



The Journey

www.orparc.org

Volume XXXX

Summer 2009

ORPARC is a program of Northwest Resource Associates

State of Oregon Budget Cuts Affecting ORPARC

As many of you are aware, in April of this year, ORPARC received notice that our program was to be potentially eliminated through statewide budget cuts due to the projected state revenue shortfall. We at ORPARC immediately launched a "hit the ground running campaign" to save this valuable program on behalf of the over 7,000 adoptive families we serve. Through the combined efforts of ORPARC staff, state adoptive families, and community partners and professionals; through letter writing, meetings with Legislators, and testimony at eight Ways and Means hearings held statewide; the case was made with the State Legislature to save ORPARC. We are very thankful to report that we will continue to provide services, although with a 30% reduction to our budget. As of this writing, we are still working on the specific details with DHS Adoptions on how the reduction will affect ORPARC services. But here is a look at services that will probably remain:

- § Information, Assistance, Referral to Services
- § In Depth Consultation, Advocacy and Support by Phone
- § Parent Education and Trainings (6-8 a year statewide)
- § Lending Library (replacement/acquisitions on hold)
- § Support Groups (will assist with announcements as budget allows/will provide consultation by phone)
- § Website and 1-800 number
- § Newsletter 3 times a year or may publish short hard copy, with full copy on line
- § Continued outreach to new adoptive families each month with Welcome Letter and Brochure

We sincerely wish to thank all those who spoke out on behalf of continuing services for post adoptive families and who supported ORPARC through this time. We are grateful to the members of the Ways and Means Committee who worked diligently to support and maintain as many services as possible for Oregon families, children and those most in need. We hope that our service will continue far beyond this statewide budget crisis and look forward to assisting Oregon state adoptive and guardianship families for many years to come.

We've Moved!

After 10 years in downtown Portland, ORPARC has moved its office to the following address:

**2950 SE Stark Street, Suite 130
Portland, Oregon 97214**

Our new location is accessible to families, offering free on street parking, a pleasant atmosphere, and our own training room. We invite families to visit us and we hope to see some of you at the upcoming *Collaborative Problem Solving* training being offered on Wednesday, August 12th from 6:00 to 8:30 p.m. (see page 3 for details). We look forward to serving you. Stop by and browse the library in person!

Newsletter via e-mail? We need your help in reducing costs.

Many of the families ORPARC serves have opted to receive our quarterly newsletter and mailings via e mail. Opting to receive the e newsletter helps curb our printing and mailing costs so that we can serve families better in other ways. If you would like to receive our newsletter and mailings via e mail, please call or e mail us at orparc@nwresource.org with your name and address, and write "E mail Newsletter" in the subject line.

☎ 503 241 0799 telephone
☎ 800 764 8367 toll free
☎ 503 241 0925 fax

Oregon Post Adoption Resource Center
2950 SE Stark Street, Suite 130
Portland, Oregon 97214

e mail: orparc@nwresource.org
web site: www.orparc.org

ORPARC Trainings

Collaborative Problem Solving

Wednesday, August 12, 2009
6:30 to 8:30 p.m. *Pizza dinner at 6:00 p.m.*
ORPARC Office
2950 SE Stark Street, Suite 130
Portland, OR 97214

Register at 503-241-0799/1-800-764-8367 or e-mail orparc@nwresource.org

Save the Date

ORPARC and Cascadia Training are bringing Sherrie Eldridge, author of *Twenty Things Adopted Kids Wish Their Adoptive Parents Knew*, to Portland to present an all day training on Wednesday, October 21st. On Thursday, October 22nd, ORPARC will host a special "Meet the Author" fundraising event with cocktails and book signing by Sherrie Eldridge. Visit www.orparc.org for training and event updates or look for the announcement in our fall 2009 newsletter.



Community Partner Summer 2009 Trainings



Adoption Mosaic

www.adoptionmosaic.org ☎ info@adoptionmosaic.org ☎ 971 533 0102

All Adoption Mosaic trainings are in Portland

<i>Transracial Parenting: Part A</i>	August 1
<i>Girls' Activity Group Parent Orientation</i>	September 12
<i>Strengthening Attachment with Your Child (Ages 0-6)</i>	September 12
<i>Movie Group (adult adoptee only)</i>	September 15
<i>Girls' Activity Group (6 week series for 1st graders)</i>	09/16 10/21
<i>What and When: Talking about Adoption with Your Child</i>	September 26
<i>Transracial Parenting: Part B</i>	October 3
<i>Sibling (not adopted) Activity Group Parent Orientation</i>	October 10
<i>Sibling (not adopted) Activity Group</i>	10/12 11/16
<i>Lifestory Books (Collaboration with NAFA)</i>	October 17
<i>Strengthening Attachment with Your Child (ages 7+)</i>	October 17

CWP NetLink Trainings

www.cwpsalem.pdx.edu

<i>Child Development</i>	August 25
<i>Promoting Permanency</i>	Sept. 17
<i>Internet Safety</i>	October 27
<i>Transiciones</i>	19 de noviembre
<i>Cargivers and the OSM</i>	December 15

Login at 6:00pm, Class begins at 6:30pm (2-2-½ hours). View NetLink training instructions at www.orparc.org or <https://dhslearn.hr.state.or.us>

Adoption Counseling & Educational Services

www.adoptioncounselingservices.com

<i>The Effects of Neglect, Abuse, Attachment Disruption on the Developing Brain</i>	September 11—October 2
<i>Children's Social Skills and Self Esteem Groups; Girls' Group 9-12 years old</i>	September 12—October 3
<i>Children's Social Skills and Self Esteem Groups; Boys' Group 6-9 years old</i>	September 12—October 3
<i>Adoptive Parent Support Group (6 week series)</i>	September 14—October 28
<i>Parent Self Care; Creating Foreground for Daily Life</i>	September 18 & 25
<i>Adoption Readiness Series</i>	September 19-20
<i>Expressive Arts/Process Group for Adopted Teenagers (8 week group discussion)</i>	October 1—November 19
<i>Managing Children's PTSD Symptoms within the Family</i>	October 9—October 30
<i>Children's Social Skills and Self Esteem Groups; Girls' Group 6-9 years old</i>	October 10—November 7

Fetal Alcohol Spectrum Disorders: Into Action

Presented by Diane V. Malbin, MSW

October 15-17 ☎ 9:00 am to 4:00 pm
The Mark Spencer Hotel, Portland, OR
Registration Form and Conference Brochure at www.orparc.org è "Community partner trainings"
Call 503- 621-1271 or e-mail wtemko@fascets.org

Save the Date!

2009 Shoulder to Shoulder Conference
November 2, 2009

The Children's Program : www.childrensprogram.com

Study Skills Class for High School Students..... August 17-20
Study Skills Class for Middle School Students..... August 24-27

Building Futures Conference in Salem

October 26-27
Sponsored by OR Department of Education, Office of Student Learning and Partnerships, Oregon's Competitive Employment Project, Office of Vocational Rehabilitation Services and Oregon Parent Training and Information Center

Autism Society of Oregon : www.oregonautism.com

Autism Awareness Day with the Portland Beavers at PGE Park August 1
ASO hosting Special Education Law & Advocacy Training with Pete Wright of Wrightslaw..... October 29

Kids Won't Listen? Try This!

Continued from page 2

One explanation is fine. But the mistake many parents make is trying to reason with their kids as if they were "little adults," and too often adult logic does not impress or motivate young children. Once you say "No" to an obnoxious behavior, you should save your breath. Further pleading will irritate you more and give the child a chance to continue the battle—and the behavior.

Source: ParentMagic Newsletter by Dr. Thomas Phelan © 2009
Simple, straightforward parenting advice and helpful tips from Dr. Phelan's award winning, best selling 1 2 3 Magic Parenting Program. To learn more visit 123Magic.com.



New Online Adoption Community

The National Adoption Center launched a new online community for members of the adoption community including, professionals, birth & adoptive parents, adoptees and others. The goal of the site is to offer a safe place for people to share stories, information, support and education for those involved in the adoption process. To visit the online community, visit the following link: <http://nationaladoptioncenter.ning.com/>.

Post Adoption Birthparent Contact Survey

This survey is being conducted by a graduate student at Eastern Illinois University

If you adopted an unrelated child from foster care, your input is needed for a survey on post adoption birthparent contact. Michelle Roberts, a foster and adoptive parent herself, is doing a graduate thesis on post adoption contact in foster care adoptions. Even if you have had no contact with your child's birthparents, your input is valuable to the study. The online survey takes less than 10 minutes to complete and contains no identifying information. As a special thank you, you will be entered into a drawing for a chance to win a \$100 gift certificate to the store of your choice. Please take a moment to help with this study. Visit www.AdoptionStudy.org for the online survey or contact Michelle at meroberts2@eiu.edu if you would prefer to have a paper survey mailed to you. Your help is greatly appreciated!

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