



*Assisting families on
their lifelong journey*

The Journey

 www.orparc.org 

Volume XXXXXV

Fall 2014

ORPARC is a program of Northwest Resource Associates

ORPARC Celebrates – National Adoption Month & Adoption Day!

We are excited for November, National Adoption Month and November 22nd, National Adoption Day. This collective national effort raises awareness of the more than 100,000 children in foster care waiting to find permanent, loving families, helping to make the dreams of thousands of children come true. *Stay tuned!* ORPARC will be finding creative ways to recognize and celebrate Oregon's wonderful adoptive families, and the professionals who support them. Learn more at www.ChildWelfare.gov/adoption or www.NationalAdoptionDay.org.



Quarterly Message from Adoption/Guardianship Assistance Unit

Hello from the Oregon DHS Central Office Adoption and Guardianship Assistance unit! We are here for new and long-time Adoptive/Guardianship families with a series of information we hope you find helpful.

Question: *Oregon Statute requires that guardians file an annual report on or near their anniversary date of the guardianship being ordered. Why have I not received my guardianship annual report from DHS?*

Answer: *As of February 1, 2014 DHS is no longer sending the annual court report form to guardians and the guardians are no longer required to send a copy of the annual court report to the Department of Human Services (DHS).*

What is the new process? A guardian appointed by the Court is still required to file a verified written report to the Court every year within 30 days after each anniversary date of the appointment of guardianship. If you do not receive an annual court report form from the Court that ordered the guardianship, contact the Court directly to obtain information regarding the Court's procedure for submitting an annual report. Below is a link that you can use. Not all Courts are using this process as of yet, but it may help you find the information you need.

<http://courts.oregon.gov/OJD/OSCA/cpsd/courtimprovement/jcip/pages/2010jiciforms.aspx>

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2014 Shoulder to Shoulder Conference Strengthening Children & Families

Please join us at the 16th Annual Shoulder to Shoulder Conference at the Red Lion Hotel on the River in Jantzen Beach. There is a Pre-Conference Event on **Monday, October 27th** and the full conference will occur on **Tuesday, October 28th**. Registration and scholarships applications opened on August 19th. Registration cost is \$65.00 by October 17th and \$85.00 on/after October 18th. Continuing Education Units (CEUs) and Certificates of Attendance are available. Professional and adoptive/foster/kinship parent scholarships are available.

Conference Registration: www.stsconference.com/registration

Conference Scholarships: www.stsconference.com/scholarships



16th Annual Shoulder to Shoulder Conference
'Strengthening Children & Families'

October 27, 2014
Pre-Conference Event

October 28, 2014
Shoulder to Shoulder Conference

Oregon Post Adoption Resource Center
2950 SE Stark Street, Suite 130
Portland, Oregon 97214

☎ 503-241-0799 (telephone) ♦ ☎ 800-764-8367 (toll-free) ♦ ☎ 503-241-0925 (fax)
✉ orparc@nwresource.org ♦ 🌐 www.orparc.org ♦ 📺 Follow ORPARC on Facebook

Office hours: Monday through Friday, 9:00 a.m. to 5:00 p.m.

Do I need to have the report notarized? Contact your Court if you have questions about filling out the report and the requirements.

If I miss turning in my report on time, will I lose my monthly guardianship assistance subsidy? No. However, if the Court does not receive the annual report in a timely manner, the Court may direct the local citizen review board to conduct a review, appoint a court visitor and require the visitor to file a report with the Court or conduct a court review.

* Guardians are required to report to the DHS Guardianship Assistance Unit all changes that may impact the guardianship assistance, including, but not limited to, the following changes:

1. The child is no longer in the home of a guardian.
2. The child married, enlisted in the army, was adopted, or emancipated.
3. The court has vacated the guardianship.
4. The court has appointed a different guardian.
5. A guardian or the child is deceased.
6. Change of address (for medical card purposes as well).

Please report these changes to your DHS Guardianship Assistance Coordinator. Cases are assigned by the last name of the family. Please see below to determine your assigned coordinator.

	Adoption Assistance	Guardianship Assistance	Coordinator	Telephone
Caseload Distribution by Last Name of the Adoptive or Guardian Family	A-C	A-G	Rebecca Luckman	503-945-6729
	D-G	H-P	Scott Wickline	503-947-5311
	H-L	Q-Z	Lorri Harris	503-945-6632
	M-R		Gayle Bien	503-947-5370
	S-Z		Cathy Reeves	503-945-5685

New Adoptive Parent Support Group! Washington County

Adoptive and guardianship parents and children are invited to the first family group in Beaverton.

Saturday, October 4, 2014 ♦ 10:00 a.m. to 12:00 p.m.

Evelyn M. Schiffler Memorial Park in Beaverton

SW Erickson Ave & SW 10th Street, Beaverton, OR 97005

(Meet at Playground area & entrance off SW Erickson Avenue)

Questions? Contact Angie Kolbet at 503-626-6271

Adoptive Parent Support Groups

Adoptive, guardianship, foster, and kinship parents have established and organized parent groups for years with a clear and focused mission in mind while other groups simply want to help parents connect with one another. Whatever the mission, parent support groups are a great way to meet other parents who are confronting and experiencing similar issues and are a great venue for sharing resources; gaining insight and understanding; and forming new relationships with other families who are raising children. ORPARC has an extensive list of adoptive, guardianship, foster and kinship parent support groups throughout the state (last two pages of this newsletter). This list is also available for download on the ORPARC website under "Announcements." If you are interested in developing a parent support group, we have several resources available and can offer assistance in planning and training.

Support the ORPARC Library!



Fred Meyer Community Rewards Program

Fred Meyer customers can now link their Rewards Card to ORPARC by visiting: www.fredmeyer.com/communityrewards

Whenever a customer uses their Rewards Card at Fred Meyer, they will be helping ORPARC's lending library for free! Visit the above website, click on "Link your Rewards Card Now," and search for: Oregon Post Adoption Resource Center

TIM = TO THRIVE



HUMAN RIGHTS CAMPAIGN FOUNDATION

PROMOTING SAFETY, INCLUSION AND WELL-BEING FOR LGBTQ YOUTH...EVERYWHERE!

FEBRUARY 13-15, 2015 | PORTLAND, OR

SAVE the DATE! Attention Youth-Serving Professionals...Early Bird Registration Rates still available 2nd annual Time to THRIVE

The conference is being co-presented by the National Education Association and the American Counseling Association. The inaugural conference attracted over 600 attendees from 40 states as well as nearly 60 diverse workshops presented by over 45 national and grassroots organizations. Time to THRIVE literally provides a one-stop-shop opportunity to gather the latest resources and emerging best-practices to support and create change for LGBTQ youth. Visit www.timetothrive.org for registration and highlights from the last conference featuring actress Ellen Page and Chelsea Clinton.

ORPARC Trainings

Visit www.orparc.org for updates

Trainings are held in accessible locations. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Spanish language interpretation available upon request. Please request these services two weeks in advance.

Let's Have the Conversation: Healthy Relationships and Beyond

Wednesday, October 29 ♦ 6:30-8:30 pm ♦ Portland

Providence St. Vincent Medical Center

Souther Classrooms – East Pavilion

9135 SW Barnes Road, Portland, OR 97225

Susan Labhard, MSN, RN, Transitions Nurse Specialist, Shriners Hospital for Children and Chuck Davis, MSW, Emerging Leaders Northwest Adolescent Transition Program Project Coordinator will lead the discussion on the importance of preparing children with Developmental Disabilities for puberty. The speakers will provide tools and examples on how to communicate with children with Developmental Disabilities about their physical and emotional safety as they move ahead in schools and into the community.

Collaboration with Swindells Resource Center, Shriners & OHSU. Register at www.providence.org/classes, select “[online class catalog](#)” and search by “Location” (Providence St. Vincent Medical Center).

Understanding Attachment

Friday, November 7 ♦ 9:30 am to 2:30 pm ♦ Salem

Community Health Center’s Auditorium, Building B

Wedel Conference Center, 939 Oak Street SE, Salem, OR 97302

This presentation will re-examine previous concepts of attachment and diagnosis and widen this concept to a continuum encompassing both ends of the spectrum, from healthy attachment to attachment disorder. Participants will learn how early experiences create an internal working model of relationship that continues to impact us all in conscious and unconscious ways. Distinguishing how their history has impacted children in your homes will be a part of the discussion, as well as identifying how our own attachment styles are at play in interactions as parents and caregivers. Hope is offered for change by identifying interventions and emphasizing a shift in thinking when working with children who need relational support.

Collaboration with Swindells Resource Center. Register at www.providence.org/classes, select “[online class catalog](#)” and search by “Location” (CHEC Center Auditorium, Salem).

Cómo enfrentar las conductas desafiantes en el hogar

Lunes, 22 de septiembre ♦ 6:30 a 8:30 pm ♦ Woodburn

Colaboración entre Swindells Resource Center y ORPARC
Woodburn Pediatric Clinic (Oficina de Pediatría de Woodburn)

2050 Progress Way, Woodburn, Oregon 97071

Los invitamos a esta presentación gratuita acerca de la conducta desafiante de los niños. Alicia Like, M.Ed, BCBA, directora clínica de la oficina de Vancouver, ha trabajado como maestra de educación especial y analista de comportamiento por seis años, y provee servicios analíticos de comportamiento a los estudiantes en inglés y español. El entrenamiento ayudará a entender:

- ♦ Cómo se presenta y desarrolla dicha conducta desafiante
- ♦ Elaborar estrategias individuales para cambiar estas conductas
- ♦ Entender el significado de conductas en los niños
- ♦ Qué es lo que el niño logra con esta conducta

Inscríbese en www.providence.org/classes, oprima “[online class catalog](#)” y busque el nombre de la clase “Swindells Center-Addressing Challenging Behaviors in the Home_Woodburn”. También se puede inscribir al llamar el número 503-574-6595.

Promoviendo la salud sexual en las comunidades latinas

Jueves, 2 de octubre ♦ 5:00 a 7:00 pm ♦ Oregon City

Colaboración entre el Departamento de Salud del Condado de Multnomah, el Departamento de Servicios Humanos y ORPARC
Departamento de Servicios Humanos

315 South Beaver Creek Road, Oregon City, Oregon 97045

Aprendan acerca de las maneras de responder las preguntas difíciles que los jóvenes pueden hacer y cómo enfrentar los obstáculos que se presentan que hacen difícil hablar con los niños y jóvenes acerca del sexo y la sexualidad.

- ♦ Aprendan lo que los jóvenes y adolescentes quieren escuchar de sus padres
- ♦ Aprendan la diferencia entre el sexo y la sexualidad
- ♦ Aprendan más acerca de las enfermedades comunes que se transmiten sexualmente
- ♦ Siéntense cómodos en un lugar donde puede realizar sus preguntas

Este entrenamiento se presentará en el Grupo de Apoyo para Padres de Crianza y Padres Adoptivos. No se requiere inscripción. Cualquier pregunta puede dirigirse a Aurora Pulido al número 503-731-4037.



What's new in the ORPARC Library?



Updated and Additional Books for Parents & Professionals

- 📖 *Beyond Consequences, Logic and Control* (Volume 1)
- 📖 *Beyond Consequences, Logic and Control* (Volume 2)
- 📖 *How to Talk So Kids Will Listen and Listen So Kids Will Talk* (revised 30th anniversary edition, 2012)
- 📖 *The Hurried Child: Growing Up Too Fast Too Soon* (25th edition)
- 📖 *Lifebooks: Creating a Treasure for the Adopted Child* (updated)
- 📖 *Lost & Found: The Adoption Experience* (3rd edition)
- 📖 *Our FAScinating Journey* (3rd edition updated and revised)
- 📖 *The Out-of-Sync Child Has Fun* (revised 2006 edition)
- 📖 *Parenting the Hurt Child: Helping Adoptive Families Heal & Grow*
- 📖 *Positive Discipline for Teenagers* (revised third edition)
- 📖 *The Relaxation & Stress Reduction Workbook* (6th edition)
- 📖 *Sensory Integration and the Child* (25th anniversary edition)
- 📖 *Siblings without Rivalry* (2012 updated edition)
- 📖 *Special Diets for Special Kids* (revised edition)
- 📖 *Straight Talk about Psychiatric Medications for Kids* (3rd edition)
- 📖 *Working with Traumatized Children: A Handbook for Healing* (revised)
- 📖 *You Mean I'm Not Lazy, Stupid or Crazy?!* (updated)



New Books for Parents & Professionals

- 📖 *I Am Utterly Unique: Celebrating the Strengths of Children with Asperger Syndrome and High-Functioning Autism*
- 📖 *Integrative Parenting: Strategies for Raising Children Affected by Attachment Trauma*
- 📖 *Therapeutic Parenting for Traumatized Children*
- 📖 *Trauma Through a Child's Eyes*
- 📖 *The Whole-Brain Child*
- 📖 *The Whole Parent: How to Become a Terrific Parent Even if You Didn't Have One*

CDs & DVDs

- 🎧 *Beyond Consequences, Logic, and Control* (CD)
- 🎧 *Dare to Love Yourself: Music, Meditation and Affirmations for Emotional Wellness* (CD)
- 🎧 *Parenting Difficult Tweens & Teens* (CD)
- 🎧 *Parenting the Attachment Challenged Child: When Behavior Modification and Consequences Don't Work!* (CD)
- 🎥 *Effective Strategies for Severe Behaviors in Adopted and Foster Children* (DVD)
- 🎥 *Making Sense of Our Complex Children* (DVD)
- 🎥 *Trauma, Brain & Relationship: Helping Children Heal* (DVD)
- 🎥 *Unconditional Commitment: The Only Love that Matters to Teens* (DVD)

Books for Children and Teens

- 📖 *All Cats have Asperger Syndrome*
- 📖 *All Dogs have ADHD*



Special thanks to the Patton family for donating so many of their wonderful, loved books to ORPARC!



National Adoption Month 2014

Promoting and Supporting Sibling Connections

- ◆ Get ideas about ways to support sibling connections and find families for sibling groups.
- ◆ Learn creative strategies for engaging youth and families to raise awareness of the importance of sibling connections.

October 9, 2014 ♦ 11:00 am to 12:00 pm (Pacific Time)

A free, interactive webinar to help prepare for National Adoption Month 2014
Sponsored by the Child Welfare Information Gateway and AdoptUSKids.org

- ◆ Discover tools you can use to assess & support sibling placement.
- ◆ Empower youth with information about their right to maintain sibling connections.
- ◆ Share your ideas for promoting & supporting sibling connections.

Register for the webinar at <https://www2.gotomeeting.com/register/510323474>. For more information and other adoption resources, contact Child Welfare Information Gateway at 800.394.3366 or info@childwelfare.gov.



Community Resources, Trainings & Events



Center for Improvement of Child and Family Services PSU Child Welfare Partnership ♦ www.cwpsalem.pdx.edu

EASTERN REGION

September 20	<i>Trauma Informed Parenting</i>	The Dalles	541-565-3014, susan.lissman@state.or.us
September 23	<i>Methamphetamine Endangered Children</i>	John Day	541-575-0728 x 248, sarah.hatfield@state.or.us
September 23	<i>Facilitating Developmental Attachment</i>	John Day	541-575-0728 x 248, sarah.hatfield@state.or.us
September 30	<i>Executive Functions: Stop, Look and Listen</i>	Hermiston	541-564-4498, carol.caplinger@state.or.us
October 2	<i>Emotional Intelligence: What it is, Why we need it</i>	La Grande	541-963-8571 x 426, susan.lemon@state.or.us
October 6	<i>Behavior: Pouting to Punching</i>	Madras	541-325-5580, roya.leriche@state.or.us
October 15	<i>The Important Role of Dads</i>	Moro	541-565-3014, susan.lissman@state.or.us
October 16	<i>Foster Parents and the Juvenile Court</i>	Burns	541-575-0728 x 248, sarah.hatfield@state.or.us
October 20	<i>Common Mental Health Issues for Teens in Care</i>	Ontario	541-889-9194 x 317, louise.schneider@state.or.us
October 30	<i>The Significance of Siblings</i>	Redmond	541-548-9482, patricia.hoda@state.or.us
November 6	<i>Parenting in the Digital Age</i>	Boardman	541-481-9482 x 224, monica.l.gilbertson@state.or.us
November 13	<i>Parenting a Child with Special Needs</i>	Redmond	541-548-9482, patricia.hoda@state.or.us
November 13	<i>Caregiver's Guide to Bullies, Victims & Bystanders</i>	The Dalles	541-565-3014, susan.lissman@state.or.us

METROPOLITAN REGION:

METRO TRAINING LINE: 971-673-1822, D2.MetroTrainingCenter@state.or.us

Oct. 13 & 20	<i>Positive Behavior Management</i>	November 7	<i>Loss and Grief</i>
18 de octubre	<i>Primeros Auxilios de Infantes, Niños y Adultos</i>	November 12	<i>Collaborative Problem Solving</i>
October 28	<i>Effects of Trauma on Learning in Children 0-18</i>		

SOUTHERN REGION

September 20	<i>Motivating Youth to Make Positive Changes</i>	Medford	541-858-3181 x 262, jennifer.raleigh@state.or.us
September 27	<i>Creating Positive Behaviors in Teens</i>	North Bend	541-756-5500 x 259, patrice.perez@state.or.us
September 27	<i>Trauma Informed Parenting</i>	Springfield	541-726-6644 x 2274, cleopatra.mapfumo@state.or.us
September 29	<i>Vicarious Trauma: Surviving/Thriving as Caregiver</i>	Grants Pass	541-956-2983, kyndra.burdish@state.or.us
October 8	<i>Fetal Alcohol Spectrum Disorder Fundamentals</i>	Springfield	541-726-6644 x 2274, cleopatra.mapfumo@state.or.us
October 9	<i>Supporting Children Exposed to Domestic Violence</i>	Roseburg	541-464-2063, mary.kay.skourup@state.or.us
October 22	<i>Fetal Alcohol Spectrum Disorder Advanced</i>	Springfield	541-726-6644 x 2274, cleopatra.mapfumo@state.or.us
October 24-25	<i>Behavior Crisis Management Training (2 days)</i>	Grants Pass	541-956-2983, kyndra.burdish@state.or.us
October 27	<i>Supporting Children Exposed to Domestic Violence</i>	Klamath Falls	541-850-6807, lori.oconnor@state.or.us
November 10	<i>Caregiver's Guide to Bullies, Victims & Bystanders</i>	Roseburg	541-464-2063, mary.kay.skourup@state.or.us
November 12	<i>Permanency Options for Caregivers</i>	Gold Beach	541-756-5500 x 259, patrice.perez@state.or.us
November 13	<i>Parenting a Child with Special Needs</i>	Redmond	541-548-9495, robin.toth@state.or.us
Nov. 14-15	<i>Behavior Crisis Management Training (2 days)</i>	North Bend	541-756-5500 x 259, patrice.perez@state.or.us
November 19	<i>Emotional Intelligence: What it is, Why we need it</i>	Springfield	541-726-6644 x 2274, cleopatra.mapfumo@state.or.us
November 19	<i>CPR & First Aid</i>	Springfield	541-726-6644 x 2274, cleopatra.mapfumo@state.or.us
December 2	<i>Parenting in the Digital Age</i>	Klamath Falls	541-850-6807, lori.oconnor@state.or.us
December 10	<i>Caregiver's Guide to Bullies, Victims & Bystanders</i>	Springfield	541-726-6644 x 2274, cleopatra.mapfumo@state.or.us

NETLINK TRAININGS

Training instructions & registration at <http://cwpsalem.pdx.edu/distance/resource.htm>

<i>Morning NetLink Trainings</i>	<i>8:30 a.m. to 12:00 noon</i>	<i>Evening NetLink Trainings</i>	<i>5:30 p.m. to 9:00 p.m.</i>
<i>Self-Harm: Putting the Puzzle Pieces Together</i>	October 2	<i>Foster Parents and the Juvenile Court</i>	September 23
<i>Vicarious Trauma: Surviving & Thriving as Caregiver</i>	Nov. 20	<i>Executive Functions: Stop, Look and Listen</i>	October 9
<i>Taking Note of Your Work with DHS</i>	December 18	<i>Criando al Niño con ADD/TDHD (español)</i>	23 de octubre
		<i>Living Under the Influence of Addiction</i>	November 18
		<i>Child Development: Teens to Young Adulthood</i>	December 11



Community Resources, Trainings & Events



Center for Improvement of Child and Family Services PSU Child Welfare Partnership ♦ www.cwpsalem.pdx.edu

WESTERN REGION

September 23	<i>Parenting Children with ADD/ADHD</i>	Albany	541-791-5849, kim.e.elliott@state.or.us
September 24	<i>Parenting in the Digital Age</i>	Newport	541-265-8557 x 222, jamie.w.auborn@state.or.us
September 26	<i>Facilitating Developmental Attachment</i>	Oregon City	971-673-7361, julia.buzzard@state.or.us
October 3	<i>Foster Parents and the Juvenile Court</i>	Oregon City	971-673-7361, julia.buzzard@state.or.us
October 7	<i>Effects of Trauma on Learning in Children 0-18</i>	St. Helens	503-397-3292 x 9328, nolan.gibson@state.or.us
October 14	<i>On the Move – Aging Out of Foster Care</i>	Beaverton	503-277-6673, madeline.hodge@state.or.us
October 15	<i>Behavior: Pouting to Punching</i>	Salem	503-378-4784, erma.s.brundidge@state.or.us
October 15	<i>Relative Caregivers</i>	Dallas	503-623-3030 x 225, april.barrett@state.or.us
October 16	<i>Effects of Trauma on Learning in Children 0-18</i>	McMinnville	503-474-5606, greg.reichenberger@state.or.us
October 16	<i>The Important Role of Dads</i>	Beaverton	503-277-6673, madeline.hodge@state.or.us
October 21	<i>Managing Difficult Behaviors in Young Children</i>	Albany	541-791-5748, dan.l.benson@state.or.us
November 6	<i>Effects of Trauma on Learning in Children 0-18</i>	Tillamook	503-842-5571 x 306, sandra.d.koops@state.or.us
November 12	<i>Fetal Alcohol Spectrum Disorder Advanced</i>	Salem	503-378-4784, erma.s.brundidge@state.or.us
December 9	<i>Child Development: Teens to Young Adulthood</i>	Beaverton	503-277-6673, madeline.hodge@state.or.us



It's a sad reality that children adopted internationally or through foster care may have suffered sexual abuse.

In this live webinar, Mary Jo Barrett teaches adoptive parents how to:

- ♦ Recognize signs of past abuse in your child
- ♦ Respond if you suspect or know abuse happened
- ♦ Protect the abused child and other children in the home
- ♦ Talk to your child about norms in their new home

Sexual Abuse: Recognize, Respond & Protect

Advice for Parenting the Sexually Abused Child

Live Webinar: Wednesday, October 15 ♦ 5:00-6:00 pm

Register at: www.adoptionlearningpartners.org



619 SW 11th Avenue, Suite 102, Portland, OR
1-888-988-FACT (3228) ♦ www.factoregon.org ♦ info@factoregon.org

September 22...	<i>It Starts with a Dream: The Person-centered Plan</i>	Salem Hospital, Building D, Creekside Room
September 24...	<i>It Starts with a Dream: The Person-centered Plan</i>	Yamhill County, Newberg School District Office
September 25...	<i>Sibshop Parent Information Meeting</i>	Medford, Providence Medford Medical Center
September 29...	<i>It Starts with a Dream: The Person-centered Plan</i>	Polk County, Central School District Office
October 5	<i>FACT Family Network Harvest Party</i>	Portland, Rossi Farms
October 18	<i>Beaverton City Library Resource Fair</i>	Beaverton City Library
November 6	<i>Transition to Adulthood</i>	Beaverton, Capital Center, Entrance B
January 12	<i>Transition to Kindergarten: Preparing for a Success Transition to Kindergarten</i>	Yamhill County
January 14	<i>Transition to Kindergarten: Preparing for a Success Transition to Kindergarten</i>	Marion County
January 12	<i>Transition to Kindergarten: Preparing for a Success Transition to Kindergarten</i>	Yamhill County
January 26	<i>Transition to Kindergarten: Preparing for a Success Transition to Kindergarten</i>	Polk County

FACT also has the following new booklets available for download in English, Spanish, Vietnamese and Russian:

Preparing for a Successful Transition to Kindergarten and *Transition to Kindergarten Activity Booklet*

Download these booklets at <http://factoregon.org/parent-training-iep-education/information/>



Community Resources, Trainings & Events



Swindells Resource Center of Providence Child Center 2014 Community Education

Visit www.providence.org/classes, click on “online class catalog,” and search by class name or location to register.
Call 503-215-2429 or 1-800-215-2429 ext. 524 (toll-free), or email Swindells@providence.org for more information.

22 de septiembre	<i>Cómo enfrentar las conductas desafiantes en el hogar (español)*</i>	Woodburn Pediatric Clinic, Woodburn
Sep. 22-Oct. 27	<i>Developing Our Children’s Skills (6-week class)</i>	Salem Hospital, Comm. Health Education Center, Salem
Sep. 23-Oct. 28	<i>Developing Our Children’s Skills (6-week class)</i>	Swindells Resource Center, 830 NE 47th Avenue, Portland
October 9	<i>Sensory Processing Disorder and Its Effects on the Family</i>	Providence Portland Medical Center
October 14	<i>More Is Not Always Better: Breaking through the myths of ‘more & more therapy’</i> ...	Providence St. Vincent Med Ctr
October 21	<i>Functional Communication</i>	Pine Grove School, 2405 Eastside Road, Hood River
October 22	<i>Unity Day and Bullying Awareness Event</i>	Evergreen PS Headquarters, 13501 NW 28th Street, Vancouver
October 29	<i>Let’s Have the Conversation: Health Relationships and Beyond**</i>	Providence St. Vincent Medical Center
October 30	<i>Developmental Disabilities/Mental Health Summit</i>	Providence Portland Medical Center
November 6	<i>Sensory Strategies for Home and School</i>	Portland
November 7	<i>Understanding Attachment*</i>	Salem Hospital, Community Health Education Center, Salem

Fetal Alcohol & Other Neurobehavioral Conditions: Understanding & Application of a Brain-Based Approach

A 3-day workshop ♦ Presented by Diane V. Malbin, MSW

Thursday-Saturday, October 16-18, 2014 ♦ 9:00 am-4:00 pm ♦ The Mark Spencer Hotel, 409 SW 11th Avenue, Portland

This training is for professionals, parents and caregivers who live and/or work with children, adolescents, or adults with Fetal Alcohol Spectrum Disorders (FASD) or other neurobehavioral conditions. This workshop provides information about Fetal Alcohol and other neurobehavioral conditions (FA/NB), and the effects of alcohol and other drugs on behaviors of children, adolescents and adults. Contact Wendy Temko at 503-621-1271 or wtemko@fascets.org.



Below are two short entertaining and animated films that serve as resources for learning about Fetal Alcohol Syndrome Disorder (FASD) and the Law produced by David Boulding, Fetal Alcohol Consultant and Attorney. Visit www.davidboulding.com for more information.

Fetal Alcohol and the Law - Part 1: <http://youtu.be/n6ZWkSzTAqk>
Fetal Alcohol and the Law - Part 2: <http://youtu.be/5Z5qVE2IDHE>



NACAC Webinars

Fees for each webinar are \$15 for NACAC members and \$20 for non-members. Fees are non-refundable. To learn more about membership, visit <http://www.nacac.org/about/membership.html>.



Current & Past Webinars: NACAC is hosting an ongoing series of webinars on a variety of topics. The following past webinars can be purchased to view by visiting www.nacac.org. Certificates of Attendance provided upon request.

- ♦ Adoption Tax Credit
- ♦ Parenting the Hurt Child
- ♦ Healing from Food Insecurity: Beyond the Stash
- ♦ Parenting Children Who Have Been Prenatally Exposed
- ♦ Understanding The Acting-Out Behavior of Your Adopted Children
- ♦ The Teen Years: Brain Development, Impact of Trauma on Growth, Strategies
- ♦ Helping Children Heal from Trauma: What Parents/Caregivers Need to Know
- ♦ "I'll Tell Them When They're Older Because..." Talking to Children about Their History



Community Resources, Trainings & Events



Oregon Technical Assistance Corporation

3886 Beverly Avenue NE, Building I, Suite 21, Salem, OR 97305-1373

☎ 503-364-9943 (telephone) ♦ ☎ 503-364-1939 (fax) ♦ 🌐 www.otac.org

OTAC promotes full participation in community life for individuals with disabilities, seniors and their families through the delivery of training, technical assistance and related services. If you are interested or would like to speak to someone about an OTAC training program, please contact at the numbers listed above or visit www.otac.org. Some OTAC trainings have a cost to participants. Registration and information at www.otac.org → Click on "Training Information."

September 24, 10:30 am-12:30 pm, Troutdale *Keeping Children Safe in the Home and Community:
A PBS Approach for Families and Support Providers*



☎ 971-533-0102 ♦ ✉ info@adoptionmosaic.org

🌐 www.adoptionmosaic.org

Most Adoption Mosaic events are held in Portland

Adoptee Youth Activity Group – Parent Orientation.....	September 20
LGBTQ Adoptive Parent Support Group	October 4
Adopted Youth Activity Group.....	10/04, 10/20, 10/27 & 11/03
Adopted Youth Activity Group – Parenting Debriefing.....	November 8
Adoption Information Day	December 6



Northwest Adoptive Families Association

NAFA is offering a one-year complimentary membership to State Adoptive Families. Visit www.nafaonline.org for more information or contact ORPARC for a Membership Form.



Recorded Webinars from Children's Home Society & Family Services

Visit www.chsfs.org to see a listing and register for Live & Recorded Webinars listed below
Children's Home Society & Family Services, 1605 Eustis Avenue, St. Paul, MN 55108

- ♦ Adoption Information Meeting: International, Domestic and Waiting Child Programs
- ♦ Am I "Good Enough?" Adoption and Self-Esteem
- ♦ Assessing Marital Relationships for Professionals
- ♦ Back to School! Helping Foster & Adopted Youth Transition
- ♦ Birth Family: The Past Meets the Present
- ♦ Conspicuous Families: Supporting Your Child's Racial/Ethnic Identity
- ♦ Debt-free adoption
- ♦ So, you're thinking about adoption?
- ♦ Understanding the Adoption Tax Credit
- ♦ Whose story is this? Protecting your child's privacy



Join Adoptive Families and top adoption experts in interactive webinars on all aspects of adoption and raising adopted children.

Adoptive Families has several webinars outlined below available for viewing. Visit www.adoptivefamilies.com/webinars. Most of the webinar recordings are currently only available as Windows Media files.

- Past Webinars:
- ♦ Caring for Your Child's Skin and Hair
 - ♦ Establishing a Healthy Feeling Relationship
 - ♦ Getting Started in Independent Adoption
 - ♦ Inside Transracial Adoption
 - ♦ LGBT Family Building through Surrogacy or Adoption
 - ♦ Love Me, Feed Me
 - ♦ Parenting After Older Child Adoption
 - ♦ Parenting in Transracial Adoption
 - ♦ Skin and Hair Care
 - ♦ Talking about Adoption with Children



Community Resources, Trainings & Events



- ◆ 1-855-323-6744 (toll-free)
- ◆ 503-931-8930 (línea en español)

Oregon Family to Family Health Information Center

The Oregon Family to Family Health Information Center (HIC) provides information to families who are navigating the complex world of special health care needs. We are family members ourselves, who have first-hand experience raising a child or youth with a chronic health condition, developmental delay or disability, or emotional/behavioral challenges. For more information, call 1-855-323-6744, email contact@oregonfamilytofamily.org, or visit www.oregonfamilytofamily.org.

Servicios para familias de habla hispana:

Muchas familias en Oregon comparten la experiencia de tener un hijo con necesidades especiales o enfermedades crónicas, y puede ser de ayuda hablar con alguien que ha estado en su situación. Cuando se comunica al Centro de Información de Salud “Familia a Familia” de Oregon, se conecta con un miembro de familia con experiencia como la de usted. Ofrecemos información, educación y recursos en cualquier lugar del estado. Se le puede ayudar a entender y navegar los sistemas que sirven a su hijo.

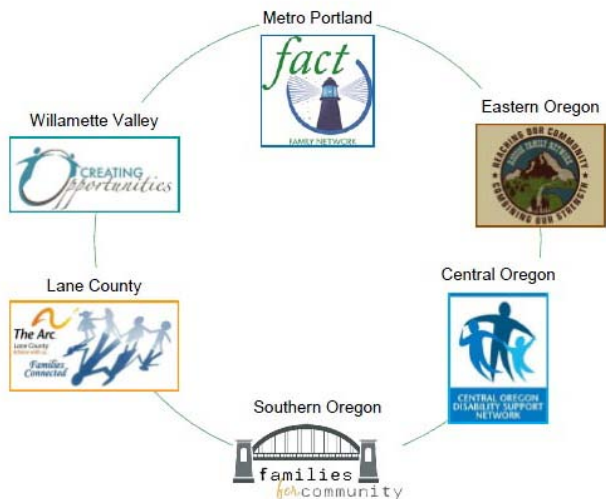
Llame a los contactos que siguen para ayuda: El área de Medford/Swindells Center: Kathy Keese, 541-732-5958
Las otras áreas del estado de Oregon: Teresa Gómez, 1-855-323-6744

Oregon’s Family Networks: Helping Families Connect, Find Strength, and Thrive!

There are six family-driven organizations that are working hard all around the state to connect families and build communities for children and youth who experience disability. Each was founded and is directed by parents of children with special needs, and believe that:

- Family knowledge, strength and diversity must be recognized
- Family and community are connected—each helping to build the other
- Communities that embrace families with children with disabilities will be stronger communities for all

In the fall, two new Family Networks will come to Oregon. Each of these networks creates opportunities for families to connect in many ways such as through fun activities in the community, one-to-one conversations, small group conversations, or through learning/training activities. Contact the Family Network in your area for more information.



The Oregon Consortium of Family Networks is a project of the Oregon Council on Developmental Disabilities and the Office of Developmental Disability Services.



16th UCP Family Conference on Cerebral Palsy and Developmental Disabilities

October 24-25, 2014 ◆ Embassy Suites, Portland Airport Hotel

For more information about the UCP conference, please contact Susan at 503-777-4166 x 332 or email scushman@ucpaorwa.org, or visit:

<http://acomunityforeveryone.org/our-services/family-support/conference>



Community Resources, Trainings & Events



The Center for Adoption Support and Education *Strengthening Your Family Webinar Series*

301-476-8525 ♦ 703-425-3703 ♦ caseadopt@adoptionsupport.org

Strengthening Your Family is designed to help foster and adoptive families learn valuable skills to build strong families. Thanks to Jockey Being Family/Jockey International, the first 150 registrations for each month's webinar are FREE! The offer expires after the first 150 registrations have been filled. Thereafter, regular registration fee is \$25.00. Register ONCE and receive EXTENDED ACCESS to attend each webinar. The first LIVE broadcast will be recorded and then made available during a series of days during the week following each webinar. Registration for any webinar in the *Strengthening Your Family* Webinar Series includes this extended access.

<i>Identity Matters: Becoming a Multi-racial Family</i>	October 16, 2014
<i>Same Family, Different Stories: Siblings in Complex Blended Families</i>	November 20, 2014
<i>Effective Communication with Adopted Teens: Beneath the Mask (Part 2)</i>	January 22, 2015
<i>What Prospective and Adoptive Families Should Know about Fetal Alcohol Syndrome Disorder</i>	February 19, 2015
<i>Desperately Seeking Attachment: Parenting Traumatized Children and Teens (Part 1)</i>	March 19, 2015
<i>Desperately Seeking Attachment: Parenting Traumatized Children and Teens (Part 2)</i>	April 16, 2015
<i>Search and Reunion in Domestic and International Adoption</i>	May 14, 2015
<i>Relating to Relatives: Adoption and the Extended Family</i>	June 18, 2015



Autism Society of Oregon (ASO)
PO Box 396, Marylhurst, OR 97036
☎ 1-888-288-4761 ♦ ✉ info@autismsocietyoregon.org
🌐 www.autismsocietyoregon.org

Oregon has one of the highest rates of autism in the U.S. If you haven't already, you will meet someone with autism. People with autism want to lead fulfilling lives and make a meaningful contribution to society. Together, we can make that happen. Visit www.autismsocietyoregon.org for more information about ASO and support groups in Oregon.

<i>Young Adults with ASD: 2nd Tuesday, young adults</i>	SW Portland.....	09/09, 10/14, 11/11, 12/09
<i>Girl Power Support Group: 3rd Saturday, girls 10+ with any disability</i>	SE Portland.....	09/16, 10/18, 11/15
<i>Teen Girls Support Group: 1st & 3rd Sundays, girls 14-16 looking for acceptance</i>	SW Portland.....	09/21, 10/05, 10/19, 11/02, 11/16
<i>Sibling Support Group: 1st Saturday, brothers & sisters of children on autism spectrum</i>	SE Portland.....	10/04, 11/01, 12/06, 01/03



The Children's Program Fall 2014 Trainings

To register call 503-977-0877 or visit www.childrensprogram.com ♦ 7707 SW Capitol Highway, Portland, OR 97219

<i>Parenting Your Active & Reactive 4-6 Year Old Class</i>	Wed., 10/01-01/07 (Parent); Thu., 10/02-01/08 (Parent & Child)
<i>The Right M.O.V.E.S.: Guidelines for Successful Parenting</i>	Wednesday, 10/08;
<i>Beginners AD/HD Group for Ages 7-12</i>	10/13 & 12/08 (Parent); Thursdays, 10/16-12/11 (Student)
<i>Pay Attention to Attention Group</i>	10/21 & 01/06 (Parent); Tuesdays, 10/28-12/16 (Student)
<i>Workshop for College-bound Student & Parents</i>	10/20 (Parent); 10/27 (Student); 11/03 (Parents & Students)
<i>Stress Reduction & Devel. Emotionally Intelligent Children</i>	Wednesdays, 10/15, 10/22, 10/29, 11/05, 11/12 (Parent)
<i>Social Media & Middle Schoolers: What Every Parent Should Know</i>	Wednesday, 11/12
<i>Anger Management Strategies for Parents of Elementary Schoolers</i>	Saturday, 11/08
<i>Beyond Flash Cards: How Parents Can Help Children Master Math Facts</i> ...	Saturday, 11/08
<i>Skills for School Success 6-7-8-9th Graders</i>	Mondays, 11/17, 12/01, 12/15 (Parent & Student)
<i>Strategy Games Class Ages 9-12</i>	Mondays, 11/17, 11/24, 12/01, 12/08, 12/15, 01/05
<i>De-Stress & Chill: Stress Reduction for Middle School Girls</i>	11/19 (Parent); 8 Wednesdays, 12/03/2014-02/04/2015 (Student)



Parent Support Groups



METROPOLITAN REGION (MULTNOMAH COUNTY)

- **ADHD Parent Support Group**, Providence St. Vincent Hospital, *Stumptown CHADD*, info@stumptownCHADD.org. Open to anyone, regardless of membership.
- **Adoption Support Group**, Midtown DHS Branch, *Sponsored by DHS Multnomah County*, Rene Hendricks @ 971-673-1866 or Donna Thomas @ 971-673-2087. No childcare is available.
- **Adult Adoptee Discussion Group**, SE Uplift, *Sponsored by Adoption Mosaic*, info@adoptionmosaic.org. Movies and discussion about issues relevant to adult adoptees. \$15 donation requested.
- **Gimme a Break (GAB) Support Group**, United Cerebral Palsy Association, Susan Cushman @ 503-467-0332, scushman@ucpaorwa.org. For parents of children with Cerebral Palsy.
- **Grandparents Raising Grandchildren**, Ockley Green, *Grandparent-led*, Carollyn Smith @ 503-515-9598 or Patricia Price @ 503-282-6312. Advocacy-based parenting.
- **LGBTQ Adoptive Parent Support Group**, *Sponsored by Adoption Mosaic*, info@adoptionmosaic.org. Support group meets quarterly. Meetings will address common questions that prospective adoptive parents ask at different points in the process of adopting with a focus on LGBTQ interests, as well as the challenges of the new LGBTQ family constellation.
- **Process Group for Adult Adoptees**, NE Portland, *Sponsored by Adoption Counseling & Educational Services (ACES)*, Lori Charlish @ 503-407-4684, loricharlish@gmail.com. Teaching/discussion/support group.
- **Talk it Over**, Portland and Gresham locations, *Sponsored by Trillium Family Services*, Margaret Puckette @ 503-289-7797. For parents of children or teens with mental illness, substance abuse, or serious behavior problems.

EASTERN REGION

- Crook:**
- **Parents Helping Parents Support Group**, Prineville, *Oregon Family Support Network (OFSN)*, Hillary Harrison @ 541-740-6306. Parents of children with mental, emotional & behavioral issues.
- Deschutes:**
- **Parents Helping Parents Support Group**, Bend, *Oregon Family Support Network (OFSN)*, Hillary Harrison @ 541-740-6306. Parents of children with mental, emotional, and behavioral issues.
- Hood River:**
- **Hood River Foster/Adopt Support Group**, Hood River, *Sponsored by DHS*, Sue Lissman @ 541-565-3014, susan.lissman@state.or.us or Ranee Staska @ 541-386-2962 x226, raanee.staska@state.or.us. No childcare is available.
- Umatilla:**
- **Foster and Adoptive Parent Support Group of Umatilla County**, *Parent-led*, Irish Howard @ 541-656-5591 or email yazalala@hotmail.com. On-site childcare is available.
 - **Special Needs Families Connect**, Pendleton, *Families Connect*, 541-377-0790, familiesconnect@zoho.com. Listen, talk, support, share. Information for parents of children with special needs. Childcare is available.

SOUTHERN REGION

- Jackson:**
- **Jackson County Adoptive Parent Support Group**, Medford, *Sponsored by DHS*, Deborah Collins @ 541-864-8710, deborah.collins@state.or.us. No childcare is available.
- Josephine:**
- **Grandparents as Parents (GAP)**, Grants Pass, *Josephine County Lifespan/Rogue Valley Council of Governments/Boys and Girls Club*, Jackie Hall @ 541-479-9407. Childcare is available.
- Klamath:**
- **Grandparents as Parents and Kinship Caregivers Support Group of Klamath Falls**, Klamath Falls, *Parent-led*, Lloyd King @ 541-891-0268, lloydking1937@gmail.com. Childcare available.
 - **Autism Society of Oregon**, Jenny Schoonbee @ 503-327-9228 or Stacy Cayce @ 503-407-2879, asoregion8@gmail.com.
- Lane:**
- **Adoption Connections of Oregon (ACO)**, Eugene, *Parent-led*, Marlene Drescher @ 541-342-5591, aco@peak.org. Family support and community education.
 - **Eugene/Springfield Newer Foster Parent Support Group**, Springfield, *Parent-led*, Tiffany Olsen @ 541-744-7977. Open to all foster and adoptive parents.
 - **Foster and Adoptive Parent Association of Lane County (FAAPA of Lane County)**, Eugene, *Parent-led*, Debbie Albright @ debbiealbright8@gmail.com. Membership not required to attend.



Parent Support Groups



WESTERN REGION

- Benton:**
 - **Linn/Benton Adoption Support Group**, Albany, Sponsored by *DHS*, Sarah Davis @ 541-791-5731, sarah.c.davis@state.or.us. Current and prospective adoptive parents. RSVP for childcare.
- Clackamas:**
 - **Adoption Support Group**, North Clackamas DHS Branch, *Sponsored by DHS*, Beth Girard @ 503-731-4096.
 - **Foster Parent Support Group**, Oregon City DHS Branch, *Sponsored by DHS*, Suzanne and Tom Sager, 503-319-5393/503-630-5377, sagersuzanne@aol.com. Foster, relative caregiver and adoptive parents.
- Clatsop:**
 - **Clatsop County Foster/Adopt Support Group**, *Sponsored by DHS*, Suzanne Vermuel-Wilson @ 503-325-9179 x 328 or Sarah Dielman @ 503-325-9179 x213. No childcare.
 - **Family to Family Support Group**, Seaside Library, *National Alliance on Mental Illness (NAMI)*, Mayra @ 503-738-6165. Families and caregivers raising a relative with mental illness.
 - **Support Group for Caregivers of Children with Disabilities**, North Coast Family Fellowship, *Autism Society of Oregon*, Brandi Lindstrom @ 503-791-1678. Families of children with special needs.
- Marion:**
 - **Adopting Oregon's Kids "A-OK" Support Group**, *Parent-led*, Human Services Building, Roberta Lincoln @ 503-947-5214. No childcare available.
 - **Marion County Adoption Support Group**, Salem DHS Branch, *Sponsored by DHS*, Erma Brundidge @ 503-378-4784, erma.s.brundidge@state.or.us or Kem Sunitsch @ 503-378-5289, kem.sunitsch@state.or.us.
 - **Relatives as Parents Support Group**, Keizer, *NW Senior & Disability Services*, Suzy Deeds at 503-304-3429 or Julie Mendez @ 503-304-3432. Grandparents and relatives raising children.
- Washington:**
 - **PSP – Special Education Focused Support Group**, Hillsboro, *Stumptown CHADD*, 2100 NE Lincoln Street, First Tuesday of each month.
 - **Washington County Adoption Support Group**, Beaverton DHS Branch, *Sponsored by DHS*, Jennifer Ricks @ 503-277-6658. Childcare provided.
 - **Washington County Family Group (New)**, First meeting on Saturday, October 4, 10:00 am-12:00 pm, Evelyn M. Schiffler Memorial Park, Contact Angie Kolbet @ 503-626-6271 for more information.
- Yamhill:**
 - **A Peer to Peer Parenting Group...Collaborative Problem Solving**, McMinnville and Newberg locations, *Oregon Family Support Network (OFSN)*, Jan Urton @ 503-435-9107 or 503-434-7462. Workshops and groups for parents of children with challenging behaviors.
 - **Adoptive and Foster Parent Support Group**, McMinnville, *Parent-led*, Misty @ 503-537-7627. Speaker arranged to present every month.
 - **Collaborative Problem Solving Support Group**, McMinnville and Newberg locations, *Oregon Family Support Network (OFSN)*, www.midvalleyparenting.org. CPS support groups for parents/caregivers of children with challenging behaviors.
 - **Parents Caregiver Support Group**, Newberg, *Faith in Action*, Deanna Vandenhoeck @ 503-537-1471, deana.vandenhoeck@providence.org. Parent and guardians of children who experience special needs.

GRUPOS DE APOYO PARA PADRES DE CRIANZA Y PADRES ADOPTIVOS

- Clackamas:**
 - **Grupo de apoyo para Padres de Crianza y Padres Adoptivos**, Oregon City, *Patrocinado por el DHS*, Comuníquese con Marta Maben al número 971-673-7013 o Aurora Pulido al número 503-731-4037. Cuidado de niños (guardaría) está disponible.
- Multnomah:**
 - **Grupo de Apoyo y Entrenamientos en Español para Padres de Crianza**, Portland, *Patrocinado por el DHS*, Comuníquese con Irene Phipps al número 971-673-1838. Cuidado de niños (guardaría) está disponible.
- Washington:**
 - **Grupo de apoyo para Padres de Crianza y Padres Adoptivos**, Hillsboro, *Patrocinado por el DHS*, Comuníquese con Sharon Espinal o Lupe Huerta al número 503-681-6924.