

Federal Adoption Tax Credit for Special Needs Adoptions



Good news for families who adopted children from the foster care system is that there is some tax relief called the Federal Adoption Tax Credit for Special Needs Adoption. This is a one-time paid credit for the year the adoption was finalized. For adoptions finalized in 2011, the adoption tax credit is \$13,360 *for each adopted child*. In 2010, the Adoption Tax Credit became refundable and families who finalized their adoption in 2010 or 2011 are able to use the full credit regardless of their tax liability. Families who adopted special needs children from 2005 to 2009 can carry the adoption tax credit forward into 2011, so they too can benefit from this refund (amount of the tax credit is based on the year the adoption finalized).

The IRS has released Form 8839 and its instructions which are necessary to claim the credit. The IRS has also created a special page for the adoption tax credit and plans to post more information as necessary at:

www.irs.gov/formspubs/article/0,,id=235825,00.html

We encourage families to consult with their tax preparer, contact ORPARC, or contact the North American Council on Adoptable Children (NACAC) with further questions. There is more information about the Adoption Tax Credit available at www.orparc.org, "Announcements." NACAC has additional information available for download at www.nacac.org. You may also contact NACAC at 1-800-470-6665 or email taxcredit@nacac.org. *NOTE: Neither ORPARC nor NACAC are tax professional organizations and information provided by them should not be considered to be legal or tax advice.*

Possible extension of Adoption Assistance & Guardianship Assistance benefits past age 18 for children meeting specific criteria

As a result of legislation passed by the 2011 Oregon Legislative Assembly which went into effect October 1, 2011, children in one of the two following categories may be eligible to continue receiving adoption or guardianship assistance benefits, including subsidy payments and medical coverage, up to the age of 21.

- At the time of the child's 18th birthday, he or she qualified as an individual with developmental disabilities as determined by the *DHS Developmental Disabilities Services*, or if living in a state other than Oregon, is qualified by an equivalent program in that state; or the child qualifies for Supplemental Security Income (SSI) through the Social Security Administration, or
- The child's initial adoption assistance or guardianship assistance agreement went into effect on or after the child's 16th birthday and at the age of 18 the child is still completing secondary school; is enrolled in post-secondary or vocational school; is participating in a program or activity that promotes or removes barriers to employment; is employed for at least 80 hours per month; or is determined incapable of meeting the listed educational or employment requirements due to a documented medical condition, physical or mental disability.

Adoptive and guardian families will receive notification of the opportunity to apply for extended benefits from the DHS prior to their child's 18th birthday. **Documentation of the child's qualifying eligibility must be provided to the DHS, Adoption Assistance or Guardianship Assistance Program prior to the child's 18th birthday.** For more information, contact an Adoption or Guardianship Assistance Coordinator, according to the first letter of the family's last name:

Adoption Assistance

Guardian Assistance

A-C Rebecca Luckman—503-945-6729..... A-G
 D-G Scott Wickline—503-947-5311..... H-P
 H-L Lorri Harris—503-945-6632 Q-Z
 M-R Gayle Bien—503-947-5370
 S-Z Cathy Reeves—503-945-5685



Grandparent Retreats & Resources



Portland

6th Annual Grandparents Raising Grandchildren Retreat

Friday, May 11, 2011 ♦ 9:00 a.m. to 2:30 p.m.

Gethsemane Lutheran Church

11560 SE Market Street, Portland, OR 97216

This **FREE** event provides educational workshops and a place for grandparents to gather together. The event is open to grandparents, and other relatives, age 55 and over, raising children age 18 and younger. The event is sponsored by Multnomah County Aging and Disability Services' Family Caregiver Support Program. Please note that due to budget cuts, we are unable to offer childcare this year. For additional information, call Loriann McNeill at 503-988-3620 ext. 26263 or email Cynthia Traylor at cynthia.traylor@multco.us.

Salem

9th Annual A Gift of Time Retreat

A weekend retreat for family caregivers and grandparents as parents raising their children's children

Friday thru Sunday, September 7-9, 2011

Macleay Christian Retreat, Salem, OR

A Gift of Time is a weekend retreat for those who have put their lives on hold to care for a loved one. Join others in similar situations for self-renewal, education and a break. Attendees have a chance to relax, meet new people and perhaps reconnect with old friends, attend educational seminars, listen to music, visit resource tables, receive a massage and enjoy wonderful meals all in a delightfully peaceful setting. Contact Janice Wolcot at 503-831-5593 or email agiftoftimeoforegon@gmail.com.

Day Dreams and Night Sweats

Blog Post at www.joancallander.com ♦ © 2011 Joan Callander

When a social worker closes the files on your grandchild because custody has been awarded to you it probably goes into storage and they move on to the million other cases that need their attention. Parents of addicts and alcoholics can't slap a file shut and move on because a piece of your heart always loves, always hurts for your children regardless of what they have done or are continuing to do.

Everyday you see them in the faces, bodies and body language of their kids.

Everyday you wonder where they are...praying they are alive and that you won't pick up the phone or read in the paper that they are in jail, or that they killed someone by selling them meth, or hitting them while driving under the influence or robbing them to pay for their habit.

Everyday you forgive them for the hurt they caused you and struggle to not judge them because their kids are the ones suffering.

Some days you're angry when your grandchild is crying because they miss their mom or dad, or because they're afraid one of them is going to come and physically hurt them again.

Some days you wish you could afford a vacation instead of paying another attorney, another doctor, another counselor.

Some days you wish you'd answered the phone instead of your grandchild when the collect call was made asking you to post bail.

Some days you soak in the sweet sounds of, "I love you."

Occasionally you spend a whole day without crying, without being angry, without being sad.

Occasionally you let yourself wish that your holidays were like Hallmark ads or that you could spend your social security check on an adult vacation—not on college or car insurance or jeans.

Occasionally you pretend that your heart isn't breaking because your son or daughter is trying to stay sober and can't find a job. That you haven't changed.

Always we give thanks because your grandkids are now your kids. Because you know sobriety is always possible—even if relapses are probable. Because the new you is a better, more compassionate and less self-centered you. Because tomorrow makes you smile.

Joan Callander, author of ***Second Time Around: Help for Grandparents Who Raise Their Children's Kids***, adopted her grandson, Chad, whose birthparents have had problems with drugs and alcohol. Chad struggled with Post Traumatic Stress Syndrome as a result of physical abuse but is now a happy, well-adjusted sophomore in college and together they are writing a book to help other families broken apart by addictions. Check out Joan's blog and website at www.joancallander.com or email her directly at callander3@comcast.net.

ORPARC Trainings

Visit www.orparc.org for updates

Provided in collaboration with Providence Child Center and Cascadia Training

ORPARC trainings are **free of charge** to DHS adoptive, foster and assisted guardianship families, and DHS/SNAC adoption professionals.

Nature and Nurture of the Brain & Sleep and Brain Executive Function



Presented by Dr. Julian Davies, The Center for Adoption Medicine, University of Washington

Wednesday, **April 4, 2012** ♦ 9:00 am to 4:00 pm
Department of Human Services
4600 25th Avenue NE, **SALEM**, OR 97301

This training combines: brain development, sleep & executive brain functions. First, how nature and nurture interact to shape brain development, the neurobiology of relationships and behavior, and how brain plasticity imparts risk and resilience, with an emphasis on intervention. Next, sleep physiology, why sleep is important, and how many of the prenatal and environmental factors impacting children can interfere with sleep will be reviewed. Finally, how the brain functions, specifically higher order learning, referred to as "executive functioning." Dr. Davies, Clinical Professor of Pediatrics at the University of Washington, co-directs the Center for Adoption Medicine.

- ✓ Register at www.providence.org/classes. Call ORPARC at 1-800-764-8367 or orparc@nwresource.org for registration questions.
- ✓ Light snacks provided; Lunch is "on your own" from 12:00 noon to 1:30 p.m.; a cafeteria is on-site.
- ✓ 5.5 Continuing Education Units (CEUs) are available at a cost of \$25.00 for professionals (see "Professionals" below).

TWO-PART TRAINING SERIES IN REDMOND

Parents are welcome to attend part 1 or part 2 of the training series or both trainings

Part 1: Navigating Family Connections

Friday, **April 13, 2012** ♦ 6:00 to 9:00 p.m.
1135 SW Highland Avenue, **Redmond**, OR 97756

Adopted children need to know who they are and where they came from. At the same time, it is the role of adoptive parents to provide safety and protection for their children, especially when they may have had traumatic pasts. This training will offer ways to balance safety with a child's need to connect with their "first" family. The training will offer a summary of the common challenges and roadblocks involved, along with the potential impact of social media on these family connections.

Part 2: Collaborative Problem Solving

Saturday, **April 14, 2012** ♦ 9:00 a.m. to 1:00 p.m.
1135 SW Highland Avenue, **Redmond**, OR 97756

Collaborative Problem Solving (CPS) alleviates meltdown behavior as adults and kids solve problems together in mutually satisfying ways that reduce conflict. Dr. Ross Greene, author of *The Explosive Child* (4th Ed.) developed CPS specifically for children who are inflexible or intolerant, and prone to explosiveness. Join us as we explore reasons *why* children become easily frustrated; *how* to work through the frustrating moments; *when* to intervene; and *what* proactive approaches work in preventing explosive behavior.

Register by contacting ORPARC at 1-800-764-8367 or email orparc@nwresource.org



The Misunderstood Child

Understanding Sensory Processing Disorder

Presented by Sharron Donnelly, MS, OTR/L

Tuesday, **May 29, 2012** ♦ 5:30 to 8:30 p.m.
St. Vincent Medical Center Auditorium
9205 SW Barnes Road, **PORTLAND**, OR 97225

- ✓ Register at www.providence.org/classes a month prior
- ✓ 3.0 Continuing Education Credits are available at a cost of \$25.00 for professionals (see below)

Monday, **June 11, 2012** ♦ 5:30 to 8:30 p.m.
Columbia Gorge Community College
Lecture Hall, 3rd Floor, Building #2
400 East Scenic Drive, **THE DALLES**, OR 97058

Depending on the training, others may attend trainings for minimal charge or on a space available basis. Trainings are held in accessible locations. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Foreign language interpretation available upon request. Request these services two weeks in advance.

Professionals: Register at the Providence website for the 04/04, 05/29 and 06/11 trainings. Contact ORPARC at orparc@nwresource.org or 1-800-764-8367 to request Continuing Education Credits (\$25 fee collated at the training). *NWRA/Cascadia Training is a NBCC Approved Continuing Education Provider (Provider #: 6575). This workshop is approved by the NASW, Washington State Chapter (recognized by Oregon State Chapter) for Licensed Social Workers, Licensed Marriage and Family Therapists and Licensed Mental Health Counselors. (Provider number #1975-118).*



Community Partner Trainings & Events



Center for Improvement of Child and Family Services PSU Child Welfare Partnership ♦ www.cwpsalem.pdx.edu

METROPOLITAN REGION: Metro Training Line: 971-673-1822 / Línea de entrenamiento: 971-673-1822

April 9	<i>Managing Difficult Behaviors in Young Children</i>	July 28	<i>Behavior Crisis Management Training (2 days)</i>
18 de abril	<i>Ayudando a los Niños con las Visitas [Español]</i>	August 8	<i>Executive Functions: Stop, Look and Listen</i>
April 27-28	<i>Behavior Crisis Management Training (2 days)</i>	August 25	<i>CPR and First Aid</i>
May 11	<i>CPR and First Aid</i>	September 10	<i>Strategies in Successful Fostering</i>
May 21	<i>Fun and Creative Parenting</i>	September 26	<i>Facilitating Developmental Attachment</i>
June 6	<i>Caring for the Sexually Abused Child</i>	29 de septiembre	<i>Primeros Auxilios [Español]</i>
July 21	<i>Creating Positive Behaviors in Teens</i>	October 3	<i>Adoption Issues Throughout Life</i>

SOUTHERN REGION

April 7	<i>CPR and First Aid</i>	Medford	541-776-5120 x 224, jennifer.neill@state.or.us
April 10	<i>Caregivers and Caseworkers Teaming</i>	Springfield	541-726-6644 x 2226, tammie.k.harris@state.or.us
April 14	<i>CPR and First Aid</i>	Roseburg	541-464-2077, jody.l.meza@state.or.us
April 17	<i>Fetal Alcohol Spectrum Disorder Fundamentals</i>	North Bend	541-756-5500 x 251, frannie.mcmahon@state.or.us
May 7	<i>Caregivers and Caseworkers Teaming</i>	Grants Pass	541-474-3120 x 375, kyndra.burdiss@state.or.us
May 15	<i>Fetal Alcohol Spectrum Disorder Fundamentals</i>	North Bend	541-756-5500 x 251, frannie.mcmahon@state.or.us
May 16	<i>CPR and First Aid</i>	Springfield	541-726-6644 x 2226, tammie.k.harris@state.or.us
June 2	<i>Adoption Issues Throughout Life</i>	Klamath Falls	541-850-3650, denise.reyes@state.or.us
June 7	<i>Parenting Children w/ ADD/ADHD Advanced</i>	Roseburg	541-464-2077, jody.l.meza@state.or.us
June 19	<i>Enhancing Teen Attachment</i>	Lakeview	541-947-2273 x 329, lori.j.johnson@state.or.us
June 20	<i>Caring for the Sexually Abused Child</i>	Medford	541-776-5120 x 224, jennifer.neill@state.or.us
July 2	<i>Executive Functions: Stop, Look and Listen</i>	Klamath Falls	541-850-3650, denise.reyes@state.or.us
July 16	<i>Fun and Creative Parenting</i>	Roseburg	541-464-2077, jody.l.meza@state.or.us
July 25	<i>Managing Difficult Behaviors in Young Children</i>	Medford	541-776-5120 x 224, jennifer.neill@state.or.us
August 7	<i>Ten Tips for Parenting Teens</i>	Springfield	541-726-6644 x 2226, tammie.k.harris@state.or.us
August 14	<i>Methamphetamine Endangered Children</i>	Roseburg	541-464-2077, jody.l.meza@state.or.us
August 15	<i>BCMT Follow-Up</i>	Springfield	541-726-6644 x 2226, tammie.k.harris@state.or.us
August 21	<i>Methamphetamine Endangered Children</i>	North Bend	541-756-5500 x 251, frannie.mcmahon@state.or.us
August 22	<i>Facilitating Developmental Attachment</i>	Medford	541-776-5120 x 224, jennifer.neill@state.or.us
September 6	<i>Thriving in Stressful Times</i>	Grants Pass	541-474-3120 x 375, kyndra.burdiss@state.or.us
September 18	<i>Memory: Development & Stimulation</i>	Springfield	541-726-6644 x 2226, tammie.k.harris@state.or.us

EASTERN REGION

April 2	<i>Helping Children with Visitation</i>	Prineville	541-447-6207, jeanine.hilburn@state.or.us
April 3	<i>Child Development: Tweeners through Teen Years</i>	Boardman	541-481-2093 x 224, monica.l.gilbertson@state.or.us
April 14	<i>Motivating Youth to Make Positive Changes</i>	Hermiston	541-564-4493, irma.deanda@state.or.us
April 17	<i>Executive Functions: Stop, Look and Listen</i>	Baker City	541-523-6423 x 527, sandi.baer@state.or.us
April 18	<i>Collaborative Problem Solving</i>	Ontario	541-889-9194 x 328, andrea.j.lockner@state.or.us
April 19	<i>Collaborative Problem Solving</i>	John Day	541-575-0728 x 248, sarah.hatfield@state.or.us
April 24	<i>Memory: Development & Stimulation</i>	Hood River	541-386-2962 x231, amanda.l.richardson@state.or.us
May 7	<i>Caring for the Sexually Abused Child</i>	Bend	541-693-8938, laura.j.eaton@state.or.us
May 15	<i>Early Childhood & Brain Development</i>	La Grande	541-963-8571 x 426, susan.lemon@state.or.us
May 18-19	<i>Behavior Crisis Management Training (2 days)</i>	Redmond	541-447-6207, jeanine.hilburn@state.or.us
May 22	<i>Strategies in Successful Fostering</i>	The Dalles	541-506-5222, jennifer.r.garner@state.or.us
May 24	<i>Supporting Children Exposed to Domestic Violence</i>	Pendleton	541-966-0855, lidwinner.machado@state.or.us
July 26	<i>Adoption Issues Throughout Life</i>	Bend	541-693-8938, laura.j.eaton@state.or.us
September 6	<i>Facilitating Developmental Attachment</i>	Hermiston	541-564-4493, irma.deanda@state.or.us
September 10	<i>Methamphetamine Endangered Children</i>	Madras	541-325-5580, roya.leriche@state.or.us
September 15	<i>Behavior Crisis Management Training (2 days)</i>	Ontario	541-889-9194 x 328, andrea.j.lockner@state.or.us
September 18	<i>Helping Children with Visitation</i>	La Grande	541-963-8571 x 426, susan.lemon@state.or.us
September 25	<i>Supporting Children Exposed to Domestic Violence</i>	Hood River	541-386-2962 x231, amanda.l.richardson@state.or.us



Community Partner Trainings & Events



Trainings by Center for Improvement of Child and Family Services *Continued*

WESTERN REGION

April 10	<i>Transitioning Children with Sensitivity</i>	Beaverton	503-277-6673, madeline.hodge@state.or.us
April 11	<i>Caregivers and Caseworkers Teaming</i>	Salem	503-378-4784, erma.s.brundidge@state.or.us
April 12	<i>Facilitating Developmental Attachment</i>	Albany	541-791-5731, sarah.c.davis@state.or.us
April 12	<i>Memory: Development & Stimulation</i>	Oregon City	971-673-7361, julia.buzzard@state.or.us
14 de abril	<i>Primeros Auxilios [Español]</i>	Hillsboro	503-681-6984, sharon.s.espinal@state.or.us
April 17	<i>Managing Difficult Behaviors in Young Children</i>	Albany	541-791-5731, sarah.c.davis@state.or.us
May 4	<i>Facilitating Developmental Attachment</i>	Oregon City	971-673-7361, julia.buzzard@state.or.us
May 5	<i>CPR and First Aid</i>	McMinnville	503-474-5606, greg.reichenberger@state.or.us
May 10	<i>Strategies in Successful Fostering</i>	St. Helens	503-366-8340, julie.a.nix@state.or.us
May 23	<i>Child Development: Tweeners through Teen Years</i>	Salem	503-378-4784, erma.s.brundidge@state.or.us
June 2	<i>Trauma Informed Parenting</i>	Dallas	503-623-3030 x 225, april.barrett@state.or.us
June 4-5	<i>Behavior Crisis Management Training (2 days)</i>	Beaverton	503-277-6673, madeline.hodge@state.or.us
June 7	<i>Motivating Youth to Make Positive Changes</i>	Salem	503-378-4784, erma.s.brundidge@state.or.us
June 16	<i>CPR and First Aid</i>	Albany	541-791-5748, dan.l.benson@state.or.us
June 22	<i>Strategies in Successful Fostering</i>	Oregon City	971-673-7361, julia.buzzard@state.or.us
July 10	<i>Trauma Informed Parenting</i>	Beaverton	503-277-6673, madeline.hodge@state.or.us
July 19	<i>Understanding & Responding to Sexual Behaviors</i>	St. Helens	503-366-8340, julie.a.nix@state.or.us
August 16	<i>Parenting a Child with Autism Spectrum Disorder</i>	Salem	503-378-4784, erma.s.brundidge@state.or.us
September 11	<i>Educational Rights of Children</i>	Beaverton	503-277-6673, madeline.hodge@state.or.us
September 11	<i>Parenting to a Child's Temperament</i>	McMinnville	503-474-5606, greg.reichenberger@state.or.us
September 13	<i>Understanding & Responding to Sexual Behaviors</i>	Salem	503-378-4784, erma.s.brundidge@state.or.us
September 22	<i>Motivating Youth to Make Positive Changes</i>	Newport	541-265-8557 x 224, debora.veronneau@state.or.us
September 25	<i>Parenting Children with ADD/ADHD</i>	Albany	541-757-4121 x 230, randall.p.heiken@state.or.us
26 de septiembre	<i>Transiciones: Moviendo Niños con Sensibilidad [Esp.]</i>	Hillsboro	503-681-6984, sharon.s.espinal@state.or.us
September 27	<i>Loss and Grief</i>	St. Helens	503-366-8340, julie.a.nix@state.or.us

NETLINK TRAININGS View NetLink training instructions at www.orparc.org or <https://dhslearn.hr.state.or.us>

<i>Parenting to a Child's Temperament</i>	8:30 a.m. to 12:00 p.m.	Thursday, April 5
<i>Child Development: Tweeners through the Teen Years</i>	5:30 p.m. to 9:00 p.m.	Tuesday, April 10
<i>Making the Most of Caseworker 30-day Visit</i>	8:30 a.m. to 12:00 p.m.	Thursday, May 3
<i>Caregivers and the Juvenile Court</i>	5:30 p.m. to 9:00 p.m.	Thursday, May 17
<i>Fomentando el Apegamiento Saludable [Español]</i>	5:30 p.m. to 9:00 p.m.	Jueves, 31 de mayo
<i>Managing Difficult Behaviors in Young Children</i>	5:30 p.m. to 9:00 p.m.	Tuesday, June 12
<i>Fomentando el Apegamiento Saludable [Español]</i>	5:30 p.m. to 9:00 p.m.	Miércoles, 13 de junio
<i>The Connection: The Child and the Birth Family</i>	8:30 a.m. to 12:00 p.m.	Thursday, June 21
<i>Transitioning Children with Sensitivity</i>	8:30 a.m. to 12:00 p.m.	Thursday, July 19
<i>Internet Safety for Caregivers</i>	5:30 p.m. to 9:00 p.m.	Thursday, July 19
<i>Relative Caregivers</i>	8:30 a.m. to 12:00 p.m.	Thursday, August 2
<i>Educational Rights of Children</i>	5:30 p.m. to 9:00 p.m.	Tuesday, August 14
<i>Los Parientes Como Cuidadores [Español]</i>	5:30 a 9:00 de la noche	Jueves, 30 de agosto
<i>Los Parientes Como Cuidadores [Español]</i>	5:30 a 9:00 de la noche	Miércoles, 5 de septiembre
<i>Helping Children with Visitation</i>	8:30 a.m. to 12:00 p.m.	Thursday, September 6
<i>Common Mental Health Disorders in Teens</i>	5:30 p.m. to 9:00 p.m.	Thursday, September 20

2012 Summer Camp Guide

ORPARC is currently composing our 2012 Summer Camp Guide which will be available for viewing/downloading at www.orparc.org in May 2012. If you would like to receive a hard copy of the guide, please contact us at 503-241-0799 (Portland metro), 1-800-764-8367 or e-mail ORPARC at orparc@nwresource.org.



Newsletter via email?

If you would like to receive our newsletter and mailings via email, please call us or email orparc@nwresource.org with your name, address and email. Download the complete newsletter at www.orparc.org.



Community Partner Trainings & Events



Oregon Parent Training and Information Center (OrPTI) is now a program under the umbrella of the Oregon r.i.s.e. Center. Please visit www.oregonrisecenter.org for more information about trainings and events.

2288 Liberty Street NE, Salem, OR 97301
503-581-8156 ♦ 1-888-505-2673 (toll-free)
503-391-0429 (fax)
1-888-891-6784 (Special Ed Help Line)
info@oregonrisecenter.org (email)

23rd Annual r.i.s.e. Parent Conference April 27 & 28, 2012

Sheraton Portland Airport Hotel
8235 NE Airport Way
Portland, OR 97220
1-888-505-2673 ext. 212
www.oregonrisecenter.org

If you are a parent, grandparent, foster parent, or a professional raising or supporting a child or youth with a disability ages birth to 26 years old, this conference has something for you. The primary purpose of this conference is to bring together parents, educators, and health professionals in an atmosphere of cooperation and exploration. The conference program will address issues that intend to expand the capacity of schools and communities, working in partnership with parents and professionals. To promote the partnership of nurturing and advocating for children, youth and young adults with disabilities, with a positive focus on their abilities. The annual r.i.s.e. conference promotes an atmosphere for parents and other professionals with similar interests to interact, to develop partnerships of confident parents and sensitive professionals. Scholarships for parents available through the Oregon r.i.s.e. Center.

Date	Training/Workshop	City	Contact
April 5	<i>ADHD and Aspergers</i>	Corvallis	tpaul@oregonrisecenter.org
April 19	<i>Are We There Yet? High School Transition</i>	Albany	tpaul@oregonrisecenter.org
May 3	<i>IEP Goals: Are Your Child's Adequate and Appropriate?</i>	Albany	tpaul@oregonrisecenter.org
May 10	<i>Nothing is Delayed about Puberty!</i>	Tillamook	krippinger@oregonrisecenter.org
May 11	<i>Advocacy Tools and Tips</i>	Springfield	maryannbarber.ofsn@yahoo.com
May 22	<i>Understanding Autism</i>	Corvallis	tpaul@oregonrisecenter.org
May 31	<i>Section 504 and IDEA: What's the same, what's different?</i>	Eugene	tpaul@oregonrisecenter.org

April is Autism Awareness Month

Autism Education: Challenging Behaviors and Feeding Difficulties

Sponsored by Swindells Resource Center, Providence Child Center

Friday, April 20, 2012 ♦ 9:30 a.m. to 4:00 p.m.
Clackamas Community College, McLaughlin Auditorium,
19600 Molalla Avenue, Oregon City, OR 97045

Part 1: *The Application of Applied Behavior Analysis in the Treatment of Challenging Behavior* will focus on the assessment and treatment of challenging behaviors. Part 2: *Feeding Difficulties in Children with Autism Spectrum Disorders* will focus on the identification of feeding disorders or feeding challenges and various empirically-supported treatment options.

Registration: Visit www.providence.org/classes or call 503-215-2429. Spanish language interpretation available.

10th Annual Autism Walk-A-Thon Sunday, April 15 ♦ Oaks Park, Portland

Visit www.firstgiving.com/asoautism to register. New this year: You can purchase Discounted Ride Bracelets online with your registration. Visit www.oregonautism.com to see more activities.

Autism and the Brain

Collaboration between the Autism Society of OR and the University of Washington Autism Center



Saturday, April 21, 2012 ♦ \$8.00 suggested donation
Presentation: 1:00-3:15 p.m.; Q&A Panel: 3:30-5:00 p.m.
Providence Cancer Center Amphitheater
4805 NE Glisan Street, Portland, OR 97213

A group of scientists involved in cutting edge Autism research will present on the neuroscience of Autism. Topics include: *Brain development and function in Autistic children; Genetics; Behavior; Early identification; Current and future Autism research; and, General issues relating to the study and understanding of Autism.* The presentation will be followed by a panel discussion and question and answer session with the speakers. To RSVP, call the ASO at 503-636-1676 or email info@oregonautism.org.

Autism Spectrum Disorder (ASD) Resources

- Autism Society of Oregon, www.oregonautism.com
- Swindells Resource Ctr, Providence Child Ctr, www.providence.org/childcenter
- Schwallee Family Scholarship Program awards up to \$3,000, www.researchautism.org/news/otherevents/scholarship.asp
- Navigation Map to Services for Children with ASD, www.oregonfamilytofamily.org/navigation.html
- www.AutismLifespanCoach.com, information and referral consultation business practiced by Genevieve Athens, former Director of the Autism Society of OR



Community Partner Trainings & Events



Webinar Trainings offered by The Center for Adoption Support and Education

301-476-8525 ♦ 703-425-3703 ♦ caseadopt@adoptionsupport.org

The cost to attend each webinar is \$25.00. Please note that these webinars are in the evening from 6:00 to 7:30 p.m. Pacific Time. Register at www.adoptionsupport.org/cal/index.php.

A New Definition of Family: Relationships in Open Adoption

Thursday, March 29 ♦ 6:00 to 7:30 p.m. (Pacific Time)

Last March's successful webinar, *Taking the Fear Out of Open Adoption*, explored the benefits and challenges of the unique, important relationships between adoptive and birth families. To continue the dialogue, Mari Itzkowitz, C.A.S.E. Program Director, will be joined by a panel of adoptive parents who will provide invaluable insights around how to achieve successful relationships with the birth family.

Adoption and Learning Differences: What to know and what to expect

Thursday, April 19 ♦ 6:00 to 7:30 p.m. (Pacific Time)

Do you wonder what the relationship is between adoption and school performance? Dr. William Stixrud, clinical neuropsychologist and adoptee, and Debbie Riley, C.A.S.E. CEO, will present what parents and educators need to know to support adopted children with learning challenges in the school setting. The presenters will explore the following: learning differences including ADHD, verbal/non-verbal learning disabilities, and executive dysfunction; helping students navigate psychological challenges of adoption/learning differences; how school curriculum can support these students.

Untangling the Web: How the Internet is reshaping search, reunion, adoption

Thursday, May 17 ♦ 6:00 to 7:30 p.m. (Pacific Time)

The Internet is instigating revolutionary changes in virtually every aspect of adoption, from the ways practitioners work with prospective adoptive parents to the proliferation of training, education and support resources as well as the ever-expanding ability to find each other and form relationships through social media. This webinar by Adam Pertman, Executive Director of Evan B. Donaldson Adoption Institute, will examine this extraordinary period in adoption's history, discuss the impact of the transformations, and address the ethical and practical issues being raised.

Going the Extra Mile: Launching adopted teens with special needs

Thursday, June 7 ♦ 6:00 to 7:30 p.m. (Pacific Time)

When parenting teens with complex mental health and emotional, social and/or learning challenges, the transition to adulthood/independence can often be compromised. It may take longer than ever expected, with many starts and stops along the way. A panel of experienced adoptive parents, moderated by Debbie Riley, C.A.S.E., CEO, will discuss what they have learned about effective parenting strategies, self-preservation coping skills and ways to access resources for support. Participants will have the opportunity to address questions & concerns during this interactive presentation.

Fetal Alcohol & Other Neurobehavioral Conditions: Understanding & Application of Brain-based Approach

Presented by Diane V. Malbin, MSW

Thursday-Saturday, June 21-23 ♦ 9:00 am-4:00 pm
Mark Spencer Hotel, 409 SW 11th Avenue, Portland

This session provides information about FASD and the effects of other drugs on behaviors of children, adolescents and adults. FASD is a brain-based, neurobehavioral condition. The training will educate about the current status of research for identification and best practices approach for treatment and accommodations. The goal is to increase understanding, reduce frustration, and expand options. Case examples of successful diagnosis, treatment and accommodations are central to this training. The workshop is intended for professionals as well as parents and other caregivers of children with confirmed or suspected FASD and other brain-based conditions. Our experience is that the training is enriched by having parents of children with FASD in the same group as professionals. The cost of the 3-day training is \$395.00. Contact Wendy Temko at 503-621-1271 or email wtemko@fascets.org for registration and information. This training is sponsored by FASCETS (www.fascets.org).

Northwest Adoptive Families Association



NAFA is a non-profit, all volunteer support group for pre- and post-adoptive families, and is actively involved in education, advocacy and support for member families in Oregon and SW Washington. \$25 annual membership includes a subscription to the NAFA quarterly newsletter. Visit www.nafaonline.org.

- NAFA Swim Party at Mt. Scott Pool April 28, 6:00-9:00 pm Contact Merwin, cmrwin@aracnet.com, 503-284-1104
- Great Expectations for Waiting Families.... May 11, 7:00-8:30 pm Contact Diane, nafawait@gmail.com, 503-288-2505
- Baby/Toddler Care for Adoptive Parents... May 19, 8:30 am-4:00 pm Contact Andrea Feltham at akfeltham@comcast.net
- NAFA's Play Group May 19, 11:00 am-1:00 pm Contact Mary, ladiebug772001@yahoo.com, 503-407-5322
- NAFA Family Campout..... July 13-15, Barton Park..... Registration Information: www.nafaonline.org
- Great Expectations for Waiting Families.... September 14, 7:00-8:30 pm Contact Diane, nafawait@gmail.com, 503-288-2505
- NAFA's Play Group September 15, 11:00 am-1:00 pm .. Contact Mary, ladiebug772001@yahoo.com, 503-407-5322
- Baby/Toddler Care for Adoptive Parents... October 13, 8:30 am-4:00 pm Contact Andrea Feltham at akfeltham@comcast.net
- Celebrate Adoption Potluck..... November 3, 4:00-7:00 pm Contact Marcia, marcia.l.ohlemiller@state.or.us, 503-231-1463
- Great Expectations for Waiting Families.... November 9, 7:00-8:30 pm Contact Diane, nafawait@gmail.com, 503-288-2505
- NAFA's Play Group November 17, 11:00 am-1:00 pm ... Contact Mary, ladiebug772001@yahoo.com, 503-407-5322



Community Partner Trainings & Events



Webinar Trainings offered by NACAC

NACAC | 970 Raymond Ave. #106 | Saint Paul, MN 55114

☎ 651-644-3036 ♦ ☎ 651-644-9848 (fax) ♦ ✉ info@nacac.org (email) ♦ 🌐 www.nacac.org

NACAC will be hosting a series of one-hour webinars in the coming months. These sessions are designed for pre- and post-adoptive parents and the professionals who work with them. Fees for each webinar are \$15 for NACAC members and \$20 for non-members. Fees are non-refundable. Visit www.nacac.org/secure/webinarrestration.html.

Issues in Adoption Part I: Trauma, Loss, Attachment

April 17, 12:30 p.m. Pacific Time

Working with or parenting a child with a history of trauma, neglect, and loss can be an awesome job. This session will explore the impact of trauma and loss on attachment, and present proven strategies for helping children connect to their families and begin to heal.

Issues in Adoption Part II: Adoption and Identity: Race and Culture, Siblings, Family Connections

April 25, 10:30 a.m. Pacific Time

Identity in adoptive families and for adopted persons covers a wide range of issues. This webinar will discuss the impact of race & culture; the importance of family connections and continuum of openness; and the various challenges and opportunities inherent in the blended family.

The Teen Years: Brain Development, Impact of Trauma on Growth, Strategies

May 9, 12:30 p.m. Pacific Time

Research is revealing that the typical youth brain is not capable of true adult functioning until 20+ years of age. This training explores the links between brain development and trauma recovery; identifying opportunities and effective strategies for parents and providers alike.

Youth Permanency: Model Programs and Strategies That Work

May 15, 10:30 a.m. Pacific Time

Recent developments in physiology, psychology and brain research offers new insights for effectively engaging youth and partnering with them for optimal outcomes. This webinar will discuss successful adolescent permanency programs and strategies.

Advocating for Your Family

June 11, 12:30 p.m. Pacific Time

Parents are natural advocates by nature—whether it's getting services for your child at school or working to improve the child welfare system. Learn the steps/strategies to advocate for your children/family on an individual basis at school, child welfare system, and in the community.

Advocating for System Improvement

June 14, 10:30 a.m. Pacific Time

Parents, youth and child welfare professionals are most effective as partners. This workshop will give participants the tools and understanding they need to develop consensus, craft a coherent/achievable message, gather meaningful data, and develop a successful advocacy agenda.



Adoption Mosaic trainings are in Portland

971-533-0102 ♦ ✉ info@adoptionmosaic.org

🌐 www.adoptionmosaic.org

LGBTQ Adoptive Parent Support Group

Support group is facilitated by an Adoption Mosaic staff member and a parent of the LGBTQ community. 3rd Thursday of the month ♦ 6:00 to 8:00 p.m.

Q Center, 4115 N Mississippi Avenue, Portland
April 19 Guest Speaker, Attorney
May 17 Adoptive Parent Panel
June 14 "Pride Month" Social Event
July 19 Pre- and Post-adoption Support
August 16 Adoption, LGBTQ and the Schools

Birth Parent Panel..... April 28
Adoption Readiness April 28-29
Transracial Parenting May 5
Run Mama Run at Mt. Tabor Park in Portland..... May 13
Adult Adoptee Movie Group May 15



Webinar/Audio Trainings offered by the Lesbian & Gay Family Building Project

Webinars are free of charge and can be accessed 24 hours a day, 7 days a week at: www.prideandjoyfamilies.org

Gender in LGBTQ Families

Webinar recorded 01/18/2012

Webinar discusses gender in LGBTQ families, roles within same-sex couples, gender identity, trans parenting, and raising gender-variant children. Questions such as "How do we, as parents, manage our own angst about our children's developing sex and gender identities?" are addressed.

Talking to LGBTQ Families About Their Origins

Webinar recorded 03/07/2012

Webinar describes how to talk with children about their origins and their inclusion in LGBTQ families as they mature through various stages.

How to Start a COLAGE Chapter-A special training for those who seek to support children w/ LGBTQ parents

Audio recorded 11/12/2009

Parents and other adults who are interested in supporting children with LGBTQ parents are invited to listen to "How to Start a COLAGE. COLAGE Chapters are local or regionally-based social and support groups that connect children of LGBTQ parents to a community of peers, helping them to become confident leaders who are proud of themselves and their families.



Community Partner Trainings & Events



To register and for more information on these upcoming events, please visit the “Events” page on the FACT website at www.factoregon.org or call 1-800-988-3228.

Simple Tool...BIG RESULTS Creating a FULL life for your child

Saturday, April 7, 2012
9:00 to 10:30 a.m.



Now...Let's Create It!

Saturday, April 7, 2012
10:30 a.m. to 12:30 p.m.—Hands-on Workshop
12:30 to 1:30 p.m.—Pizza and Sharing

Using a person-centered plan, families create access and build community. Join us at one of these three opportunities to LEARN about how a simple, one page introduction document can support creating a FULL life.

We've talked about how this introduction document can support creating a full life, now it's time to MAKE it! Join us for a hands-on opportunity to create your plan. Bring your laptops, scrap-booking supplies and pictures! Don't have a laptop? Computers and parents to help will be available.

United Way Building, 619 SW 11th Avenue, Portland, OR 97205

Teens and Drugs: What's the Story?

- ✓ Monday, April 23, 2012 ♦ 6:30 to 9:30 p.m.
Silverton Hospital, 342 Fairview Street, **Silverton**
- ✓ Monday, May 29, 2012 ♦ 6:30 to 9:30 p.m.
Regis High School Library, 550 W Regis Street, **Stayton**

This is a 3-hour family workshop on adolescent alcohol, tobacco and other drug trends in Oregon, facts about marijuana and other drugs, problem gambling and other addictions, prevention, intervention and resources. The workshop is open to interested community members, ages 12 and up. Parents, please attend with your teens. Call 503-981-2461 to register.

Sponsored by Marion County Health Department

EMK Press Releases Foster Parenting Toolbox

A compilation of stories from foster parents, social workers, biological parents, former foster youth, and child welfare advocates, The Foster Parenting Toolbox provides a wide range of viewpoints on various topics. In addition to stories from foster parents who have lived the experience, the Toolbox includes a step-by-step guide to becoming a foster parent, tips for protecting against false allegations, helpful ways to transition kids, and tools to work with birth parents. Visit <http://emkpress.com/fosterparenting.html> to learn more about Foster Parenting Toolbox or to purchase.

Collaborative Problem Solving (CPS)

For parents/caregivers of children with challenging behaviors

- CPS 1: Thursdays, April 1-May 10 ♦ 10:00 am to 12:00 noon
Introduction to CPS—Philosophy, Thinking Skills, 3 plans and how to use them
- CPS 2: Thursdays, May 17-June 14 ♦ 10:00 am to 12:00 noon
An in-depth look at how to use the 3 plans developed
1205 Deborah Road, **Newberg**, OR 97132
Pre-register with Jan Urton at 503-435-9107

Adoptive Parent Support Group

Thursdays, April 19 through June 7 ♦ 12:30 to 2:00 pm
9650 SW Hampton Street, Suite 319, **Tigard**, OR 97111

An 8-week parenting support group series facilitated by Chyrl Walker, Ph.D., Licensed Psychologist. The cost is \$300; space is limited. Contact Dr. Walker for more information or joining the support group at 971-313-2094 or email walkercj@onlinenw.com.



Emotional Availability Book Club for Adoptive Families

Dr. Zeynep Biringen, 970-491-7039, emotional.availability@gmail.com
www.eabookclub-adoptivefamilies.com



Colorado State University is conducting an online study in the format of a book club with adoptive parents and their adopted children. The study seeks adoptive parents and their adopted children ages 1-5. Participants must have a high speed internet connection to view video. E-books and e-materials are provided and/or loaned. Participation may provide another avenue of post-adoption support for families. This book club is completely free and online.



Community Partner Trainings & Events



The Children's Program Winter 2012 Trainings

To register call 503-977-0877 or visit www.childrensprogram.com ♦ 7707 SW Capitol Highway, Portland, OR 97219

Yoga Calm Ages 7-12 Years

Mondays, April 2-May 21—4:00-5:00 pm

This series of yoga-based activities is designed for children with attention, social, or learning differences as a way to develop personal awareness and specific strategies to maintain focus, and manage emotions and impulses. Cost: \$180.

Skills for School Success for Middle School Students

Wednesdays, April 4/11/18/25—5:00-6:30 pm

This 4-week class is designed specifically for students who struggle with attention, organization, memory and motivation. This class will NOT address behavior or impulse control issues. Cost: \$240 for the 4-session package.

Jedi Training

Wednesdays, April 4-May 23—4:00-5:00 pm

This is a more physically challenging Yoga Calm class for boys age 7-11 to develop strong hearts, minds and bodies. Cost: \$180.

Enrich Your Marriage: Improve Your Parenting

Saturday, April 7—9:00 am-12:00 noon

3-Hour workshop is geared for couples struggling with the competing demands of marriage and parenting. Topics include the "spillover" between marriage and parenting, effective problem solving and the special issues of living with young children and teens. \$85/couple.

AD/HD Group for Ages 7-12 Parent Mtgs: 04/09, 05/07, 06/11—7:00p; Student Sessions: Thursdays, April 12-June 14—5:00-6:30 pm

Group teaches children struggling with self-control and/or attention (AD/HD) to work productively and play appropriately within group settings that approximate classroom and social situations. Cost: \$650 for 13 sessions (3 parent; 10 student).

Strengthening Attachment with Children: Adoptive/Foster Parents of Children 0-6 Years

Saturday, April 14—8:30am-12:30 pm

Hear an overview of attachment styles, learn how early trauma or neglect impacts brain development, look for signs of attachment problems, and learn how your attachment style may impact your child. Cost: \$60 per person/\$90 per couple.



Silverton Together

421 S Water Street, Silverton, OR 97381

☎ 503-873-0405 ♦ ☎ 503-873-6452 (fax)

🌐 www.silvertontgether.com 🌐



- ✓ **Make Parenting a Pleasure**—Intensive 12-session course for parents with children age 0-8, especially good for those with many stressors in their lives who are interested in changing their family dynamics. Fee: \$15.00/family.
- ✓ **Parenting the Special Needs Child**—Instructor Janet Murphy will deliver an 8-session training on Thursdays, April 1-May 20, 2012, 6:30 to 8:00 p.m. at Old High School, Room 19, Silverton, OR. Free childcare provided. For information or to register, call 503-873-0405.
- ✓ **Support Group for Parents of Children with Special Needs**—Support group for parents of children with disabilities meets on the 3rd Thursday of the month, 6:30 to 8:00 p.m., at Silverton United Methodist Church, 203 West Main, Silverton, OR.
- ✓ **Community Connector Program**—Community outreach program that advances personal, family and community wellness by supporting individuals and families and assisting them in gaining access to needed services and connection with community resources.



Research Studies



OREGON
HEALTH & SCIENCE
UNIVERSITY

ADHD Research Study Longitudinal Brain Imaging & Sibling Study 1-877-678-ADHD

Objectives for 7-11 year olds

- To learn about the different types of ADHD
- Combine existing ADHD assessments with newer measures to further understand and predict ADHD development
- Learn if size and activity of certain brain structures relates to ADHD
- Learn how full biological siblings compare
- Follow children for 3 years to see how the assessments measure up over time

Study Information

- One screening visit at OHSU
- It may involve yearly visits comprised of a pre-scan and real scan
- Each visit lasts 2-3 hours
- Free clinical assessment and feedback
- Compensation to child, sibling, and parent(s).
Your children will receive a picture of their brain!
- Information is kept strictly confidential
- Also available weekday evenings and Saturdays

Participating child & sibling

- Ages 7 to 11
- In good health with or without ADHD
- Speak English as a first language
- If taking a stimulant medication for ADHD/ADD, they must be off that medication for the testing visits
- Must be right-handed and have no permanent metal in their bodies
- Single child or child with sibling accepted