

A Follow Up to Collaborative Problem-Solving, or Stop Yelling!!!!

By Kelly DeLany, ORPARC Program Manager



The other day, having lost patience with my child, I found myself raising my voice and yelling back at her, "Stop yelling at me!" Thankfully, the irony struck us both and we began to giggle. We were able to move on together to use our Collaborative Problem-Solving (CPS) skills to resolve the situation. Following the article I wrote for the December edition of The Journey, many of you let me know that you appreciated my honesty in sharing my own family struggles and parenting woes with a child who is very sensitive, becomes easily frustrated, and at times explosive.

I was really struck when people who know my family personally said "wow, I had no idea that "Molly" (names changed to protect the innocent), had those issues." My response: "Thanks, but actually it isn't Molly; it's 'Caroline' who is our challenging child." This was met with shocked expressions, as most perceive "Caroline" as a very shy, sweet child, which she is outside our home. I wonder if this happens to some of you too. Many children don't show the same behaviors in public that they do at home.

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10th Anniversary Celebration

Be our guest for wine, hor d'oeuvres, and music as the **Oregon Post Adoption Resource Center** celebrates 10 years of services to Oregon adoptive families.

Families Welcome

Wednesday, April 1st ◆ 6:00 to 8:00 p.m.
Holladay Park Plaza, Penthouse Suite
1300 NE 16th Avenue, Portland, OR

A small silent auction to benefit ORPARC

If you plan to attend, please **RSVP** to:
503-241-0799, 1-800-764-8367, or e-mail
orparc@nwresource.org

Beneath the Mask: Adoption through the eyes of adolescents

Presented by Debbie Riley, M.S.

Thursday, March 12, 2009

9:00 a.m. to 5:00 p.m.

See page 3 for training details



Newsletter via e-mail?

Many of the families ORPARC serves have opted to receive our quarterly newsletter and mailings via e-mail. Receiving the e-newsletter helps us curb our printing and mailing costs so that we can serve families better in other ways. If you would like to receive our newsletter and mailings via e-mail, please call or e-mail us with your name, address and e-mail.

A Follow Up to Collaborative Problem-Solving *(continued)*

CPS continues to work for us, and while, as you can tell from my opening statement, I'm still not a perfect parent, I now have a parenting tool that is very effective and has restored peace and hope to us as parents. And Caroline feels much better too. Now, when we start to get stuck or wound up for an explosion, I just remind her, "ok, let's slow down and use our problem solving skills," which is often enough to get her to switch gears and think the situation out with me. Her self-esteem has improved because she knows that she has a skill she can use now too.

So, I would again recommend that you check out CPS. At ORPARC, we plan to make it one of our permanent training offering, and I would encourage you to read the book, *The Explosive Child*, by Ross Greene, find a training, or attend one of the many book discussion training groups offered statewide.



Upcoming Grandparent Conferences



Portland

3rd Annual Grandparents Raising Grandchildren Retreat

Wednesday, April 1, 2009
9:00 a.m. to 2:30 p.m.

New Columbia Learning Center
4605 North Trenton Street
Portland, OR 97203

- ✓ Call Loriann McNeill at 503-988-3646 for more information or to register
- ✓ This event is free and is sponsored by the Multnomah County Family Caregiver Program

Beaverton

Grandparents Raising Grandchildren

A Day for You

Thursday, April 2, 2009
9:30 a.m. to 2:30 p.m.

Beaverton Foursquare Church
13565 SW Walker Road, Beaverton, OR

- ✓ Call 503-615-4676 to register
- ✓ Sponsored by Washington County Disability, Aging & Veteran Services, Family Caregiver Support Program

Klamath Falls

Grandparent Conference in Klamath Falls

Friday, May 15, 2009
8:30 a.m. to 4:30 p.m.

New Horizon Fellowship Hall
1919 Homedale Road
Klamath Falls, OR 97603

- ✓ Contact Lloyd King at 541-891-0268 for information and registration
- ✓ Sponsored by Grandparents as Parents and Kinship Caregivers Support Group of Klamath Falls

Save the Date!



"Touched by Adoption"

presents

TEEN CAMP

August 28-30, 2009

Eagle Fern Camp

www.choseninternational.org



2008 Taxes

ORPARC has made available the listed items below pertaining to 2008 tax information produced by the North American Council on Adoptable Children (www.nacac.org), the National Foster Parent Association (www.nfpainc.org), and the Internal Revenue Service (www.irs.gov). Please visit the ORPARC website at www.orparc.org and click on "2008 Taxes" to download the free information or call us at 1-800-764-8367 to have copies of this material mailed to you.

1. Federal Adoption Tax Credit for Special Needs Adoptions (NACAC)
2. Tax Issues Related to Adoption Assistance and Adoption (NACAC)
3. 2008 Federal Tax Benefit Guide (NFPA)
4. Qualified Adoption Expenses—Form 8839 and Instructions (IRS)

Children Needed

Children that qualify:

Locations:

Participation involves:

Compensation:

Contact:

- Boys and Girls, 7-9 years old, with and without history of methamphetamine exposure
- Study will be conducted in Eugene, Albany, Salem and Portland
- One interview with parent/legal guardian about child
- One visit where child will play pen-pencil and video games
- \$50 gift card to Toy-R-Us and Tram Pass and Bus Fare (or Parking)
- Brian Piper at 503-418-0182 or e-mail piperb@ohsu.edu





What's new in the ORPARC Library?



The following materials have come to ORPARC's library since our previous edition of The Journey. The first two items listed were donated by Smithers Community Services' FASD Services of Smithers, B. C. The next three items were donated by our own Toni Ferguson.

DVD



Scrabble Rabble

In this filmed stage performance, four actors portray scenarios from

"The Game of Life" as though it were a TV game show. It is surreal, funny, sad, and pretty telling about the world of prenatal exposure to alcohol. It demonstrates the dangers of drinking and sex, and the difficulties kids and their parents experience as a result of such exposure.

Children's Books

Birds of a Feather Play Together

by Marilyn Krueger, Joan Hunt, and Brenda Wilson. This booklet, put together through a collaboration between two British Columbia organizations, offers ten illustrated activities—simple assembly projects using household items—with instructions and a brief explanation of each activity's beneficial aspects. It is for parents who want hands-on activities with their physically and/or developmentally delayed young children.

The Giant King by Kathleen T. Pelley.

In this children's book, illustrated by Maurie J. Manning, young Rabbie makes beautiful wood sculptures. He works from his heart, carving "not what is, but what could be." When he goes to sell his carvings in a far-off town, he finds the townspeople besieged by a fierce and destructive giant. The people despair, but Rabbie suggests that if the giant were treated like a king, he might behave like one.

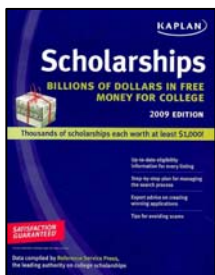
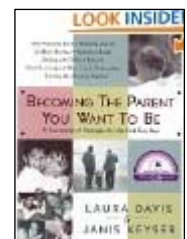


Books for Parents and Professionals

Foster Care Therapist Handbook by Robert E. Lee. Divided into three parts, "The Culture and Environment of Foster Care," "Family Therapy Approaches," and "Important 'Other' Issues," this book, through 21 essays by experts in the field, focuses on the "relational therapy approach" which considers the whole relational environment for each child and endeavors to get all parts of it to work together for the child's sake.

Walk a Mile in My Shoes: A Book about Biological Parents for Foster Parents and Social Workers by Judith A. B. Lee. The authors attempt to create an inclusive picture that takes into consideration the views and feelings of all persons involved in the lives of foster children so that foster parents and professionals can work more effectively with each other and with the child and his or her biological relatives.

Becoming the Parent You Want To Be: A Sourcebook of Strategies for the First Five Years by Laura Davis. This book is not about adoption, but it offers 415 large pages on a wide range of issues parents face including crying, tantrums, fear, separation, childcare, sleep, eating, toilet training, difficult behavior, testing, biting, swearing, lying, parental anger, punishment, balancing needs in families, teaching kids to negotiate, sharing, gender roles, supporting children's friendships, diversity, sibling relationships, etc.



Kaplan Scholarships, 2009 Edition by Gail Schlachter. This book features information on programs that offer significant and unrestricted scholarships combined with tips and advice on how to get them. The guide includes:

- A list of scholarships—each worth at least \$1,000—that do not restrict to any one school, and do not require repayment of any kind.
- Detailed summaries on each scholarship's financial data, duration of scholarship, eligibility requirements, and application and contact information.
- Expert tips and advice on how applicants should research their options, set a timetable, apply for the best opportunities, and avoid scholarship scams.

ORPARC Trainings

Visit www.orparc.org for updates



Western Region

Advocating for Your Grandchild in the School System

Washington County Grandfamilies Conference
Thursday, April 2, 2009 ♦ 9:00 a.m. to 2:30 p.m.
Beaverton Foursquare Church
13565 SW Walker Road, Beaverton, OR 97005
Registration required; call 503-615-4676 to register

Lifestory Books: A Communication Tool

Adopting-Oregon's Kids Support Group
Tuesday, April 28, 2009 ♦ 12:00 noon to 1:00 p.m.
Barbara Roberts Building, Room 285
500 Summer Street, Salem, OR 97301
Questions? Contact Roberta Lincoln at 503-947-5214.

Southern Region

Collaborative Problem Solving

Saturday, March 14, 2009 ♦ 1:00 to 4:00 p.m.
DHS, 1937 West Harvard, Roseburg, OR 97471
This training will follow the scheduled PSU Child Welfare Partnership training entitled Parenting the Special Needs Child occurring from 9:00 am-12:00 pm. Register by calling Jody Meza at 541-464-2077.

Relative Issues in Adoption: Grief and Loss

Klamath Falls Grandparent Conference
Friday, May 15, 2009 ♦ 8:30 a.m. to 4:30 p.m.
Contact Lloyd King at 541-891-0268 for questions and registration

Register for trainings at:

☎ 503-241-0799 ☎ 1-800-764-8367

E-mail orparc@nwresource.org

Metropolitan Region

Relative Issues in Adoption: Grief and Loss

Grandparents and Relatives as Parents Support Group
Tuesday, March 10, 2009 ♦ 6:00 to 7:30 p.m.
5325 NE Martin Luther King Blvd., Portland, OR 97211
Dinner and childcare provided, reservations required. Contact
D'Norgia Price at 503-280-2638 or Chris Hennel at 503-721-6779.

Beneath the Mask:

Adoption through the eyes of adolescents

Thursday, March 12, 2009 ♦ 9:00 a.m. to 5:00 p.m.
Holladay Park Plaza, Penthouse Suite
1300 NE 16th Avenue, Portland, OR 97232
Presented by Debbie Riley, M.S., author of *Beneath the Mask*.
Debbie Riley is an author and Executive Director of
The Center for Adoption Support and Education.

Estate Planning and Tax Issues for Adoptive and Guardian Families

Monday, March 16, 2009 ♦ 6:00 to 8:00 p.m.
Holladay Park Plaza, Penthouse Suite
1300 NE 16th Avenue, Portland, OR 97232
Presented by Janice Hazel, Attorney at Law

Internet Safety for Children

Parenting Connections: The RAFT Support Group
Saturday, April 18, 2009 ♦ 6:00 to 7:30 p.m.
East Hill Foursquare Church, Office Complex South
539 North Main Avenue, Gresham, OR 97030
Questions? Contact Debbie at 503-761-4686 debbie@pctcraft.org.

Eastern Region

Collaborative Problem Solving

April/May 2009 ♦ Sherman, Gilliam or Wheeler county
Visit www.orparc.org for training updates

ORPARC trainings are free of charge to DHS adoptive, foster and assisted guardianship families, and DHS/SNAC adoption professionals. Depending on the training, others may attend trainings for minimal charge or on a space available basis. Childcare and travel expense reimbursement are offered to eligible families as funds allow; please request childcare and travel reimbursement upon registration. Trainings are held in accessible locations. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Foreign language interpretation available upon request. Request these services two weeks in advance.



Community Partner Trainings & Events

Center for Improvement of Child and Family Services

Portland State University Child Welfare Partnership (CWP)

March 3	<i>Understanding & Responding to Sexual Behavior of Children</i>	Grants Pass	541-474-3120 x 375
March 4	<i>Making the Most of Caseworker 30-day Visits</i>	Klamath Falls	541-850-3663
March 4	<i>Parenting a Child with an Autism Spectrum Disorder</i>	La Grande	541-963-8571
March 5	<i>Taking Note of Your Work with DHS</i>	Lakeview	541-947-2273
March 7	<i>Living with Sexually Abused Children</i>	Eugene	541-349-4459
March 10	<i>Transitioning Children with Sensitivity</i>	Beaverton	503-277-6673
March 12	<i>Parenting the ADD/ADHD Child</i>	Burns	541-573-2086 x 226
March 13-14	<i>Behavior Crisis Management (2-day training)</i>	Enterprise	541-426-4558 x 227
March 13	<i>Facilitating Developmental Attachment</i>	Eugene	541-349-4459
March 14	<i>The Impact of Methamphetamine on Our Most Vulnerable Population</i>	Clackamas	503-731-4003
March 14	<i>Parenting the Special Needs Child</i>	Roseburg	541-464-2077
March 17	<i>Taking Note of Your Work with DHS</i>	St. Helens	503-397-3292 x 8330
March 18	<i>Thriving in Stressful Times</i>	John Day	541-575-0728 x 248
March 18	<i>Understanding & Responding to Sexual Behavior of Children</i>	Tillamook	503-842-5571 x 304
March 19	<i>Fun and Creative Parenting</i>	Astoria	503-325-9179 x 328
March 19	<i>Parenting the ADD/ADHD Child</i>	Eugene	541-349-4459
March 19	<i>Thriving in Stressful Times</i>	Redmond	541-447-6207 x 222
March 24	<i>The Continuum of Attachment</i>	Hood River	541-386-2962 x 231
March 24	<i>Parenting a Special Needs Child</i>	Beaverton	503-277-6673
March 27	<i>Caring for Medically Fragile Infants</i>	Albany	541-791-5717
March 28	<i>Caring for Medically Fragile Toddlers</i>	Eugene	541-349-4459
April 1	<i>Understanding & Responding to Sexual Behavior of Children</i>	Portland	971-673-1822
April 2	<i>Parenting the ADD/ADHD Child</i>	Roseburg	541-464-2077
April 3	<i>Thriving in Stressful Times</i>	Enterprise	541-426-4558 x 227
April 9	<i>Facilitating Developmental Attachment</i>	Keizer	503-373-1200 x 345
April 10	<i>Caring for Medically Fragile Toddlers</i>	Portland	971-673-1822
April 11	<i>Transitioning Children with Sensitivity</i>	Roseburg	541-464-2077
April 14	<i>Parenting the ADD/ADHD Child</i>	Beaverton	503-277-6673
April 15	<i>Supporting Visitation</i>	Keizer	503-373-1200 x 345
April 16	<i>Loss and Grief</i>	Burns	541-573-2086 x 226
April 17-18	<i>Behavior Crisis Management (2-day training)</i>	Oregon City	503-731-4003
April 17	<i>Common Mental Health Disorders in Teens</i>	Portland	971-673-1822
April 18	<i>The Continuum of Attachment</i>	Baker City	541-523-6423 x 527
April 18	<i>Living with Sexually Abused Children</i>	St. Helens	503-397-3292 x 8330
April 18	<i>Positive Behavior Management</i>	La Grande	541-963-8571
April 21	<i>Collaborative Problem Solving</i>	Roseburg	541-464-2077
April 21	<i>Transitioning Children with Sensitivity</i>	North Bend	541-756-5500 x 251
April 24	<i>Caring for Medically Fragile Toddlers</i>	Medford	541-776-6120 x 251
April 27	<i>Ten Tips for Parenting Teens</i>	The Dalles	541-506-5222
April 28	<i>Collaborative Problem Solving</i>	Portland	971-673-1822
April 28	<i>The Connection: The Child and the Birth Family</i>	Ontario	541-889-9194
April 29-30	<i>Behavior Crisis Management (2-day training)</i>	Beaverton	503-277-6673

CWP NetLink Trainings

www.cwpsalem.pdx.edu

Login at 6:00pm, Class begins at 6:30pm (2-2½ hours). View NetLink training instructions at www.orparc.org or visit <https://dhslearn.hr.state.or.us>

March 19: *Caregivers and Juvenile Court*

April 28: *Grief and Loss*

May 21: *Incarcerated Parents*

June 23: *Confidentiality for Foster Parents*

July 16: *Mental Health Diagnoses*

August 25: *Child Development*

September 17: *Promoting Permanency*

October 27: *Internet Safety*

19 de noviembre: *Transiciones ("Transitions") Entrenamiento en español*

December 15: *Caregivers and the OSM*



Community Partner Trainings & Events

Oregon Parent Training & Information Center

Contact OrPTI at 1-888-505-2673, 503-581-8156, or info@orpti.org, www.orpti.org

Date	Training/Workshop	City	Contact
March 6	<i>Diversity is Now!</i>	Bend	morloy@orpti.org
March 9	<i>Testing, Testing, 1, 2, 3...Understanding Oregon State Assessments</i>	Salem	lskipworth@orpti.org
March 9	<i>Behaviors that Interfere with Learning</i>	Baker City	rwortman@orpti.org
March 12	<i>Diversity is Now!</i>	Newport	morloy@orpti.org
March 12	<i>Transition to Kindergarten</i>	Coos Bay	lbell@orpti.org
March 12	<i>EI/ECSE and IFSP: What does it mean?</i>	Hillsboro	vhaight@orpti.org
March 13	<i>What Parents Need to Know about the IEP</i>	Burns	rwortman@orpti.org
March 14	<i>Diversity is Now!</i>	Ontario	rwortman@orpti.org
March 16	<i>High School Transition and Post-Secondary Options</i>	Monmouth	lskipworth@orpti.org
March 16	<i>School Wide Systems: Understanding RTI and PBIS</i>	Klamath Falls	lbell@orpti.org
March 17	<i>Transition to Kindergarten</i>	Salem	lskipworth@orpti.org
March 17	<i>Understanding RTI and PBIS</i>	Portland	vhaight@orpti.org
March 18	<i>Writing IEP Goals: Are Your Child's Goals Adequate & Appropriate?</i>	Astoria	vhaight@orpti.org
March 31	<i>High School Transition Night</i>	Albany	lskipworth@orpti.org
March 31	<i>What Parents Need to Know about the IEP</i>	Hillsboro	vhaight@orpti.org
April 1	<i>Are We There Yet? Moving to and through Adulthood with a Disability</i>	Boardman	rwortman@orpti.org
April 1	<i>High School Transition</i>	Eugene	lskipworth@orpti.org
April 1	<i>Are We There Yet? Transition from High School</i>	Medford	lbell@orpti.org
April 1	<i>Are We There Yet? Moving to and through Adulthood with a Disability</i>	Arlington	rwortman@orpti.org
April 2	<i>Understanding RTI and PBIS</i>	Portland	vhaight@orpti.org
April 6	<i>School Wide Systems: Understanding RTI and PBIS</i>	Pendleton	rwortman@orpti.org
April 6	<i>Are We There Yet? Moving to and through Adulthood with a Disability</i>	Pendleton	rwortman@orpti.org
April 7	<i>What Parents Need to Know about the IEP</i>	Portland	vhaight@orpti.org
April 7	<i>Behaviors, IEPs and the Law</i>	Salem	lskipworth@orpti.org
April 8	<i>School Wide Systems: Understanding RTI and PBIS</i>	Roseburg	lbell@orpti.org
April 8	<i>Transition to Kindergarten</i>	Roseburg	lbell@orpti.org
April 9	<i>Grade to Grade Transition: Planning for Success</i>	Monmouth	lskipworth@orpti.org
April 9	<i>What Parents Need to Know about the IEP</i>	Portland	vhaight@orpti.org
April 14	<i>School Wide Systems: Understanding RTI and PBIS</i>	Clackamas	vhaight@orpti.org
April 15	<i>Behaviors that Interfere with Learning</i>	Beaverton	vhaight@orpti.org
April 15	<i>Understanding ADHD</i>	Stayton	lskipworth@orpti.org
April 16	<i>Behaviors that Interfere with Learning</i>	Corvallis	lskipworth@orpti.org
April 20	<i>Are We There Yet? Moving to and through Adulthood with a Disability</i>	Baker City	rwortman@orpti.org
April 21	<i>Testing, Testing, 1, 2, 3: Statewide Assessments</i>	Astoria	vhaight@orpti.org
April 23-24	<i>IEP Partner Training</i>	Eugene	kriplinger@orpti.org
April 23	<i>Testing, Testing, 1, 2, 3...Statewide Assessments</i>	Hillsboro	vhaight@orpti.org
April 23	<i>Understanding Response to Intervention & Positive Behav. Intervention Sup.</i>	Albany	lskipworth@orpti.org
April 29	<i>Can You Hear Me Now? How to Comm. Effectively w/ Your IEP Team</i>	Gold Beach	lbell@orpti.org
May 2	<i>Parents! Have You Done Your Homework? Prepare for Special Education</i>	Portland	dbethell@orpti.org
May 5	<i>RTI & PBIS: School-wide Systems</i>	Astoria	vhaight@orpti.org
May 6	<i>Can you hear me now? How to Communicate Effectively w/ your IEP Team</i>	Grants Pass	lbell@orpti.org
May 8	<i>Inspiring All Learners: Successful Accommodations in Gen. Education</i>	Portland	swindells@providence.org
May 11	<i>Can you hear me now? How to Communicate Effectively w/ your IEP Team</i>	Coos Bay	lbell@orpti.org
May 12	<i>Building Parent/Professional Partnerships</i>	Hood River	vhaight@orpti.org
May 19	<i>Asperger's and ADHD: What's the same, what's different, what helps?</i>	Corvallis	lskipworth@orpti.org
May 20	<i>ABC's and IEP's: Reading, Literacy and Students with Disabilities</i>	Beaverton	vhaight@orpti.org
May 28	<i>Is Your Child a Target of Bullying?</i>	Albany	lskipworth@orpti.org
June 4	<i>Writing IEP Goals: Are Your Child's Goals Adequate and Appropriate?</i>	Hood River	vhaight@orpti.org



More Community Partner Trainings & Events

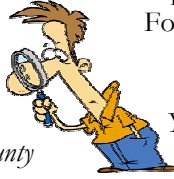
Saturday Respite Care

Children aged 6 weeks to 18 years with a developmental disability

March 7 and April 11

YMCA Child Development Center
1133 SW Market Street, Portland, OR
Contact Amber Lang at 503-935-5233 or
alang@thearcmult.org to register

Sponsored by The ARC of Multnomah-Clackamas County



2009 Adolescent Sexuality Conference

Today's Youth—Tomorrow's Voice

April 6-7, 2009 ♦ Seaside Convention Center, Seaside, OR
For registration and details please visit www.asc-oregon.org

Truth, Lies and Videotapes

Youth media project designed to engage high school students in the prevention of alcohol, tobacco and other drug abuse

April 10, 2009 ♦ 7:00 to 9:00 p.m.

Umpqua Community College, Jacoby Auditorium, Roseburg

Sponsored by Umpqua Partners ♦ www.updrugfree.org

Collaborative Problem Solving

Saturdays, March 9/16/23/30, 2009

3001 N Gantenbein Avenue, Burn Unit Tower, Portland

Contact Stephanie Delgado at 503-413-2590

Legacy Emmanuel Children's Hospital Adolescent Psychiatry Program

Fetal Alcohol Spectrum Disorder: Into Action

Three-day intensive training on Fetal Alcohol Spectrum Disorders

March 12-14, 2009 ♦ 9:00 a.m. to 4:00 p.m.

Mark Spencer Hotel, Portland, OR

Contact Wendy Temko at 503-621-1271 or

wtemko@fascets.org for registration and information

Grandparents Raising Grandchildren Conference

April 30, 2009 ♦ 9:30 a.m. to 2:30 p.m.

4227 Lone Oak Road, SE, Salem, OR 97302

Call Barbara Masser at 503-304-3439 to register

24 Annual OASOTN Conference

Where the Rubber Meets the Road: Effective Method for Working with Sexually Abusive Youth

May 13-15, 2009 ♦ Eugene ♦ www.oasotn.org/conference

Adoption Connections of Oregon (ACO)

www.adoptionconnectionsoforegon.org

Mar 7, Apr 25, May 9

Adoption Activity Group, Offered to transracially adopted children ages 6 and older

Eugene

March 8

Hair Club, Learn about the basics for caring for ethnic hair

Eugene

April 5

Spring Pine Tree Play Group: Skateworld

Springfield

May 2

Spring Pine Tree Play Group: Ridgeline Tail Hike

Eugene



Adoption Counseling and Educational Services (ACES)

www.adoptioncounselingservices.com

April 18 Workshop for Adopted Girls ages 6-11

Portland & Beaverton, 503-680-8064

10:00 am to 12:00 pm

These Saturday morning workshops provide experiential activities for girls to explore and normalize their adoption experiences

Presenter: Mary Miyakawa, LCSW

April 17, May 15

Parenting Your Adopted Teenager

Portland, 503-314-8591

9:30 to 11:30 a.m.

Topics such as control battles, brain development, and grief & loss

Presenter: Gail Hardman-Woung, LCSW

April 17, May 15

Children, Discipline, Allowance, Chores and Charts

Portland, 503-314-8591

12:00 to 2:00 p.m.

Raising responsible children who are confident and helpful

Presenter: Gail Hardman-Woung, LCSW

April 7—May 26

Adoptive Parent Support Group

Dundee, 503-537-3927 ext. 2

Tuesday mornings

Eight-week group includes general discussion regarding adoption parenting and the book *Achieving Success with Impossible*

Presenter: Rhonda Andrews, LCSW

9:30 to 11:00 a.m.

Children: How to Win the Battle of Wills

Adoption Mosaic

www.adoptionmosaic.org

March 10 Movie Group, Open to the adoption community

May 12 Movie Group, Adult adoptee only

March 14 Transracial Workshop: Part C

May 16 Transracial Workshop: Part B

April 4 Transracial Adult Adoptee Panel

June 6 Transracial Workshop: Part C

April 6 Kid/Youth Activity Group

June 6 Transracial Adult Adoptee Panel

April 18 Transracial Workshop: Part A

June 13 Lifestory Book Workshop

May 2 What & When: Talking about Adoption

Collaboration with NAFA



Oregon Family Support Network (OFSN) www.ofsn.org, at "Home" click on "Collaborative Problem Solving Corner"

March 4—April 1

Collaborative Problem Solving Implementation Team & Book Club

Videoconference

Wednesdays

March 10—April 14

Collaborative Problem Solving: *The Explosive Child* Book Group

McMinnville

Tuesdays





More Community Partner Trainings & Events

DHS North Clackamas Branch

16440 SE 82nd Drive, Clackamas, OR 97015

March 12	Parenting Adopted Teens and Pre-teens Discussion Group	6:00 to 7:30 p.m.
March 14	Methamphetamine	9:00 a.m. to 4:00 p.m.
March 14	More on Meth	4:00 to 6:00 p.m.
April 22	Discussion Group: <i>It's Much More Work to Be Your Friend and Last One Picked/First One Picked On</i>	6:00 to 9:00 p.m.
May 20	Collaborative Problem Solving	6:00 to 9:00 p.m.

Grupo de apoyo para Padres de Crianza y Padres Adoptivos del Condado de Clackamas

Departamento de Servicios Humanos, 315 South Beaver Creek Road, Oregon City, Oregon 97045

Si tiene cualquier pregunta, comuníquese con la Sra. Gloria Sandoval al número 503-731-4120

Jueves, 2 de abril	Cuidado personal y servicio de relevo ("Personal Care/Respite Care") <i>Un representante de la oficina central del Departamento de Servicios Humanos en Salem presentará información reciente</i>	5:30 a 7:00 de la tarde
Jueves, 7 de mayo	Cómo trabajar con las familias biológicas de los niños en su cuidado <i>La Sra. Irene Phipps presentará este entrenamiento</i>	5:30 a 7:00 de la tarde

Trainings by Tim O'Brien, LPC

www.tim-obrien.com

Mar 31-May 26	Parent Empowerment Program, 6:00 to 8:00 p.m.; West Linn; call 503-557-4700 to register
7 abril-9 junio	El Programa que da poder a los padres, <i>Una serie de 10 clases que se reúnen los martes en Milwaukie</i> <i>Comuníquese con Linda Castañeda al número 503-869-2952 para más información o para registrarse</i>

Summer Camp Resource Guide

Camp can be a great learning experience and great fun for your child or it can be stressful and challenging. By taking time to find the right camp, you can help promote a more positive experience for everyone. There are many different types of camps covering a variety of interests. A number of camps offer opportunities for children with special needs or in need of scholarships. ORPARC recommends that you research the camp and setting that best serve the needs of your child. The online camp listing will be divided into the following categories:



- Adoption-specific Camps
- Camps for Special Needs Children, Children with Disabilities and Illnesses
- Other Camps for Children, Teens and Families
- Suggest Camp Resources

Visit www.orparc.org to see ORPARC's complete Summer Camp Resource Guide which can be downloaded after April 1, 2009. You can also call us at 503-241-0799/800764-8367 or e-mail us at orparc@nwresource.org if you would like us to send you a complete copy. Also, keep your eyes out for the annual *Oregonian Summer Camp Guide* printed **March 15**.



Voice for Adoption

www.voice-for-adoption.org

Voice for Adoption (VFA) develops and advocates for improved adoption policies. VFA works closely with federal and state legislators, as well as other child welfare organizations, to make a difference in the lives of the 129,000 children in foster care who are waiting to be adopted and the families who adopt children from foster care. VFA also provides weekly e-mail updates to its members and partners on adoption, foster care, and child welfare news, resources, and legislation, as well as updates on VFA's activities. If you would like more information about Voice for Adoption or would like to receive weekly e-mail updates, please visit www.voice-for-adoption.org.