
- ✓ The Family Environment and Adolescent Well-Being
- ✓ Family Support and Engagement in Black Families
- ✓ Tool for Quality Intensive Family Preservation Services
- ✓ What Happens to Siblings in the Care System?



# Community Resources, Trainings & Events



## Center for Improvement of Child and Family Services PSU Child Welfare Partnership ♦ [www.cwpsalem.pdx.edu](http://www.cwpsalem.pdx.edu)

### EASTERN REGION

|          |   |            |  |
|----------|---|------------|--|
| April 11 | <i>Loving &amp; Letting Go; Investment Caregivers Conf.</i>   | Ontario    | Jane Padgett, <a href="mailto:jane.padgett@state.or.us">jane.padgett@state.or.us</a>               |
| April 13 | <i>Caring for Children who have Experienced Trauma</i>        | Baker City | 541-523-6423 x 527, <a href="mailto:sandi.baer@state.or.us">sandi.baer@state.or.us</a>             |
| April 20 | <i>Good Times for Tweens &amp; Teens</i>                      | Madras     | 541-325-5580, <a href="mailto:roya.leriche@state.or.us">roya.leriche@state.or.us</a>               |
| April 20 | <i>Caring for Children who have Experienced Trauma</i>        | Baker City | 541-523-6423 x 527, <a href="mailto:sandi.baer@state.or.us">sandi.baer@state.or.us</a>             |
| April 22 | <i>Collaborative Problem Solving</i>                          | Hood River | 541-565-3014, <a href="mailto:susan.lissman@state.or.us">susan.lissman@state.or.us</a>             |
| April 27 | <i>Caring for Children who have Experienced Trauma</i>        | Baker City | 541-523-6423 x 527, <a href="mailto:sandi.baer@state.or.us">sandi.baer@state.or.us</a>             |
| May 2    | <i>Trauma Informed Parenting</i>                              | Ontario    | 541-889-9194 x 343, <a href="mailto:cecilia.e.garcia@state.or.us">cecilia.e.garcia@state.or.us</a> |
| May 14   | <i>Understanding the Sexual Behaviors of Children</i>         | Ontario    | 541-889-9194 x 343, <a href="mailto:cecilia.e.garcia@state.or.us">cecilia.e.garcia@state.or.us</a> |
| May 14   | <i>Collaborative Problem Solving I (9:00-12:00)</i>           | Madras     | 541-325-5580, <a href="mailto:roya.leriche@state.or.us">roya.leriche@state.or.us</a>               |
| May 14   | <i>Collaborative Problem Solving II (1:00-4:00)</i>           | Madras     | 541-325-5580, <a href="mailto:roya.leriche@state.or.us">roya.leriche@state.or.us</a>               |
| May 20   | <i>Collaborative Problem Solving II</i>                       | The Dalles | 541-565-3014, <a href="mailto:susan.lissman@state.or.us">susan.lissman@state.or.us</a>             |
| May 21   | <i>Caregiver's Guide to Bullies, Victims &amp; Bystanders</i> | La Grande  | 541-963-8571 x 426, <a href="mailto:susan.lemon@state.or.us">susan.lemon@state.or.us</a>           |
| May 21   | <i>Helping Children with Visitation</i>                       | Bend       | 541-548-9482, <a href="mailto:patricia.hoda@state.or.us">patricia.hoda@state.or.us</a>             |
| June 4   | <i>Caregivers and Caseworkers Teaming</i>                     | Hermiston  | 541-564-4493, <a href="mailto:irma.deanda@state.or.us">irma.deanda@state.or.us</a>                 |
| June 17  | <i>Fun and Creative Parenting: Toddlers to Tweens</i>         | The Dalles | 541-565-3014, <a href="mailto:susan.lissman@state.or.us">susan.lissman@state.or.us</a>             |

### SOUTHERN REGION

|             |   |               |   |
|-------------|---|---------------|---|
| April 13    | <i>Strategies in Successful Fostering</i>             | Springfield   | 541-726-6644 x 2274, <a href="mailto:cleopatra.mapfumo@state.or.us">cleopatra.mapfumo@state.or.us</a> |
| April 20    | <i>Strategies for Successful Fostering</i>            | Springfield   | 541-726-6644 x 2274, <a href="mailto:cleopatra.mapfumo@state.or.us">cleopatra.mapfumo@state.or.us</a> |
| April 21    | <i>Facilitating Developmental Attachment</i>          | North Bend    | 541-756-5500 x 259, <a href="mailto:patrice.perez@state.or.us">patrice.perez@state.or.us</a>          |
| April 24-25 | <i>Behavior Crisis Management Training (2 days)</i>   | Klamath Falls | 541-850-6807, <a href="mailto:lori.oconnor@state.or.us">lori.oconnor@state.or.us</a>                  |
| 25 de abril | <i>Crianza Divertida y Creativa</i>                   | Springfield   | 541-726-6644 x 2274, <a href="mailto:cleopatra.mapfumo@state.or.us">cleopatra.mapfumo@state.or.us</a> |
| May 5       | <i>Foster Parents and the Juvenile Court</i>          | Grants Pass   | 541-956-2983, <a href="mailto:kyndra.burdiss@state.or.us">kyndra.burdiss@state.or.us</a>              |
| May 16      | <i>Managing Difficult Behaviors in Young Children</i> | Florence      | 541-726-6644 x 2274, <a href="mailto:cleopatra.mapfumo@state.or.us">cleopatra.mapfumo@state.or.us</a> |
| May 18      | <i>Strong Parents/ Strong Children</i>                | Springfield   | 541-726-6644 x 2274, <a href="mailto:cleopatra.mapfumo@state.or.us">cleopatra.mapfumo@state.or.us</a> |
| May 20      | <i>CPR &amp; First Aid</i>                            | Springfield   | 541-726-6644 x 2274, <a href="mailto:cleopatra.mapfumo@state.or.us">cleopatra.mapfumo@state.or.us</a> |
| May 20      | <i>Fetal Alcohol Spectrum Disorder Fundamentals</i>   | Klamath Falls | 541-850-6807, <a href="mailto:lori.oconnor@state.or.us">lori.oconnor@state.or.us</a>                  |
| June 2      | <i>Caregivers and Caseworkers Teaming</i>             | Roseburg      | 541-464-2063, <a href="mailto:mary.kay.skourup@state.or.us">mary.kay.skourup@state.or.us</a>          |
| June 6      | <i>Effective Communication</i>                        | Medford       | 541-858-3181 x 258, <a href="mailto:stacy.fountain@state.or.us">stacy.fountain@state.or.us</a>        |
| June 23     | <i>Helping Children with Visitation</i>               | North Bend    | 541-756-5500 x 259, <a href="mailto:patrice.perez@state.or.us">patrice.perez@state.or.us</a>          |

### METROPOLITAN REGION:

**METRO TRAINING LINE: 971-673-1822, [D2.MetroTrainingCenter@state.or.us](mailto:D2.MetroTrainingCenter@state.or.us)**

|         |   |        |  |
|---------|---|--------|--|
| April 9 | <i>Caring for the Sexually Abused Child</i> | May 13 | <i>Permanency Options for Caregivers</i>     |
| May 1   | <i>Parenting to a Child's Temperament</i>   | June 4 | <i>Foster Parents and the Juvenile Court</i> |

### NETLINK TRAININGS

Training instructions & registration at <http://cwpsalem.pdx.edu/distance/resource.htm>

|   |                         |   |                        |
|---|-------------------------|---|------------------------|
| <i>Morning NetLink Trainings</i>                              | 8:30 a.m. to 12:00 noon | <i>Evening NetLink Trainings</i>                          | 5:30 p.m. to 9:00 p.m. |
| <i>Child Development: Teens to Young Adulthood</i>            | April 23                | <i>Enhancing Teen Attachment</i>                          | May 19                 |
| <i>Fetal Alcohol Spectrum Disorder Fundamentals</i>           | May 14                  | <i>Confidentiality Issues for Caregivers</i>              | June 25                |
| <i>Fetal Alcohol Spectrum Disorder Advanced</i>               | June 11                 | <i>Permanency Options for Caregivers</i>                  | July 14                |
| <i>Loss and Grief</i>   | July 16                 | <i>Educational Rights of Children</i>                     | August 27              |
| <i>Caregiver's Guide to Bullies, Victims &amp; Bystanders</i> | August 14               | <i>Caregivers: Loving and Letting Go</i>                  | September 29           |
| <i>The Important Role of Dads</i>                             | September 17            | <i>Emotional Intelligence: What It Is, Why We Need It</i> | October 6              |
| <i>Caring for the Sexually Abused Child</i>                   | October 15              | <i>Self-Harm: Putting the Puzzle Pieces Together</i>      | November 19            |
| <i>Strong Parents/ Strong Children</i>                        | November 19             | <i>Living Under the Influence of Addiction</i>            | December 8             |
| <i>Caregivers and Caseworkers Teaming</i>                     | December 17             |   |                        |



# Community Resources, Trainings & Events



## Center for Improvement of Child and Family Services PSU Child Welfare Partnership ♦ [www.cwpsalem.pdx.edu](http://www.cwpsalem.pdx.edu)

### WESTERN REGION

|            |   |             |  |
|------------|---|-------------|--|
| April 10   | <i>Understanding CW Responses in Dom. Vio. Cases</i>          | Oregon City | 971-673-7361, <a href="mailto:julia.buzzard@state.or.us">julia.buzzard@state.or.us</a>                         |
| April 14   | <i>Vicarious Trauma: Surviving as a Caregiver</i>             | Beaverton   | 503-277-6673, <a href="mailto:madeline.hodge@state.or.us">madeline.hodge@state.or.us</a>                       |
| April 16   | <i>Loss and Grief</i>   | Dallas      | 503-831-6313, <a href="mailto:elli.k.kataura@state.or.us">elli.k.kataura@state.or.us</a>                       |
| April 16   | <i>Facilitating Developmental Attachment</i>                  | Albany      | 541-791-5731, <a href="mailto:sarah.c.davis@state.or.us">sarah.c.davis@state.or.us</a>                         |
| April 17   | <i>The Foster to Adoption Shift</i>                           | Oregon City | 971-673-7361, <a href="mailto:julia.buzzard@state.or.us">julia.buzzard@state.or.us</a>                         |
| April 29   | <i>Good Times for Tweens &amp; Teens</i>                      | Salem       | 503-378-4784, <a href="mailto:erma.s.brundidge@state.or.us">erma.s.brundidge@state.or.us</a>                   |
| 9 de mayo  | <i>Crianza Divertida y Creativa</i>                           | Salem       | 503-378-5298, <a href="mailto:ann.f.ortiz-crow@state.or.us">ann.f.ortiz-crow@state.or.us</a>                   |
| May 12     | <i>Caring for the Sexually Abused Child</i>                   | Newport     | 541-265-8557 x 222, <a href="mailto:jamie.m.auborn@state.or.us">jamie.m.auborn@state.or.us</a>                 |
| May 12     | <i>Caregiver's Guide to Bullies, Victims &amp; Bystanders</i> | Beaverton   | 503-277-6673, <a href="mailto:madeline.hodge@state.or.us">madeline.hodge@state.or.us</a>                       |
| May 12     | <i>Behavior: Pouting to Punching</i>                          | Astoria     | 503-325-9179 x 328, <a href="mailto:suzanna.vermeul-wilson@state.or.us">suzanna.vermeul-wilson@state.or.us</a> |
| May 18     | <i>Foster Parents and the Juvenile Court</i>                  | Dallas      | 503-831-6313, <a href="mailto:elli.k.kataura@state.or.us">elli.k.kataura@state.or.us</a>                       |
| May 20     | <i>Loving &amp; Letting Go</i>                                | Salem       | 503-378-4784, <a href="mailto:erma.s.brundidge@state.or.us">erma.s.brundidge@state.or.us</a>                   |
| May 26     | <i>Vicarious Trauma: Surviving as a Caregiver</i>             | Tillamook   | 503-842-5571 x 304, <a href="mailto:nicole.l.knepper@state.or.us">nicole.l.knepper@state.or.us</a>             |
| May 28     | <i>Transitioning Children with Sensitivity</i>                | Oregon City | 971-673-7361, <a href="mailto:julia.buzzard@state.or.us">julia.buzzard@state.or.us</a>                         |
| June 3     | <i>Child Development: The Tween Puzzle</i>                    | St. Helens  | 503-366-8330, <a href="mailto:brittany.stout@state.or.us">brittany.stout@state.or.us</a>                       |
| June 9     | <i>Child Development: The Tween Puzzle</i>                    | Beaverton   | 503-277-6673, <a href="mailto:madeline.hodge@state.or.us">madeline.hodge@state.or.us</a>                       |
| June 10    | <i>Parenting a Child with Special Needs</i>                   | Salem       | 503-378-4784, <a href="mailto:erma.s.brundidge@state.or.us">erma.s.brundidge@state.or.us</a>                   |
| June 12-13 | <i>Behavior Crisis Management Training (2-days)</i>           | Salem       | 503-378-8619, <a href="mailto:sonya.villasenor@state.or.us">sonya.villasenor@state.or.us</a>                   |
| June 13    | <i>CPR &amp; First Aid</i>                                    | Oregon City | 971-673-7361, <a href="mailto:julia.buzzard@state.or.us">julia.buzzard@state.or.us</a>                         |
| June 15    | <i>Parenting in the Digital Age</i>                           | Dallas      | 503-831-6313, <a href="mailto:elli.k.kataura@state.or.us">elli.k.kataura@state.or.us</a>                       |

### Clackamas County Adoption Support Group

North Clackamas Child Welfare Office  
16440 SE 82 Drive, Clackamas, OR 97015  
Contact: Beth Girard, 503-731-4096



Thursday, May 14th ♦ 6:00-7:30 pm

### Fetal Alcohol Spectrum Disorders (FASD)

Eileen Devine will be presenting at the May Adoption Support Group on raising children affected by FASD.



### Save the Date!

#### "Touched by Adoption" Teen Camp

Labor Day Weekend  
September 4-6, 2015

For more information and updates about Chosen International events, visit:  
[www.choseninternational.org](http://www.choseninternational.org)



## NACAC Webinars & Conference

NACAC has a series of webinars on key topics for adoptive & foster parents, which cover trauma, managing feelings and behaviors, acting out, food issues, adoption tax credit, FASD, and more. Certificates of attendance are available for paid webinars. Fees for each webinar are \$15 for NACAC members and \$20 for non-members. Visit [www.nacac.org](http://www.nacac.org) for more information. NACAC webinars include:

- ♦ Healing from Food Insecurity: Beyond the Stash
- ♦ Helping Children Manage Feelings and Behaviors
- ♦ Parenting Children Who Have Been Prenatally Exposed
- ♦ Helping Children Heal from Trauma: What Parents/Caregivers Need to Know
- ♦ "I'll Tell Them When They're Older Because..." Talking to Children about Their History
- ♦ The Teen Years: Brain Development, Impact of Trauma on Growth, Strategies
- ♦ Understanding The Acting-Out Behavior of Your Adopted Children
- ♦ Adoption Tax Credit
- ♦ Parenting the Hurt Child

### 2015 NACAC Conference ♦ *Change the Picture of Foster Care and Adoption*

July 30-August 1, 2015 ♦ Hyatt Regency Long Beach, California  
Keynote Speaker: Dan Siegel, MD, "Families, Children, and Therapy from the Inside Out"



# Community Resources, Trainings & Events



## Swindells Resource Center of Providence Child Center *Serving families of children with special needs* 2015 Community Education

Visit [www.providence.org/classes](http://www.providence.org/classes), click on “online class catalog,” and search by class name or location to register. Call 503-215-2429 or 1-800-833-8899 ext. 52429 (toll-free), or email [swindells@providence.org](mailto:swindells@providence.org) for more information.

Providence St. Vincent Medical Center, Souther Auditorium, 9135 SW Barnes Road, Portland, OR 97225

April 28 ..... *What is ABA? The use of Applied Behavior Analysis in the treatment of autism spectrum disorders*

Providence Portland Medical Center, Cancer Center Amphitheater, 4805 NE Glisan Street, Portland, OR 97213

April 18 ..... *Sibshops: For brothers and sisters, ages 8-12, of kids with special developmental needs*

May 14 ..... *Positive Discipline: Principles & Strategies for Your Family*

May 18 ..... *A Flawless Symposium on Mental Health for our Children & Teens*

Providence Child Center, Swindells Library, 830 NE 47th Avenue, Portland, OR 97213

April 14-May 19..... *Developing our Children’s Skills (6 Tuesdays, 04/14, 04/21, 04/28, 05/05, 05/12, 05/19)*

Providence Willamette Falls Community Center, Classroom D, 519 15th Street, Oregon City, OR 97045

April 17 ..... *Developmental Disability and K-Plan*



**Webinars for Adoptive Families at a cost of \$15.00 per webinar. Register at [www.adoptionlearningpartners.org](http://www.adoptionlearningpartners.org)**

Adoption Learning Partners’ webinars offer helpful support on timely topics and feature the leading experts in the field of adoption. The experts at Adoption Learning Partners present the latest research, draw on real life experience and provide answers to your questions.

- ♦ *Adopting After Infertility: Are You Ready?*
- ♦ *Adoption and Classroom Success: Beyond the Basics*
- ♦ *An Insider’s Guide to Identity and Adoption: Real Life Stories*
- ♦ *Are You Sleeping?*
- ♦ *Attachment-focused Parenting: Create a PLACE with your Children*
- ♦ *Beyond Culture Camp: A Guide for Parents*
- ♦ *Brothers and Sisters in Adoption: A Discussion with the Experts*
- ♦ *Building Bonds of Attachment: Practical, Expert Advice*
- ♦ *Can We Talk? When Kids Start Asking About Adoption*
- ♦ *Connecting Your Family, Inside and Out*
- ♦ *Expectations and Realities: Parenting an Adopted Child with Special Needs*
- ♦ *Expert Advice on Your Top 5 Attachment Concerns*
- ♦ *FASD: Risk, Development and Intervention*
- ♦ *Food for Thought: The Impact of Poor Nutrition in Early Development*
- ♦ *Growing Up Adopted: What Parents Need to Know*
- ♦ *Healthy Eating Habits and Beyond: Specific Strategies to Overcome Mealtime Challenges*
- ♦ *Identity in Adoption: Mirrors and Windows*
- ♦ ***Life Webinar on Thursday, May 7th, 5:00 pm (Pacific)***

*Inside the Adoption Circle: Perspectives, Conversations, Insights*

- ♦ *Is It An Adoption Thing?*
- ♦ *Is That My Birth Mom on Facebook?*
- ♦ *Overwhelmed for the Holidays: An Adoptive Parent’s Guide to Navigating the Holidays*
- ♦ *School’s in Session! 4 Keys to Help Your Adopted Child Thrive at School*
- ♦ *Sexual Abuse—Recognize, Respond & Protect: Advice for Parenting the Sexually Abused Child*
- ♦ *Snack, Play, Love: The Connection Between Nutrition and Your Child’s Behavior*
- ♦ *Tracking Tough Adoption Talks*
- ♦ *The Scoop on Nutrition and the Adopted Child*
- ♦ *Tired of Timeouts: Discipline, Attachment and the Adopted Child*
- ♦ *Top 10 Things Adopted Kids Wish their Adoptive Parents Knew*
- ♦ *Where They Once Called Home: Insights into Homeland Tours*





# Community Resources, Trainings & Events



## The Center for Adoption Support and Education *Strengthening Your Family Webinar Series*

301-476-8525 ♦ 703-425-3703 ♦ [caseadopt@adoptionsupport.org](mailto:caseadopt@adoptionsupport.org)

*Strengthening Your Family* is designed to help foster and adoptive families learn valuable skills to build strong families. Thanks to Jockey Being Family/Jockey International, the first 150 registrations for each month's webinar are FREE! The offer expires after the first 150 registrations have been filled. Thereafter, regular registration fee is \$25.00. Register ONCE and receive EXTENDED ACCESS to attend each webinar. The first LIVE broadcast will be recorded and then made available during a series of days during the week following each webinar. Registration for any webinar in the *Strengthening Your Family* Webinar Series includes this extended access.

*Desperately Seeking Attachment: Parenting Traumatized Children and Teens (Part 2)* .....April 16, 2015  
*Search and Reunion in Domestic and International Adoption* ..... May 14, 2015  
*Relating to Relatives: Adoption and the Extended Family* ..... June 18, 2015

## April is Autism Awareness Month



**Autism Society of Oregon ♦ 1-888-Autism-1 (288-4761) ♦ [www.autismsocietyoregon.org](http://www.autismsocietyoregon.org)**

Oregon has one of the highest rates of autism in the U.S. If you haven't already, you will meet someone with autism. People with autism want to lead fulfilling lives and make a meaningful contribution to society. Together, we can make that happen. Visit [www.autismsocietyoregon.org](http://www.autismsocietyoregon.org) for more information about ASO and support groups in Oregon.



April 11 ..... 4th Annual Clatsop Co. Autism Walk/Run .....Kampgrounds of America, Astoria  
April 19 ..... 13th Annual Autism Walk ..... Oaks Amusement Park, SE Portland  
May 2 ..... 2nd Annual Central Oregon Autism Walk ..... Highland Baptist Church, Redmond



## The Children's Program Spring 2015 Groups, Classes & Workshops

To register call 503-977-0877 or visit [www.childrensprogram.com](http://www.childrensprogram.com) ♦ 7707 SW Capitol Highway, Portland, OR 97219

*Pay Attention to Attention (Intensive Weekend Format)*.....2 Tuesday Parent Meetings: 04/07 and 06/09; 8 Tuesday Student Sessions: 04/14, 04/21, 04/28, 05/05, 05/12, 05/19, 05/26, 06/02  
*Beginners AD/HD Group for Ages 7-12 (Weekly Format)* .....2 Monday Parent Meetings: 04/20 and 06/08; 8 Thursday Student Sessions: 04/23, 04/30, 05/07, 05/14, 05/21, 05/28, 06/04, 06/11  
*Yoga Calm Friendship Class* .....8 Mondays: 03/30, 04/06, 04/13, 04/20, 04/27, 05/04, 05/11, 05/18  
*Jedi Training Class* .....8 Tuesdays: 03/31, 04/07, 04/14, 04/21, 04/28, 05/05, 05/12, 05/19  
*Workshop for College-bound Student and Parents* .....3 Mondays: 05/04 (parents), 05/11 (students), 05/18 (parents & students)  
*Parenting Your Active and Reactive 4-6 Year Old*.....Parents meet Wednesdays from 7:00-8:15 pm  
*Parenting Anxious Children: Strategies and Support*.....2 Mondays: 04/13, 04/20



## Northwest Adoptive Families Association

NAFA is offering a one-year complimentary membership to State Adoptive Families. Contact ORPARC for a Membership Form.

*Splash! Pool Party* .....04/11, 6:00-9:00 pm, Mt. Scott Community Center Pool ..... Contact Yvette at [yvette@nafaonline.org](mailto:yvette@nafaonline.org)  
*Waiting Families* .....05/13, 09/09, 11/11, 01/13, 7-8:30 pm .....Contact Diane at [diane@nafaonline.org](mailto:diane@nafaonline.org)  
*Baby & Toddler Care Class* .....05/30, 10/24, 8:30 am-4:30 pm .....Contact Mary at [mary@nafaonline.org](mailto:mary@nafaonline.org)  
*NAFA Annual Campout* .....07/10-07/12, Nehalem Bay State Park, Nehalem Oregon .....Contact Sue at [sue@nafaonline.org](mailto:sue@nafaonline.org)  
*Jump! And Celebrate Adoption!* ..... 11/01-11/30, Sky High, Beaverton, Oregon ..... Contact Christie at [Christie@nafaonline.org](mailto:Christie@nafaonline.org)





# Community Resources, Trainings & Events



- ◆ 1-855-323-6744 (toll-free)
- ◆ 503-931-8930 (línea en español)

## Family Liaisons in Your Community →

Contact a Family Liaison in your area for support, information, and help for your particular situation.

## Oregon Family to Family Health Information Center

The Oregon Family to Family Health Information Center (HIC) provides information to families who are navigating the complex world of special health care needs. We are family members ourselves, who have first-hand experience raising a child or youth with a chronic health condition, developmental delay or disability, or emotional/behavioral challenges. For more information, call 1-855-323-6744, email [contact@oregonfamilytofamily.org](mailto:contact@oregonfamilytofamily.org), or visit [www.oregonfamilytofamily.org](http://www.oregonfamilytofamily.org).

- ◆ North Coast..... Danielle Caplinger, [caplinge@ohsu.edu](mailto:caplinge@ohsu.edu)
- ◆ Mid Coast..... Signe Miller, [millesi@ohsu.edu](mailto:millesi@ohsu.edu)
- ◆ Southern Coast ..... Tracie Skinner, [skinner@ohsu.edu](mailto:skinner@ohsu.edu)
- ◆ Willamette Valley..... Tami Montemayor, [montemay@ohsu.edu](mailto:montemay@ohsu.edu)
- ◆ Portland Metro ..... Shauna Signorini, [signorin@ohsu.edu](mailto:signorin@ohsu.edu)
- ◆ Hood River ..... Marisa Marquez, [marquez@ohsu.edu](mailto:marquez@ohsu.edu)
- ◆ The Dalles..... Aaron Bowman, [bowmanaa@ohsu.edu](mailto:bowmanaa@ohsu.edu)
- ◆ Klamath Falls..... Valerie Smith, [smitva@ohsu.edu](mailto:smitva@ohsu.edu)
- ◆ Umatilla/Morrow ..... Sharyn Smith, [smitsh@ohsu.edu](mailto:smitsh@ohsu.edu)
- ◆ Malheur County ..... Brandy Ragus, [ragus@ohsu.edu](mailto:ragus@ohsu.edu)
- ◆ Russian-speaking (all Oregon) ..... Galina Burley, [burley@ohsu.edu](mailto:burley@ohsu.edu)
- ◆ Spanish-speaking (all Oregon) ..... Teresa Gomez, call 503-931-8930



## Oregon Technical Assistance Corporation

3886 Beverly Avenue NE, Building I, Suite 21, Salem, OR 97305-1373

☎ 503-364-9943 (telephone) ◆ ☎ 503-364-1939 (fax) ◆ 🌐 [www.otac.org](http://www.otac.org)

OTAC promotes full participation in community life for individuals with disabilities, seniors and their families through the delivery of training, technical assistance and related services. If you are interested or would like to speak to someone about an OTAC training program, please contact at the numbers listed above or visit [www.otac.org](http://www.otac.org). Some OTAC trainings have a cost to participants. Registration and information at [www.otac.org](http://www.otac.org) → Click on "Training Information."



## Oregon Consortium of Family Networks (OCFN)

*Families building community; Creating futures*

OCFN is a project of the Oregon Council on Developmental Disabilities and the Office of Developmental Disability Services

There are seven family-driven organizations that are working hard all around the state to connect families and build communities for children and youth who experience disability. Each of these networks creates opportunities for families to connect in many ways such as through fun activities in the community, one-to-one conversations, small group conversations, or through learning/training activities. Contact the Family Network in your area for more information.

1. **Central Oregon Disability Support Network (CODSN):** Deschutes, Crook and Jefferson counties, 541-548-8559, [dianna@codsn.org](mailto:dianna@codsn.org)
2. **Creating Opportunities:** Polk, Yamhill and Marion counties, 503-559-3674
3. **Families Engaging and Thriving Together (FEATT):** Serving Douglas County, 541-670-2750, [jill@featt.org](mailto:jill@featt.org)
4. **Family and Community Together (FACT):** Clackamas, Clatsop, Columbia, Hood River, Lincoln, Multnomah, Tillamook, Wasco and Washington counties, 503-786-6082; 1-888-988-3228 ext. 302
5. **Families for Community:** Jackson and Josephine counties, [kimberly@familiesforcommunity.org](mailto:kimberly@familiesforcommunity.org)
6. **ROCCOS Family Network:** Gilliam, Wheeler, Morrow, Grant, Harney, and Lake counties, [dana@roccosfamilynetwork.org](mailto:dana@roccosfamilynetwork.org)
7. **Families Connected:** Lane County, 541-343-5256, [laura.dahill@arclane.org](mailto:laura.dahill@arclane.org)



# Community Resources, Trainings & Events



Family and Community Together (FACT) is a family leadership organization for individuals and their families experiencing disability, working collaboratively to facilitate positive change in policies, systems, and attitudes through family support, advocacy, and partnerships.

☎ 503-786-6082 ♦ ☎ 1-888-988-FACT (3228)

✉ [info@factoregon.org](mailto:info@factoregon.org) ♦ 🌐 [www.factoregon.org](http://www.factoregon.org)

|          |       |   |                 |                      |
|----------|-------|---|-----------------|----------------------|
| April 11 | ..... | <i>FACT Special Education Regional Conference for Families, Educators, and Community Partners</i> .....   | 8:00am-4:30pm   | ... Oregon City      |
| April 15 | ..... | <i>See Something? Say Something! Teaching Our Children All About Safety</i> .....   | 6:00-7:30pm     | ..... Hillsboro      |
| April 16 | ..... | <i>It Starts with a Dream: Introduction to PCP and the One-page Profile</i> .....   | 5:00-7:00pm     | ..... Portland       |
| April 16 | ..... | <i>The Importance of Self-Care: Bringing Balance Back Into Your Life</i> .....  | 6:00-7:30pm     | ..... Portland       |
| April 17 | ..... | <i>Annual Early Learning Fair</i> .....   | 10:00-2:00pm    | ..... St. Helens     |
| April 18 | ..... | <i>Friends &amp; Family Access Mornings at the Portland Children's Museum</i> .....   | 8:30-9:30am     | ..... Portland       |
| April 20 | ..... | <i>Behavior and the IEP: Supports, Strategies, and Successes (Morning Session)</i> .....  | 10:00am-12:00pm | ..... Ontario        |
| April 20 | ..... | <i>IEP Roundtable</i> .....   | 1:00-3:00pm     | ..... Ontario        |
| April 20 | ..... | <i>Behavior and the IEP: Supports, Strategies, and Successes (Evening Session)</i> .....  | 6:00-8:00pm     | ..... Ontario        |
| April 21 | ..... | <i>Vernonia School District Parent's Night</i> .....  | 6:00-8:00pm     | ..... Vernonia       |
| April 22 | ..... | <i>Behavior and the IEP: Supports, Strategies, and Successes (Afternoon Session)</i> .....  | 1:00-3:00pm     | ..... Condon         |
| April 22 | ..... | <i>Behavior and the IEP: Supports, Strategies, and Successes (Evening Session)</i> .....  | 6:00-8:00pm     | ..... Condon         |
| April 22 | ..... | <i>Ready or Not! A Training on Healthy Sexuality</i> .....  | 6:00-7:30pm     | ..... Portland       |
| April 24 | ..... | <i>Breaking Barriers: Life Beyond Labels Conference</i> ( <a href="http://www.breakingbarriersoregon.com">www.breakingbarriersoregon.com</a> )..... | 9:00am-4:00pm   | ..... Redmond        |
| April 27 | ..... | <i>IEP Roundtable</i> .....   | 10:00am-12:00pm | ..... Umatilla       |
| April 29 | ..... | <i>It Starts with a Dream: Introduction to Person-centered Planning and the One-page Profile (AM)</i> .....   | 10:00am-12:00pm | ..La Grande          |
| April 29 | ..... | <i>It Starts with a Dream: Introduction to Person-centered Planning and the One-page Profile (PM)</i> .....   | 6:00-8:00pm     | ..... La Grande      |
| April 30 | ..... | <i>Day of the Child Health and Wellness Resource Fair and Family Social</i> .....   | 5:30-7:30pm     | ..... Portland       |
| May 5    | ..... | <i>Behavior and the IEP: Supports, Strategies, and Successes (Morning Session)</i> .....  | 10:00am-12:00pm | .. Baker City        |
| May 5    | ..... | <i>Behavior and the IEP: Supports, Strategies, and Successes (Evening Session)</i> .....  | 6:00-8:00pm     | ..... Baker City     |
| May 6    | ..... | <i>Understanding the IEP: Development, Process, and Your Critically Important Role on the Team</i> .....  | 5:30-7:00pm     | ..... Independence   |
| May 7    | ..... | <i>Understanding the IEP: Development, Process, and Your Critically Important Role on the Team</i> .....  | 9:30-11:30am    | ..... <b>WEBINAR</b> |
| May 10   | ..... | <i>Sensory-friendly Performance of Northwest Children's Theater's "The Little Mermaid"</i> .....  | 4:00-6:00pm     | ..... Portland       |
| May 12   | ..... | <i>Tips and Tools from the Kitchen Drawer: OT and Speech Supports at Home</i> .....   | 6:00-7:30pm     | ..... Portland       |
| May 16   | ..... | <i>FACT Special Education Regional Conference for Families, Educators, and Community Partners</i> .....   | 8:00am-4:30pm   | ..... Coos Bay       |
| May 16   | ..... | <i>FACT Family Network Pool Party!</i> .....  | 2:00-4:00pm     | ..... St. Helens     |
| May 19   | ..... | <i>Community Resource Fair</i> .....  | 5:30-7:30pm     | ..... Hood River     |
| May 20   | ..... | <i>Preparing for a Successful Transition to Kindergarten (Morning Session)</i> .....  | 10:00am-12:00pm | ..La Grande          |
| May 20   | ..... | <i>Preparing for a Successful Transition to Kindergarten (Evening Session)</i> .....  | 6:00-8:00pm     | ..... La Grande      |
| May 21   | ..... | <i>Supporting Your Children in Decision-making: Raising a Self-advocate!</i> .....  | 6:00-8:00pm     | ..... Portland       |
| May 30   | ..... | <i>Children's Fair</i> .....  | 10:00am-1:00pm  | ... The Dalles       |

## Adoptive Families

The Resource & Community for Adoption Parenting

Join Adoptive Families and top adoption experts in interactive webinars on all aspects of adoption and raising adopted children. Visit [www.adoptivefamilies.com](http://www.adoptivefamilies.com) → "RESOURCES" → "Adoption Webinars."

- ♦ Adoption Home Study (*webinar is occurring on 04/22/2015*)
- ♦ Sound Sleep Strategies
- ♦ Foster Adoption Process
- ♦ LGBT Family Building through Surrogacy, ART, or Adoption
- ♦ Transracial Adoption

### Save the Date!

### Fetal Alcohol & Other Neurobehavioral Conditions: Understanding & Application of a Brain-Based Approach

*A 3-day Workshop for Parents and Professionals*

Presented by Diane V. Malbin, MSW, and Nathalie Brassard, B.SC (Nutr)  
July 9-11, 2015 ♦ 9:00 am-4:00 pm

The Mark Spencer Hotel  
409 SW 11th Avenue, Portland, OR  
Visit [www.fascets.org](http://www.fascets.org) for information



# Community Resources, Trainings & Events



## Oregon Family Support Network

Serving Benton, Clackamas, Central Oregon, Lincoln, Lane, Polk, Yamhill, and Washington counties  
1300 Broadway Street NE, Suite 403, Salem, OR 97301  
☎ 503-363-8068 ♦ ☎ 1-800-323-8521 ♦ 🌐 [www.ofsn.org](http://www.ofsn.org)

|          |                               |                 |            |
|----------|-------------------------------|-----------------|------------|
| April 10 | Adult Mental Health First Aid | 3:30 pm         | Florence   |
| April 11 | Adult Mental Health First Aid | 12:30 pm        | Florence   |
| April 16 | 504 Plan or IEP?              | 5:00-8:00 pm    | Astoria    |
| April 22 | IEP Basics                    | 7:00-10:00 pm   | St. Helens |
| April 29 | Adult Mental Health First Aid | 3:30 pm         | Dallas     |
| April 30 | Adult Mental Health First Aid | 12:00 pm        | Dallas     |
| April 30 | 504 Plan or IEP?              | 7:00-10:00 pm   | St. Helens |
| May 1    | Game Night                    | 6:30-9:30 pm    | Hillsboro  |
| May 5    | 504 Plan or IEP?              | 4:00-7:00 pm    | Tillamook  |
| May 5    | Behaviors and the IEP         | 8:00-11:00 pm   | Tillamook  |
| May 8    | Adult Mental Health First Aid | 3:30 pm         | Eugene     |
| May 9    | Adult Mental Health First Aid | 12:30 pm        | Eugene     |
| May 15   | 504 Plan or IEP?              | 12:30-3:30 pm   | Corvallis  |
| May 15   | Youth Mental Health First Aid | 3:30 pm         | Salem      |
| May 16   | Youth Mental Health First Aid | 12:00 pm        | Salem      |
| June 4   | Journey to Advocacy           | 9:30 am-2:30 pm | Eugene     |
| June 5   | Journey to Advocacy           | 9:30 am-2:30 pm | Eugene     |
| June 5   | Game Night                    | 6:30-9:30 pm    | Hillsboro  |



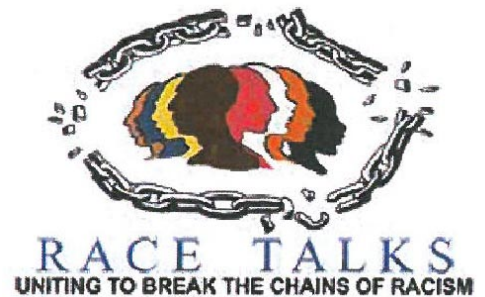
☎ 971-533-0102 ♦ ✉ [info@adoptionmosaic.org](mailto:info@adoptionmosaic.org)  
🌐 [www.adoptionmosaic.org](http://www.adoptionmosaic.org)

Unless otherwise stated, events are held at  
SE Uplift Building, 3534 SE Main Street, Portland, OR

|        |   |                  |          |
|--------|---|------------------|----------|
| May 2  | What and When: Talking About Adoption with Your Child | 9:00 am-4:00 pm  | Portland |
| May 10 | Run Mama Run—Mt. Tabor Park                           | 8:30 am-12:00 pm | Portland |

**Race Talks** goal is to support interracial and cross-cultural communication through the development of sensitivity and understanding, support by educational panels and/or films, good food and great discussions. **Race Talks** host presentations on historical and current topics of ethnicity and race in Oregon. Speakers include survivors of racism and others who have knowledge of the topic and provide an opportunity to learn our forgotten and hidden history.

- ♦ April 14 ..... *Islam: A Religion of Peace*
- ♦ May 12: ..... *How to REALLY be a White Ally: Stories from the Civil Rights Era*
- ♦ June 9: ..... *The Black Panthers 50th Anniversary: Dispelling the Myths*
- ♦ July 14: ..... *Marijuana's Legal: What Happens to Those Already in Jail?*
- ♦ August 11: ..... *Fair Housing Bus Tour*
- ♦ September 8: ..... *State of the District: Portland Public Schools Update*
- ♦ October 13 ..... *Fundraiser Dance/Auction*
- ♦ November 10.... *Unnatural Causes*



*An Opportunity for Dialogue*

McMenamins Kennedy School, Gymnasium  
5736 NE 33rd Avenue, Portland, OR 97211

Doors open at 6:00 pm; food and drink available for purchase. Newcomer introduction occurs at 6:45 pm, and official program from 7:00-9:00pm.





# Community Resources, Trainings & Events



## National Alliance on Mental Illness (NAMI) of Clackamas County Children's Mental Health

**NAMI Basics 6-week Class → April 11-May 16, 2015**

NAMI Basics is a **FREE** education class for parents and primary caregivers who love a child or adolescent living with a mental health condition. Family members will be given information about mental illness and treatments, skills training/family communication skills, and advocacy support. This course is taught by parents who have lived similar experiences with their own children. Register at [www.tinyurl.com/namiclasses](http://www.tinyurl.com/namiclasses), 503-344-5050, or [info@namicc.org](mailto:info@namicc.org).

## 2015 Adoption-related Summer Camps

- Camp to Belong NW ..... 06/28-07/03.....A summer camp dedicated to reuniting brothers and sisters who are placed in separate foster, adoptive or kinship homes. Visit [www.campbelongoregon.org](http://www.campbelongoregon.org).
- Chosen International Teen Camp ..... Sept. 04-06 .....A camp for adopted teens ages 13-19. Visit [www.choseninternational.org](http://www.choseninternational.org).
- Heritage Domestic Adoption Camp ..... 07/30-08/02.....A camp for families built by domestic adoption, foster care, and kinship. Additional camps offered for children adopted transculturally from several cultures. Visit [www.heritagecamps.org](http://www.heritagecamps.org) for information about various Heritage camps.
- Holt International Adoptee Camp..... July 12-16 .....A camp for international, transracial, or transcultural adoptees, ages 9-16. Campers share experiences while exploring issues of adoption, race, & identity development.
- Holt International Day Camp ..... July 15.....A single-day program of workshops, activities, and games for international, transracial or transcultural adoptees 5-8 years old and their parents. Visit [www.holtinternational.org](http://www.holtinternational.org) for more information.
- NAFA Annual Campout..... July 10-12 .....A no-host camping weekend brought to you NAFA. Camp will be held at Nehalem Bay State Park. Make your own reservation by calling 1-800-452-5687.

## State Parks Pass for Adoptive, Guardian and Foster Parents

The Oregon Parks and Recreation Department (OPRD) offers free camping and day-use parking to Oregon **foster**, **guardian** and **adoptive-foster** parents and their children. Please note this fee waiver is for state parks only. If you have any questions about the program or the ID card, please call 1-800-551-6949, Monday through Friday, 8:00 am to 5:00 pm, or email [park.info@state.or.us](mailto:park.info@state.or.us). Families may camp overnight for free in a tent, RV or standard horse camp site for up to 14 nights in a calendar month. The pass does not apply to yurts, cabins or other special park facilities. The pass does apply to foster parents and children visiting the 26 parks that charge a day-use parking fee. The benefit is valid only when both the pass holder and eligible children are present. You can read more about the OPRD parks pass by visiting [www.oregonstateparks.org/index.cfm?do=v.page&id=20](http://www.oregonstateparks.org/index.cfm?do=v.page&id=20). Adoptive and Guardianship families can download the Verification Letter at: [www.orparc.org](http://www.orparc.org) → WEB RESOURCES → STATE ADOPTION RESOURCES → Scroll to OR State Parks.



### *Let's Go Camping!* by Oregon Parks and Recreation Department

The Oregon Parks and Recreation Department is pleased to offer a summer series of guided weekend outings for beginning campers of ALL ages. With hands-on lessons, nature hikes and fun family activities, Let's Go Camping makes camping easy. These events take place all across Oregon and may be coming to a park near you. Scroll down further for 2015 event listings. All events feature these sessions: Camping basics & tent set-up; Equipment care & maintenance; Leave No Trace (outdoor ethics); The 10 essentials of safe hiking; Fire building & safety; and, Campfire and Dutch oven cooking.

If you would like more information or register for one of the *Let's Go Camping!* sessions, call Reservations Northwest at 1-888-953-7677 or email [oprd.reservations@oregon.gov](mailto:oprd.reservations@oregon.gov). Registration fee is \$30.00 per family. Visit the Oregon State Parks website at [www.oregonstateparks.org](http://www.oregonstateparks.org) → click on "things to do" → click on "let's go" → click on "Camping."