



ORPARC welcomes Audrey Riggs as Program Manager

Audrey is the newest member of the ORPARC team. She came to the program in February 2010 with over 23 years of child welfare experience. Audrey has worked with youth in a residential treatment setting. She worked in several capacities with DHS-Child Welfare including as a Permanency Caseworker, Child Protective Services worker and Consultant/Trainer. She was the Certification and Adoption Supervisor in Clackamas County for the past 10 years.

Audrey is truly passionate about foster and adoptive families. She states "Working for ORPARC to serve families who are caring for Oregon's most vulnerable children is a dream come true."

Audrey and her husband are raising two children. They moved to Portland after she graduated from South Dakota State University. In her spare time, Audrey can be found on a river. She is an avid kayaker who also enjoys paddling in an outrigger canoe. Audrey belongs to the Pink Phoenix Dragonboat team and races throughout the Northwest and Canada.

Kelly DeLany, Director



Kelly DeLany has recently accepted the position of Director of Adoption Programs at ORPARC's parent agency, Northwest Resource Associates. In her new capacity, Kelly will have oversight over the Washington State Resource Family Lending Library, the Washington Adoption Resource Exchange, the Collaboration to AdoptUSKids, Northwest Adoption Exchange, and ORPARC.

Kelly had managed the Oregon Post Adoption Resource Center since 2005.



"Touched by Adoption"

SPRING CONFERENCE

*adoptive parents ♦ grandparents ♦ adult adoptees
social workers ♦ family therapists*

Saturday, April 10, 2010

9:30 am to 3:00 pm

Spring Mountain Bible Church

12152 SE Mather Road, Clackamas, OR 97015

*Please join others from around the Northwest for a day of
celebration, education and encouragement*

Gain insight into some of the core issues in adoption and
learn practical parenting strategies from outstanding
professionals in the field of adoption

Key Note Speaker: STEPHANIE FAST
Also presenting: Gail Hardman-Woung, LCSW
Linda Sheppard, MS
Marina Runion-Bareford
"Voice of the Orphan"

Save the Date → TEEN CAMP

June 17-20, 2010

Eagle Fern Camp, Estacada

More information at www.choseninternational.org



Newsletter via e-mail?

If you would like to receive our newsletter and mailings via e-mail, send an e-mail to ORPARC at orparc@nwresource.org with your name and address, and write "E-mail Newsletter" in the subject line. Receiving the e-newsletter and other mailings will help ORPARC curb printing & mailing costs.

2009 Tax Information

Please visit the ORPARC website at www.orparc.org and click on "2009 Tax Information" to view/download information or call us at 1-800-764-8367 to have copies of this material mailed to you.



- ✓ Claiming the Federal Adoption Tax Credit for Special Needs Adoptions
- ✓ 2009 Oregon Tax Exemption for Parents of Children with Disabilities
- ✓ Federal Tax Benefits for Foster and Adoptive Parents, and Kinship Caregivers
- ✓ AARP Tax Aide and Locator



Scholarships for Youth Formerly in Foster Care

Casey Family Scholars Program will be accepting applications through the Orphan Foundation of America (OFA) until March 31, 2010 for support to college students who were in foster care. Funding is anticipated for about 75 new undergraduate awards and up to ten graduate school awards for the 2010-2011 academic year. Students of color are especially urged to apply. Applicants must have been in foster care for one consecutive year at the time of their 18th birthday OR have been adopted or taken into legal guardianship after their 16th birthday. Learn more and apply online at <http://orphan.org>.

The Fostering A Future Scholarship, sponsored by Children's Action Network and the Dave Thomas Foundation for Adoption, is a national scholarship program designed to provide youth who were adopted from foster care with financial assistance in pursuing a college, vocational, or technical education. The deadline for submitting this application is April 20, 2010. Access the application at www.childrensactionnetwork.org.

2010 Respite Mini Grants

Mini-grant applications due July 1, 2010

Through a partnership with the North American Council on Adoptable Children, the *AdoptUsKids: 2010 Respite Program* provides support groups and associations with mini-grants of up to \$5,000 for starting respite care programs in partnership with their local public agencies.

To be eligible for the program, your group or association must: 1) Primarily serve families who have adopted or provide foster or kinship care to children from the child welfare system; 2) Be a support group or association partnering with a public agency for the respite program; and, 3) Have tax exempt, 501(c)(3) status or be in the process of acquiring tax-exempt status.

Download the application at www.orparc.org. Applications are due by July 1st to Diane Martin-Hushman, NACAC Parent Group Coordinator; grant recipients announced in August 2010. To help in preparing your application read AdoptUsKids' respite manual at www.AdoptUsKids.org.

Questions? Contact Diane Martin-Hushman at 1-866-622-2249 or e-mail Diane at hushman@nacac.org.



Grandparent Conferences & Retreats



Portland

Grandparents Raising Grandchildren Retreat

Wednesday, May 5, 2010

9:00 a.m. to 2:30 p.m.

Life Change Christian Church
3635 N Williams Avenue, Portland

✓ *Pre-registration required. Contact Loriann McNeill at 503-988-3646 for more information or to register*

✓ *This free event is sponsored by the Multnomah County Family Caregiver Program and Lifespan Respite*

Beaverton

Grandparents Raising Grandchildren Conference

Friday, May 14, 2010

9:00 a.m. to 2:00 p.m.

Beaverton Foursquare Church

13565 SW Walker Road
Beaverton, OR 97005

Visit www.orparc.org for more information

Salem

Grandparents Raising Grandchildren Conference

Thursday, April 29, 2010

9:30 a.m. to 2:30 p.m.

Queen of Peace Catholic Church

4227 Lone Oak Road SE
Salem, OR 97302

Visit www.orparc.org for more information

SAVE THE DATE!

The 7th Annual 'A Gift of Time' Weekend Retreat

For family caregivers and relatives raising a grandchild or other kin.
August 27-29, 2010 at the Macleay Christian Retreat in Salem

ORPARC Trainings

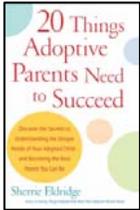
Visit www.orparc.org for updates

Register for trainings at:

☎ 503-241-0799 ☎ 1-800-764-8367

E-mail orparc@nwresource.org

Western Region



20 Things Adoptive

Parents Need to Succeed

Book Discussion Group with Nicole Russell, MSW, ORPARC Family Support Specialist

Thursday, May 20, 2010 ♦ 6:30-8:30 pm
Department of Human Services

15625 SW Greystone Court, Beaverton, OR

- ✓ Training will be delivered at the Washington County Adoption Support Group
- ✓ Register at 503-241-0799 or orparc@nwresource.org
- ✓ Contact Jennifer Ricks at 503-277-6658 for support group information

ORPARC trainings are free of charge to DHS adoptive, foster and assisted guardianship families, and DHS/SNAC adoption professionals. Depending on the training, others may attend trainings for minimal charge or on a space available basis. Trainings are held in accessible locations. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Foreign language interpretation available upon request. Request these services two weeks in advance.

Southern Region

Heal the Child

Saturday, April 17, 2010 ♦ 9:00 a.m. to 4:00 p.m.

Santo Community Center

701 N Columbus Avenue, Room 18, Medford, OR 97501

✓ Register at 1-800-764-8367 or orparc@nwresource.org

The "Heal the Child" workshop, offered by Jon Bredal and Doug Lofdahl, will give you the tools to work effectively with attachment issues, sensory integration, emotional regulation, ADHD, and other physical and emotional symptoms of early childhood trauma. You will learn games, physical activities, songs and stories that will help you use these tools in an effective and fun way. The whole family will enjoy these activities, so no coercion or power plays are necessary. Not only will these tools help your child actually repair, reorganize, and re-pattern functions at the root level, but this work will also make all of the cognitive based work you are already doing so much more effective. Using these same methods, adults can learn to stay calm and focused on helping your child, even during the most extreme behavior. This is so vitally important and yet so hard to do! The goal of this workshop is to give you a complete toolbox that you can really use to help your child heal, allowing them to develop into a healthy, happy child, able to reach their full potential. We hope to see you there. If you have any questions or would like more information, please contact Jon Bredal (jonbredal@earthlink.net) or Doug Lofdahl (dflofdahl@gmail.com).

Community Partner Trainings & Events



A complete list of Community Partner Trainings & Events can be accessed at www.orparc.org ("Community Partner Trainings, Announcements and Events") or by downloading our complete 8-page newsletter. Below are some community partners that sponsor regular parent training and education throughout the state:

Metropolitan Region:	Adoption Counseling and Educational Services (ACES)	www.adoptioncounselingservices.com
	Adoption Mosaic	www.adoptionmosaic.org
	The Children's Program	www.childrensprogram.com
	Fetal Alcohol Syndrome Consultation, Education & Training Services (FASCETS)	www.fascets.org
	Kidbits: DHS Clackamas County Training News	Schedule at www.orparc.org
	Northwest Adoptive Families Association (NAFA)	www.nafaonline.org
	Tim O'Brien Parenting Empowerment Program: Clackamas County	http://tim-obrien.com/empowerment.php
Southern Region:	Adoption Connections of Oregon (Lane County)	www.adoptionconnectionsofOregon.org
	Foster and Adoptive Parent Association of Lane County	www.faapalane.org
	Lane County DHS: 2010 Foundation Training for Caregivers	Schedule at www.orparc.org
Western Region:	Marion, Polk, Tillamook and Yamhill counties	Schedule at www.orparc.org
Statewide Trainings:	Center for Improvement of Child and Family Services, PSU Child Welfare Partnership	www.cwpsalem.pdx.edu (Statewide NetLink trainings via web and on-site trainings in Eastern, Metro, Southern and Western Regions)
	Oregon Family Support Network (OFSN)	www.ofsn.org
	Oregon Parent Training and Information Center (OrPTI)	www.orpti.org

Child Behavior Online Study

Are you a parent of a child between the ages of 5 and 18? If so, we need you to help us to learn more about the effects of drug and alcohol use during pregnancy. This anonymous online research takes approximately 20 minutes to complete and involves answering questions about your child's history and behavior. Parents with children that were and also were not exposed to cigarettes, marijuana, alcohol, and methamphetamine during early development are needed. Adoptive parents, foster parents, and grandparents are all invited to participate.

For more details, please contact:

Brian Piper, Ph.D., piperb@ohsu.edu
Department of Behavioral Neuroscience
Oregon Health & Science University
Or visit → <http://tinyurl.com/yjrfhva>

2010 Summer Camp Guide

ORPARC is currently composing our 2010 Summer Camp guide which will be available for viewing or downloading at www.orparc.org after April 1, 2010. If you would like to receive a hard copy of the guide, please contact us at 1-800-764-8367 or e-mail orparc@nwresource.org.



Recursos en español

Les recordamos que el Centro de Recursos Pos-adoptivos de Oregon ("ORPARC" en las siglas en inglés) tiene recursos para familias de habla hispana. Además, se puede acceder grupos de apoyo y entrenamientos en español en varias partes del estado. No duden en llamarnos si tienen cualquier pregunta sobre la adopción, o si necesitan algún apoyo o ayuda para conectarse y acceder recursos en el estado. Llámenos al número 503-241-0799 o 1-800-764-8367 (número gratis), o manden un correo electrónico a orparc@nwresource.org.

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Oregon Post Adoption Resource Center
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