



Assisting families on their  
lifelong journey

# The Journey

Oregon Post Adoption Resource Center  
(ORPARC)  [www.orparc.org](http://www.orparc.org) 

Volume XXX

Winter 2007

ORPARC is a program of Northwest Resource Associates

## ORPARC awarded 2006 Adoption Excellence Award

The Administration for Children and Families (ACF) at the U.S. Department of Health and Human Services (HHS) distributed 13 awards for individuals and organizations that have demonstrated outstanding commitment to increasing the number of children in foster care who are adopted.

Adoption Excellence Awards are given annually to honor individuals, families, local agencies, private organizations, courts, businesses and states. Awards were presented on November 28, 2006 at a special ceremony in Arlington, Virginia. ORPARC was awarded the Adoption Excellence Award in recognition of support for adoptive families; Astrid Dabbeni, ORPARC Family Support Specialist, accepted the award on behalf of ORPARC.



In 2005, the total number of adoptions with public agency involvement is estimated at just below 51,500, up from about 50,700 in 2004 nationwide. There are currently 513,000 children in the foster care system, and of these about 114,000 are waiting to be adopted. In Oregon there are approximately 8,000 families who adopted through the child welfare system parenting approximately 9,500 children under the age of 18. ORPARC is proudly here to be of service to all of you!

## Accessing mental health services for your child

### Obtaining Services

If your child is enrolled in a managed mental health organization (MHO), the MHO is your first point of contact to obtain mental health services. Effective 7/1/2006, most children with OHP coverage through adoption assistance were enrolled into an MHO even when they had a private insurance resource because under the Children's System Change Initiative MHOs are responsible for authorization and payment for the array of treatment services, including higher level mental health treatment. Changes in the mental health system require families, case managers, and the local MHOs to work together to develop a treatment plan based on the child's needs.

### What are the benefits of managed mental health vs. the open card-OHP?

Under managed care, community based services can be covered; the array of services may include in-home services, care coordination, school based and crisis. These services are not available on the "open card." In addition, if your child is not enrolled in a mental health plan, payment for psychiatric hospitalization could be denied, therefore limiting access to needed care.

*continued on Page 2*

## Ask ORPARC

### Did you know...

At ORPARC we have Family Support Specialists that can help you find local resources, provide information, referral and support when families and children confront difficult issues dealing with adoption. We also have a knowledgeable Librarian who can help families determine the right book, video or audio to help understand a particular issue. Do not hesitate to call, e-mail, or visit our website for resources.

☎ 1-800-764-8367

✉ [orparc@nwresource.org](mailto:orparc@nwresource.org)

 [www.orparc.org](http://www.orparc.org)

*¡Se habla español!*

☎ 503-241-0799 Telephone

☎ 800-764-8367 Telephone

☎ 503-241-0925 Fax

Oregon Post Adoption Resource Center

621 SW Morrison Street, Suite 450

Portland, Oregon 97205

E-mail: [orparc@nwresource.org](mailto:orparc@nwresource.org)

Website: [www.orparc.org](http://www.orparc.org)

# HEART GALLERY of Oregon



February 14th  
Opening at the Oregon  
State Capitol Building

Visit [www.heartgalleryoregon.org](http://www.heartgalleryoregon.org) or  
[www.orparc.org](http://www.orparc.org) for further details or a  
history of the Heart Gallery.



## Introducing the Heart Gallery of Oregon!

Every child needs a loving, supportive and nurturing family. Yet many Oregon children are still looking for their “forever” home; they now live in the state’s foster-care system.

The Heart Gallery of Oregon is a traveling display of photographs, taken by professional photographers to capture the spirit and personality of children awaiting adoption. On its statewide travels, the Gallery reaches out to Oregonians, asking them to open their homes and hearts.

### Adoption Club House → A website for adopted kids [www.adoptionclubhouse.org](http://www.adoptionclubhouse.org)

“The Adoption Clubhouse is a program of the National Adoption Center, whose mission it is to expand adoption opportunities throughout the United States, particularly for children with special needs and those from minority cultures. The Adoption Clubhouse is designed, authored and formatted by adoption professionals who believe Adoption is not the end but the beginning of a lifetime of experiences and relationships heightened by the unique aspects of being adopted.

The Adoption Clubhouse is designed with your child's adoption needs in mind. Through the activities and information on this site your child can experience a sense of belonging to a wider adoption community of peers. The staff of Adoption Clubhouse takes every precaution to insure a safe internet experience for your child but we ask you to be the lead in guiding them when using this and other websites.”

### Young Children’s Disability Resource Fair

Saturday, February 3, 2007 ♦ 11:00 a.m. to 1:00 p.m.

To be held at: Friends of the Children  
65 NE Stanton Street, Portland, OR 97212



- ✓ More than 25 agencies and organizations serving children birth to 5 with disabilities will be present
- ✓ Refreshments, puppet show, face painting, door prizes, and balloons

### Accessing mental health services for your child *continued from Page 1*

#### How is my child’s treatment plan designed?

Your child’s level of need will be assessed by the MHO, using the Child and Adolescent Service Intensity Instrument (CASII), a mental health assessment and consideration of other factors, to identify appropriate services. Children and their guardians have the right to participate in decisions and to be actively involved in the development of a treatment plan.

#### What are my resources?

In every MHO a Children’s Care Coordinator is ready to assist you. For help in finding your local contact please call the phone number on your child’s medical id card. For children on an “open card” you can find your county contact by contacting your county mental health or on-line at:

<http://egov.oregon.gov/DHS/mentalhealth/child-mh-soc-in-plan-grp/main.shtml>

Look for a link about 1/3 of the page down, titled “MHO Children’s System Coordinator and CMHP Children Mental Health Contact.” The OHP members’ handbook can be accessed online at:

<http://www.oregon.gov/DHS/healthplan/clients/main.shtml>

Point and click on the subject line “OHP Client Handbook.”

Last, and certainly not least, you can always contact ORPARC for assistance at 1-800-764-8367, on the web at [www.orparc.org](http://www.orparc.org), or by e-mail at [orparc@nwresource.org](mailto:orparc@nwresource.org).

*Submitted by Tamara Hammack-Ryan, Medical Assistant Resource Coordinator ☎ 503-945-5704  
Department of Human Services, Children, Adults & Families*

# ORPARC Winter Trainings

**Register for trainings at:**

☎ 503-241-0799 ☎ 1-800-764-8367

E-mail [orparc@nwresource.org](mailto:orparc@nwresource.org)

## METROPOLITAN REGION

Thursday, January 18, 2007

9:00 to 11:00 a.m.

12:00 to 2:00 p.m.

**Talking with  
Children about  
Adoption**

and

**Openness  
in Adoption**

*Supporting and  
Maintaining Connections  
with Birth Family*

Holladay Park Plaza

1300 NE 16th Avenue, Portland, OR 97232

✓ Lunch provided, 11:00 a.m. to 12:00 noon

## Long Term Success in Adoption

Wednesday, February 14, 2007 ♦ 6:00 to 7:30 p.m.

*Kinship House Adoptive and Foster Parent Support Group*

1823 NE 8th Avenue, Portland, OR 97212

## SOUTHERN REGION

**Relative Issues  
in Adoption:  
Grief & Loss**

and

**Talking with  
Children  
about Adoption**

Friday, March 30th  
3:30 to 5:00 p.m.

Saturday, March 31st  
1:30 to 3:00 p.m.

Thursday, Friday & Saturday, March 29-31, 2007

*Oregon Foster Parent Association 2007 Conference*

Hilton Eugene & Conference Center

66 East 6th Avenue, Eugene, OR 97401

To register or for more information about the  
conference visit [www.ofpa.com](http://www.ofpa.com).

Visit [www.orparc.org](http://www.orparc.org) or call 1-800-764-8367  
to inquire about training announcements.

ORPARC trainings are free of charge to DHS adoptive, foster and assisted guardianship families, and DHS/ SNAC adoption professionals. Others may attend trainings for minimal charge on a space available basis. Childcare and travel expense reimbursement as funds allow; please request upon registration. Trainings are held in accessible locations. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Please request these services two weeks in advance.

## WESTERN REGION

### Openness in Relative Adoption

*Supporting and Maintaining Connections with Birth Family*

March 8, 2007 ♦ 6:30 to 8:00 p.m.

*Grandparents & Relatives Raising Children Support Group*

Patton Middle School

1175 NE 19th Street, McMinnville, OR 97128

### Advocating for Your Child's Educational Needs

February 6, 2007 ♦ 6:00 to 8:00 p.m.

Department of Human Services

555 NW 5th Street, Corvallis, OR 97330

## EASTERN REGION

### Understanding Attachment

Presenter: Lynne Herbert, LPC, from the

Attachment Center of Central Oregon

Thursday, January 25, 2007 ♦ 5:00 to 8:00 p.m.

DHS, 678 NE Highway 97, Madras, OR 97741

✓ *Training at the Foster Parent Quarterly*

✓ *Jefferson County adoptive parents are invited*

✓ *RSVP to Jessica McNatt at 541-475-2292 x 314*

✓ *Potluck dinner and childcare provided*

## ENTRENAMIENTOS EN ESPAÑOL

*Presentados en la oficina del Departamento de Servicios Humanos*

### Plan de adopción-colocación abierta

*Apoyar y mantener las conexiones con la familia biológica*

#### Oregon City

1° de febrero de 2007

5:00 a 7:00 de la noche

*Grupo de apoyo*

315 S Beaver Creek Road

#### Hillsboro

22 de febrero de 2007

6:00 a 8:00 de la noche

*Grupo de apoyo*

5920 NE Ray Circle

### ¡Atención familias de habla hispana!


Si usted desea recibir nuestro boletín en español,

llámenos al número 1-800-763-8367 y pregunte

por 'Miguel' o envíenos un correo electrónico a

[orparc@nwresource.org](mailto:orparc@nwresource.org).

More Partnership trainings at:

 [www.cwpsalem.pdx.edu](http://www.cwpsalem.pdx.edu)

## PSU Child Welfare Partnership Trainings

**Metro** Register at 971-673-1822; trainings held at Metro Training Center, 1425 NE Irving Street, Suite 250, Portland

January 27	9:00 a.m. to 4:00 p.m.	Family Life Skills: Raising Responsible Teens
January 31	10:00 a.m. to 12:00 noon	Coffee Talk: Finding Resources for Foster and Relative Providers
Feb. 1 & 8	6:30 p.m. to 9:00 p.m.	Coping While You Care for Difficult Children (two part class)
February 7	10:00 a.m. to 12:00 noon	Coloring a Child's World with Literacy
February 22	6:00 p.m. to 9:00 p.m.	What Color is Math? Understanding Fetal Alcohol Spectrum Disorder
February 24	9:00 a.m. to 12:30 p.m.	Family Life Skills: Raising Responsible Teens
February 28	8:30 a.m. to 12:00 noon	NETLINK: What Color is Math? (Register @ <a href="http://www.cwpsalem.pdx.edu/netlink">www.cwpsalem.pdx.edu/netlink</a> )

### Eastern

January 9	How to become an emotionally intelligent parent @ 2 <sup>nd</sup> Tuesday Group	Hermiston	541-564-4493
January 13	Stewards of Children Darkness to Light (child sexual abuse)	Burns	541-573-2086 x 230
January 13	Relatives as Caregivers: Parenting when the child is a family member	La Grande	541-963-8571 x 426
February 6	The Heart of the Matter: Basic Child Development isn't so Basic Anymore	Burns	541-573-2086 x 230
February 13	2 <sup>nd</sup> Tuesday Educational Support Group	Hood River	541-386-2962 x 236
February 13	Support Teams @ 2 <sup>nd</sup> Tuesday Educational Support Group	Hermiston	541-564-4493
February 26	Defensive Parenting (presented by Don Darland, ORFPA)	Prineville	541-447-6207 x 222
February 27	Defensive Parenting (presented by Don Darland, ORFPA)	Bend	541-693-8937
February 28	Defensive Parenting (presented by Don Darland, ORFPA)	Madras	541-475-2292 x 314

### Western

January 11	PTSD vs. ADD/ADHD	Oregon City	503-657-2112 x 512
January 12	Drug Endangered Children	Corvallis	541-757-4121 x 230
January 16	What Every Caregiver Needs to Know About the IEP	McMinnville	503-472-4634 x 647
January 18	PTSD vs. ADD/ADHD	Salem	503-373-1200 x 345
January 20	Meth Endangered Children in the Child Welfare System	Newport	541-265-8557 x 538
January 24	Addictive Family Dynamics (presented by Jay Wurscher)	Dallas	503-623-8118 x 256
January 25	It's All Relative When Raising Grandkids & Other Relative's Children	Albany	541-967-2060 x 217
February 8	Hope & Help for Working with Children with Attachment Issues	Corvallis	541-757-4121 x 230
February 8	Videos & Facilitated Discussion: PBS Videos on Learning Disabilities	Oregon City	503-657-2112 x 512

### Southern

January 17	Understanding and Responding to the Sexual Behavior of Foster Children	Eugene	541-686-7555
January 24	Elimination Disorder: Help is Here (problems going to the bathroom)	Medford	541-776-6120 x 251
January 27	Oppositional Behavior: Help and Understanding for the Caregiver	Roseburg	541-440-3373 x 358
February 24	Doing the Impossible and Being Effective (presented by Dr. Dave Ziegler)	Eugene	541-686-7555
February 28	Team Building: The Role of the Foster/Adoptive Parent	Medford	541-776-6120 x 251

## Oregon Parent Training & Information Center → [www.orpti.org](http://www.orpti.org)

January 5	Fetal Alcohol Syndrome	La Grande	<a href="mailto:dhelman@orpti.org">dhelman@orpti.org</a>
January 5	Understanding Special Education	La Grande	<a href="mailto:dhelman@orpti.org">dhelman@orpti.org</a>
January 15	Dispute Resolution in Special Education	Coos Bay	<a href="mailto:jwiley@orpti.org">jwiley@orpti.org</a>
January 15	Behaviors: IEP and the Law	Salem	<a href="mailto:lskipworth@orpti.org">lskipworth@orpti.org</a>
January 16	What Parents Need to Know about the IEP	McMinnville	<a href="mailto:lskipworth@orpti.org">lskipworth@orpti.org</a>
January 20	Becoming an Adult (with panel of self advocates)	Eugene	<a href="mailto:lskipworth@orpti.org">lskipworth@orpti.org</a>
January 23	Rights and Advocacy	Grande Ronde	<a href="mailto:lskipworth@orpti.org">lskipworth@orpti.org</a>
January 23	Dispute Resolution in Special Education	Medford	<a href="mailto:jwiley@orpti.org">jwiley@orpti.org</a>
January 30	High School Transition, Plans, Programs	Corvallis	<a href="mailto:lskipworth@orpti.org">lskipworth@orpti.org</a>
January 30	Dispute Resolution in Special Education	Roseburg	<a href="mailto:jwiley@orpti.org">jwiley@orpti.org</a>
January 31	What Parents need to know about the IEP	Springfield	<a href="mailto:lskipworth@orpti.org">lskipworth@orpti.org</a>
February 2	Bullying	La Grande	<a href="mailto:dhelman@orpti.org">dhelman@orpti.org</a>
February 2	Advocacy and Parental Rights	La Grande	<a href="mailto:dhelman@orpti.org">dhelman@orpti.org</a>
February 16	Aspergers and ADHD	La Grande	<a href="mailto:dhelman@orpti.org">dhelman@orpti.org</a>
February 21	Behaviors, Functional Assessments, Discipline and the Law	Springfield	<a href="mailto:lskipworth@orpti.org">lskipworth@orpti.org</a>
March 20	Transition to Kindergarten	Grande Ronde	<a href="mailto:lskipworth@orpti.org">lskipworth@orpti.org</a>

# Partner and Community Trainings

## The Attachment Center of Central Oregon → <http://attachco.com>

- January 9: *Understanding Attachment; a primer for parents & professionals*  
January 16: *Preparing for Adoption*  
January 23: *Parenting and the Brain*  
January 30: *Help and Hope for Parenting the Challenging Child*

## January Talk Series Tuesdays, 12:00-1:00 p.m.

To RSVP or for details contact:  
Lynne Herbert, L.P.C.  
541-389-5446 or [attachco@aol.com](mailto:attachco@aol.com)  
1183 NW Wall Street, Suite D, Bend

## Parenting a Second Time Around: Facilitator Training Workshop

February 8 & 9, 2007 ♦ 9:00 a.m. to 4:00 p.m.

WSU, Vancouver Campus, Library 240

14204 NE Salmon Creek Ave., Vancouver, WA 98686

- ✓ Training is for Support group leaders, parenting educators, school personnel, Tribal or other family support persons, or relatives raising a child
- ✓ \$100 agency; \$50 volunteer, elders, relatives  
Limited scholarships available from ORPARC
- ✓ To register contact Hilari Hauptman at  
1-800-422-3263 or e-mail [haupthp@dshs.wa.gov](mailto:haupthp@dshs.wa.gov)

## Raising Resilient Rascals:

### Integrative, Brain Based Practical Ways to Parent & Nurture Adopted & Fostered Children

February 2, 2007 ♦ 8:30 a.m. to 5:00 p.m.

Tukwila Community Center

12424 42nd Avenue S, Tukwila, WA 98168

To register visit [www.cascadia-training.org](http://www.cascadia-training.org),  
or call 206-441-6892/1-800-298-6516



## Online Training Child Trauma Academy

The Child Trauma Academy is a not for profit organization that provides free on-line training for parents. Log on to <http://www.childtrauma.org/> and follow the link to the on-line university. Current trainings include “Bonding and Attachment in Maltreated Children” and “The Amazing Human Brain and Human Development” which discusses brain functioning in maltreated children.

## Lifestory Books & Transracial Parenting

Fri. January 12th *and* Sat. January 13th  
5:00 to 9:00 p.m. *and* 9:00 to 5:00 p.m.  
\$55 *\$135 both* \$100

*Sponsored by Adoption Connections of Oregon (541-345-4209)*  
*ORPARC has one scholarship available, call 1-800-764-8367*

## FREE Community Forum

### Substance-Exposed Children: Understanding and Nurturing Their Developing Brains

Thursday, March 22, 2007 ~ 6:00 to 8:30 p.m.

Valley River Inn, Eugene, Oregon

**Forum will provide:** General information about early childhood brain development; an overview of the impact of substance use on brain development; and ideas on how to stimulate healthy brain development for those children affected by alcohol and drugs.

**Who should attend?** Parents, foster parents and caregivers of children who have been exposed to alcohol/drugs early in their lives.

**Registration and other information:** To register or for more information, visit [www.healthybraindevelopment.com](http://www.healthybraindevelopment.com). Light snacks and childcare will be provided.

**Questions or childcare information:** Contact Sandy Moses, Lane County Health & Human Services, at 541-682-3650 or e-mail [sandy.moses@co.lane.or.us](mailto:sandy.moses@co.lane.or.us).

## Substance Use & Brain Development: Impacts & Interventions

March 22-24, 2007

Valley River Inn, Eugene, Oregon

This conference will provide the latest research, prevention methods and best intervention practices regarding the impact of maternal and paternal substance use on child brain development.

- ✓ Register at Healthy Brain Development web site (to left)
- ✓ Contact Sandy Moses, LCHHS,  
at 541-682-3650 or e-mail  
[sandy.moses@co.lane.or.us](mailto:sandy.moses@co.lane.or.us)

# Community Announcements

**Lifespan Respite Care Network of Multnomah County** is offering respite scholarships to families who are raising a child with a disability and whose income is at or below 200% of the poverty level. For more information call 503-988-4790, or visit the following Lifespan web site to download the respite care application:

- ☞ <http://www.co.multnomah.or.us/dchs/lifespan/>, ☞ click on “Financial Assistance” (left),
- ☞ click on [Children’s Respite Fund Financial Assistance Application](#) ☞ PDF document will open

**Respite Funds** are available for family caregivers through Multnomah County’s Family Caregiver Support Program. Financial assistance is available for grandparents and other relatives, age 60 and over, who are raising children age 18 and younger. Funds can be used to pay for respite, childcare, after school activities, or classes or workshops to assist you as an elder raising a child who is a blood relative. Currently, up to \$600 is offered to use within a six-month period of time. There are no income guidelines for eligibility. Unpaid family or friends who are caring for seniors age 60 or over, who have substantial care needs, are also eligible for respite funds through this program.

The goal of the program, which is funded through the Older Americans Act, is to provide respite for family caregivers. The program also provides information about other programs which may assist you in your caregiving role. For questions or to apply, contact Loriann McNeill, Family Caregiver Support Program Coordinator, at 503-988-3646 or e-mail [loriann.mcneill@multnomah.or.us](mailto:loriann.mcneill@multnomah.or.us).

## 2006 *Angels in Adoption* Honored

On September 20th the Congressional Coalition on Adoption Institute (CCAI) held its 2006 *Angels in Adoption* gala in Washington, DC. Each year, CCAI invites members of Congress to recognize those individuals who have made a difference in the lives of children and families through adoption by giving them the Congressional *Angels in Adoption* award. National *Angel* awardees are chosen by the Congressional directors of CCAI for their advocacy on a national and international scale. All other *Angels* are chosen by their member of Congress.

This year’s national *Angels in Adoption* were Daunte Culpepper, quarterback for the Miami Dolphins; Invisible Children, a documentary and grassroots movement, and Darryl “DMC” McDaniels from the hip hop group Run DMC. In addition to the national award recipients, 187 members of Congress selected *Angels in Adoption* from their home states, which included **Claudia Hutchison** from Oregon, former Program Manager of ORPARC, and **Barbara Pearson**, Adoption Manager at Northwest Resource Associates, ORPARC’s parent agency located in Washington.

Congratulations to all of this year’s *Angels in Adoption*. The *Angels in Adoption* program is CCAI’s signature public awareness program, providing an opportunity for all members of Congress to honor the work of their constituents who have enriched the lives of foster children and orphans worldwide. More information about CCAI is available online at: [www.ccaiinstitute.org](http://www.ccaiinstitute.org).

## Remember to ask about ORPARC’s non-return, information packets:

1. Achieving Long Term Success in Adoption
2. ADD-ADHD
3. Adopted Youth Support Group
4. Attachment
5. The Child Who Has Been Sexually Abused
6. Dealing With Sexually Acting Out Behaviors In Children
7. Effective Discipline
8. Fetal Alcohol Spectrum Disorder (FASD)
9. Lifestory Books
10. Parenting Children Who Have Been Exposed to Methamphetamine
11. The Physically Abused or Neglected Child
12. Self-Destructive Behaviors
13. Substance Abuse
14. Transracial Parenting
15. Youth Depression and Suicide Prevention



Order online at [www.orparc.org](http://www.orparc.org) or call 1-800-764-8367



# Children's Materials in the ORPARC Library



Most adoption literature today encourages parents to talk to their children early and often about adoption. Reading adoption themed books to your child can normalize the idea of adoption for the child, can create opportunities for you to open up dialogue in a way that doesn't seem like interrogation, and can provide a smooth introduction to the topic. The following are just a few of the titles in our library that focus on the adoption experience.

**A Mother for Choco** A young bird searches for his mother from Africa to the Arctic, but to no avail. Finally he meets Mrs. Bear who hugs and kisses him and takes him home to her adopted family.

**Adoption Stories for Young Children** A five year old boy introduces us to his many friends and neighbors who come from different walks of life but have one thing in common – their families were all created through adoption

**Being Adopted** follows some of the steps in the life of an at-birth adoption through a first person narrative.

**Benjamin Bear Gets a New Family** deals with feelings many kids experience due to their birth parents' inability to provide for them, and feelings related to their subsequent adoption. Opportunities and guidelines for discussion are provided.

**Emma's Yucky Brother** Emma has a harder time getting used to the four year old younger brother her family has adopted than she had anticipated. Problems escalate, but the story ends with a satisfactory resolution for the two children.

**Growing Up Adopted** Told in first person and based on lengthy interviews with eight children and six adults, all of whom were adopted as children, this is an illuminating and highly readable resource for children and adults alike.

**How I Was Adopted** A story of how babies are born and how children grow, of what makes people different and what makes them the same – a story about love and family.

**How it Feels to be Adopted** nineteen young people present both good and bad sides of being adopted from an adolescent point of view – a personal and moving book to be read by children and parents.

**I'm Brown and My Sister Isn't** exposes us to the daily similarities and differences between an adopted boy of color and his older, white, adopted sister.

**Is That Your Sister?** A child adopted into a multiracial family explains adoption as a chosen way of life that is positive, compassionate and civilized.

**A Koala for Katie** Katie pretends she has adopted her stuffed koala, just as her parents adopted her. Helps children, ages 3 to 8, see the many ways their parents love and care for them.

**Let's Talk About It: Adoption** In this gentle, matter-of-fact and reassuring approach to adoption, Mr. Rogers encourages open communication and acknowledges difficult issues.

**The Mulberry Bird: An Adoption Story** A mother bird's best efforts to care for her young chick continually fall short of keeping him safe, so Owl helps her find another family for her son. He adapts well to the new environment, but also deals with questions and issues related to his adoption.

**Our Gracie Aunt** About Johnson and his older sister Beebee, whose mother has left many times before, but never for this long. A social worker comes and takes them to stay with their Aunt Gracie whom the children hardly know. (ages 5-9)

**A Perfect Spring** A seabird couple find an egg and hatch it along with their own. The found egg hatches into a turtle. Both young listen to the lessons taught by the parents, which apply equally to life in the air and life in the sea.

**Twice Upon A Time: Born and Adopted** All children, even adopted ones, grew inside their birthmother before they were born. After descriptions of conception, pregnancy and birth, it shows how a child enters a family through adoption. It helps adopted children feel good about themselves and their families.

**W.I.S.E. Up Powerbook** provides tools to cope with the discomfiting comments you sometimes get from others. Learn how and when to (W)alk away, say (I)t's private, (S)hare, or (E)ducate. It comes with a 7-page Parent Guidebook to help parents teach their children these techniques.

**Zachary's New Home: A Story for Foster and Adopted Children** A kitten doesn't understand why he has to move from his first family to a foster family to an adoptive family. Angry at the changes in his life, he thinks no one loves him. A comforting story to be read to children ages 3 to 8, it explores emotions with appealing illustrations of animal characters. It may evoke strong emotions in children, so it is important that knowledgeable and concerned adults discuss these emotions, allowing the child to explore his or her own feelings.

ORPARC's library also contains more general children's materials as well as material on special needs, including ADHD, FASD, Dyslexia, and other learning disabilities. For a more complete list go to [www.orparc.org](http://www.orparc.org), click on "Lending Library," then on Children's Materials.

# Adoptive Parent Support Groups →



**New**

## **Kinship House Adoptive and Foster Parent Support Group**

2nd Wednesday of month ♦ 6:00 to 7:30 p.m.  
1823 NE 8th Avenue, Portland, Oregon 97212  
Contact Sue or Melissa at 503-460-2796

**Update**

## **Adoption Connections of Oregon (ACO)** *(formerly Adoptive Families of Lane County)*

is a non-profit organization of families and individuals, offering support, education, multicultural activities and friendship for anyone interested in adoption. Contact ACO at 541-345-4209, e-mail [aco@peak.org](mailto:aco@peak.org), or visit [www.aflcadopt.org](http://www.aflcadopt.org).

Please visit [www.orparc.org](http://www.orparc.org) and click on "Support Groups" for a statewide listing, or download the [Quick Reference](#) list. If you are aware of any new or updated support group information, please contact us at 1-800-764-8367 or [orparc@nwresource.org](mailto:orparc@nwresource.org).

## New Support Groups in Lane County

### **Caregiver Support Group**

*Sponsored by the Relief Nursery, Inc.*

Tuesday evenings, 6:00 to 7:30 p.m.

Group meets at 1720 West 25th, Eugene, OR 97404

Contact Vern Rose at 541-343-9706 for details.

*Support group for family members, adoptive and foster parents caring for children. Childcare provided for children up to age 9.*

### **Cottage Grove Support Group**

Contact Penelope Pilling at 541-767-0066 for details

### **Florence Support Group**

Last Wednesday of the month from 6:00 to 7:00 p.m.

Group meets at Siuslaw Fire Station

2625 Highway 101 N, Florence, OR 97439

Contact Christina Barrett at 541-902-0817 for details

### **Junction City Support Group**

Contact Shay Crabtree at 541-520-4521 for details

### **Springfield Foster Parent Support Group**

Generally meets the 2nd Wednesday of the month

Contact Tiffany Olsen at 541-744-7977 for details

*Group is open to adoptive parents or those who intend to adopt*