



The Journey

 www.orparc.org 

Volume XXXXXV

Fall 2014

ORPARC is a program of Northwest Resource Associates

ORPARC Celebrates – National Adoption Month & Adoption Day!

We are excited for November, National Adoption Month and November 22nd, National Adoption Day. This collective national effort raises awareness of the more than 100,000 children in foster care waiting to find permanent, loving families, helping to make the dreams of thousands of children come true. *Stay tuned!* ORPARC will be finding creative ways to recognize and celebrate Oregon's wonderful adoptive families, and the professionals who support them. Learn more at www.ChildWelfare.gov/adoption or www.NationalAdoptionDay.org.



Quarterly Message from Adoption/Guardianship Assistance Unit

Hello from the Oregon DHS Central Office Adoption and Guardianship Assistance unit! We are here for new and long-time Adoptive/Guardianship families with a series of information we hope you find helpful.

Question: *Oregon Statute requires that guardians file an annual report on or near their anniversary date of the guardianship being ordered. Why have I not received my guardianship annual report from DHS?*

Answer: *As of February 1, 2014 DHS is no longer sending the annual court report form to guardians and the guardians are no longer required to send a copy of the annual court report to the Department of Human Services (DHS).*

What is the new process? A guardian appointed by the Court is still required to file a verified written report to the Court every year within 30 days after each anniversary date of the appointment of guardianship. If you do not receive an annual court report form from the Court that ordered the guardianship, contact the Court directly to obtain information regarding the Court's procedure for submitting an annual report. Below is a link that you can use. Not all Courts are using this process as of yet, but it may help you find the information you need.

<http://courts.oregon.gov/OJD/OSCA/cpsd/courtimprovement/jcip/pages/2010jcupforms.aspx>

Continued on page 2

2014 Shoulder to Shoulder Conference Strengthening Children & Families

Please join us at the 16th Annual Shoulder to Shoulder Conference at the Red Lion Hotel on the River in Jantzen Beach. There is a Pre-Conference Event on **Monday, October 27th** and the full conference will occur on **Tuesday, October 28th**. Registration and scholarships applications opened on August 19th. Registration cost is \$65.00 by October 17th and \$85.00 on/after October 18th. Continuing Education Units (CEUs) and Certificates of Attendance are available. Professional and adoptive/foster/kinship parent scholarships are available.

Conference Registration: www.stsconference.com/registration
Conference Scholarships: www.stsconference.com/scholarships



16th Annual Shoulder to Shoulder Conference
'Strengthening Children & Families'

October 27, 2014
Pre-Conference Event

October 28, 2014
Shoulder to Shoulder Conference

Oregon Post Adoption Resource Center
2950 SE Stark Street, Suite 130
Portland, Oregon 97214

☎ 503-241-0799 (telephone) ♦ ☎ 800-764-8367 (toll-free) ♦ ☎ 503-241-0925 (fax)
✉ orparc@nwresource.org ♦ 🌐 www.orparc.org ♦ 📺 Follow ORPARC on Facebook
Office hours: Monday through Friday, 9:00 a.m. to 5:00 p.m.

Do I need to have the report notarized? Contact your Court if you have questions about filling out the report and the requirements.

If I miss turning in my report on time, will I lose my monthly guardianship assistance subsidy? No. However, if the Court does not receive the annual report in a timely manner, the Court may direct the local citizen review board to conduct a review, appoint a court visitor and require the visitor to file a report with the Court or conduct a court review.

* Guardians are required to report to the DHS Guardianship Assistance Unit all changes that may impact the guardianship assistance, including, but not limited to, the following changes:

1. The child is no longer in the home of a guardian.
2. The child married, enlisted in the army, was adopted, or emancipated.
3. The court has vacated the guardianship.
4. The court has appointed a different guardian.
5. A guardian or the child is deceased.
6. Change of address (for medical card purposes as well).

Please report these changes to your DHS Guardianship Assistance Coordinator. Cases are assigned by the last name of the family. Please see below to determine your assigned coordinator.

	Adoption Assistance	Guardianship Assistance	Coordinator	Telephone
Caseload Distribution by Last Name of the Adoptive or Guardian Family	A-C	A-G	Rebecca Luckman	503-945-6729
	D-G	H-P	Scott Wickline	503-947-5311
	H-L	Q-Z	Lorri Harris	503-945-6632
	M-R		Gayle Bien	503-947-5370
	S-Z		Cathy Reeves	503-945-5685

New Adoptive Parent Support Group! Washington County

Adoptive and guardianship parents and children are invited to the first family group in Beaverton.

Saturday, October 4, 2014 ♦ 10:00 a.m. to 12:00 p.m.

Evelyn M. Schiffler Memorial Park in Beaverton

SW Erickson Ave & SW 10th Street, Beaverton, OR 97005

(Meet at Playground area & entrance off SW Erickson Avenue)

Questions? Contact Angie Kolbet at 503-626-6271

Adoptive Parent Support Groups

Adoptive, guardianship, foster, and kinship parents have established and organized parent groups for years with a clear and focused mission in mind while other groups simply want to help parents connect with one another. Whatever the mission, parent support groups are a great way to meet other parents who are confronting and experiencing similar issues and are a great venue for sharing resources; gaining insight and understanding; and forming new relationships with other families who are raising children. ORPARC has an extensive list of adoptive, guardianship, foster and kinship parent support groups throughout the state which is available for download on the ORPARC website under "Announcements." If you wish to have a hard copy printed and sent to you, please contact ORPARC at 503-241-0799, 1-800-764-8367 (toll-free), or email orparc@nwresource.org with your request. Also, if you are interested in developing a parent support group, we have several resources available and can offer assistance in planning and training.

Support the ORPARC Library!



Fred Meyer Community Rewards Program

Fred Meyer customers can now link their Rewards Card to ORPARC by visiting: www.fredmeyer.com/communityrewards

Whenever a customer uses their Rewards Card at Fred Meyer, they will be helping ORPARC's lending library for free! Visit the above website, click on "Link your Rewards Card Now," and search for: Oregon Post Adoption Resource Center



Newsletter via email?

If you would like to receive our newsletter and mailings via email, please call us or email orparc@nwresource.org with your name, address and email. Receiving the newsletter helps us curb our printing and mailing costs so that we can better serve families in other ways.



Northwest Adoptive Families Association

NAFA is offering a one-year complimentary membership to State Adoptive Families. Visit www.nafaonline.org for more information or contact ORPARC for a Membership Form.

ORPARC Trainings

Visit www.orparc.org for updates

Trainings are held in accessible locations. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Spanish language interpretation available upon request. Please request these services two weeks in advance.

Let's Have the Conversation? Healthy Relationships and Beyond

Wednesday, October 29 ♦ 6:30-8:30 pm ♦ Portland

Providence St. Vincent Medical Center

Souther Classrooms – East Pavilion

9135 SW Barnes Road, Portland, OR 97225

Susan Labhard, MSN, RN, Transitions Nurse Specialist, Shriners Hospital for Children and Chuck Davis, MSW, Emerging Leaders Northwest Adolescent Transition Program Project Coordinator will lead the discussion on the importance of preparing children with Developmental Disabilities for puberty. The speakers will provide tools and examples on how to communicate with children with Developmental Disabilities about their physical and emotional safety as they move ahead in schools and into the community.

Collaboration with Swindells Resource Center, Shriners & OHSU. Register at www.providence.org/classes, select “[online class catalog](#)” and search by “Location” (Providence St. Vincent Medical Center).

Understanding Attachment

Friday, November 7 ♦ 9:30 am to 2:30 pm ♦ Salem

Community Health Center’s Auditorium, Building B

Wedel Conference Center, 939 Oak Street SE, Salem, OR 97302

This presentation will re-examine previous concepts of attachment and diagnosis and widen this concept to a continuum encompassing both ends of the spectrum, from healthy attachment to attachment disorder. Participants will learn how early experiences create an internal working model of relationship that continues to impact us all in conscious and unconscious ways. Distinguishing how their history has impacted children in your homes will be a part of the discussion, as well as identifying how our own attachment styles are at play in interactions as parents and caregivers. Hope is offered for change by identifying interventions and emphasizing a shift in thinking when working with children who need relational support.

Collaboration with Swindells Resource Center. Register at www.providence.org/classes, select “[online class catalog](#)” and search by “Location” (CHEC Center Auditorium, Salem).

Cómo enfrentar las conductas desafiantes en el hogar

Lunes, 22 de septiembre ♦ 6:30 a 8:30 pm ♦ Woodburn

Colaboración entre Swindells Resource Center y ORPARC
Woodburn Pediatric Clinic (Oficina de Pediatría de Woodburn)

2050 Progress Way, Woodburn, Oregon 97071

Los invitamos a esta presentación gratuita acerca de la conducta desafiante de los niños. Alicia Like, M.Ed, BCBA, directora clínica de la oficina de Vancouver, ha trabajado como maestra de educación especial y analista de comportamiento por seis años, y provee servicios analíticos de comportamiento a los estudiantes en inglés y español. El entrenamiento ayudará a entender:

- ♦ Cómo se presenta y desarrolla dicha conducta desafiante
- ♦ Elaborar estrategias individuales para cambiar estas conductas
- ♦ Entender el significado de conductas en los niños
- ♦ Qué es lo que el niño logra con esta conducta

Inscríbese en www.providence.org/classes, oprima “[online class catalog](#)” y busque el nombre de la clase “Swindells Center-Addressing Challenging Behaviors in the Home_Woodburn”. También se puede inscribir al llamar el número 503-574-6595.

Promoviendo la salud sexual en las comunidades latinas

Jueves, 2 de octubre ♦ 5:00 a 7:00 pm ♦ Oregon City

Colaboración entre el Departamento de Salud del Condado de Multnomah, el Departamento de Servicios Humanos y ORPARC
Departamento de Servicios Humanos

315 South Beaver Creek Road, Oregon City, Oregon 97045

Aprendan acerca de las maneras de responder las preguntas difíciles que los jóvenes pueden hacer y cómo enfrentar los obstáculos que se presentan que hacen difícil hablar con los niños y jóvenes acerca del sexo y la sexualidad.

- ♦ Aprendan lo que los jóvenes y adolescentes quieren escuchar de sus padres
- ♦ Aprendan la diferencia entre el sexo y la sexualidad
- ♦ Aprendan más acerca de las enfermedades comunes que se transmiten sexualmente
- ♦ Siéntense cómodos en un lugar donde puede realizar sus preguntas

Este entrenamiento se presentará en el Grupo de Apoyo para Padres de Crianza y Padres Adoptivos. No se requiere inscripción. Cualquier pregunta puede dirigirse a Aurora Pulido al número 503-731-4037.

New in the ORPARC Library

Special thanks to the Patton family for donating so many of their wonderful, loved books to ORPARC!

Updated and Additional Books for Parents & Professionals

- 📖 *Beyond Consequences, Logic and Control* (Volume 1)
- 📖 *Beyond Consequences, Logic and Control* (Volume 2)
- 📖 *How to Talk So Kids Will Listen and Listen So Kids Will Talk* (revised 30th anniversary edition, 2012)
- 📖 *The Hurried Child: Growing Up Too Fast Too Soon* (25th edition)
- 📖 *Lifebooks: Creating a Treasure for the Adopted Child* (updated)
- 📖 *Lost & Found: The Adoption Experience* (3rd edition)
- 📖 *Our FAScinating Journey* (3rd edition updated and revised)
- 📖 *The Out-of-Sync Child Has Fun* (revised 2006 edition)
- 📖 *Parenting the Hurt Child: Helping Adoptive Families Heal & Grow*
- 📖 *Positive Discipline for Teenagers* (revised third edition)
- 📖 *The Relaxation & Stress Reduction Workbook* (6th edition)
- 📖 *Sensory Integration and the Child* (25th anniversary edition)
- 📖 *Siblings without Rivalry* (2012 updated edition)
- 📖 *Special Diets for Special Kids* (revised edition)
- 📖 *Straight Talk about Psychiatric Medications for Kids* (3rd edition)
- 📖 *Working with Traumatized Children: A Handbook for Healing* (revised)
- 📖 *You Mean I'm Not Lazy, Stupid or Crazy?!* (updated)



Books for Children and Teens

- 📖 *All Cats have Asperger Syndrome*
- 📖 *All Dogs have ADHD*



New Books for Parents & Professionals

- 📖 *I Am Utterly Unique: Celebrating the Strengths of Children with Asperger Syndrome and High-Functioning Autism*
- 📖 *Integrative Parenting: Strategies for Raising Children Affected by Attachment Trauma*
- 📖 *Therapeutic Parenting for Traumatized Children*
- 📖 *Trauma Through a Child's Eyes*
- 📖 *The Whole-Brain Child*
- 📖 *The Whole Parent: How to Become a Terrific Parent Even if You Didn't Have One*

CDs & DVDs

- 🎧 *Beyond Consequences, Logic, and Control* (CD)
- 🎧 *Dare to Love Yourself: Music, Meditation and Affirmations for Emotional Wellness* (CD)
- 🎧 *Parenting Difficult Tweens & Teens* (CD)
- 🎧 *Parenting the Attachment Challenged Child: When Behavior Modification and Consequences Don't Work!* (CD)
- 🎧 *Effective Strategies for Severe Behaviors in Adopted and Foster Children* (DVD)
- 🎧 *Making Sense of Our Complex Children* (DVD)
- 🎧 *Trauma, Brain & Relationship: Helping Children Heal* (DVD)
- 🎧 *Unconditional Commitment: The Only Love that Matters to Teens* (DVD)

