



The Journey

Oregon Post Adoption Resource Center (ORPARC)
Centro de Recursos Posadoptivos de Oregon

Assisting families on their lifelong journey. Apoyando a las familias durante el transcurso de sus vidas.

Volume XIX

Spring 2004

ORPARC is a program of Northwest Resource Associates



Adoption & Foster Care Conference: "Attaching Pieces, Solving Puzzles" March 26-27 — Everett, WA

ORPARC's parent agency, Northwest Resource Associates, is co-sponsoring this conference focused on **Diversity** and **Attachment**. The keynote speaker, Dr. Joseph Crumbley, will address:

- The Impact of Culture on Adoption and Foster Placements
- Developing Positive Identity in Children Placed Transracially

Workshops will focus on diversity issues such as:

- Assessing Families for Older Child and Transracial Placements
- Defining Parenting Roles in Gay, Lesbian, Bi, and Transgendered Families
- Adoption and Identity for Teens in Gay, Lesbian, Bisexual, and Transgendered Families

A second conference theme, Attachment, is imbedded in workshops such as:

- Bonding Bit by Bit
- Understanding Adult Attachment Styles
- Neurological Barriers to Bonding

Financial assistance available to Oregon families.
Call ORPARC to inquire. For more information, visit www.orparc.org and click the announcement on the home page, or contact us for a conference brochure.

See page 2 for sample library materials on these topics.

Recursos en español

No se olvide que tenemos varios recursos en español (libros, libros para niños y videos) y personal de habla hispana que puede contestar sus preguntas y ayudarle a resolver los asuntos que le enfrentan.

Calling All Therapists! Oregon Enters Second Year of Adoption-Specific Training Program for Mental Health Professionals

In the fall of 2003, the Post Graduate Training Certificate Program in Therapy with Adoptive Families for mental health professionals launched its pilot year at Portland State University. This program was the result of a collaborative effort between ORPARC, DHS, and PSU's Graduate School of Social Work and School of Continuing Education.

Oregon adoptive families were instrumental in providing crucial information during the development phase of the program which helped to shape the curriculum and the need for the program. As a result, 26 Oregon mental health professionals statewide answered the call and are currently attending the program. The goal of this program is to increase the number of Oregon therapists who understand the specific needs and issues of adoptive families and their children.

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☎ 503-241-0799 Telephone
☎ 800-764-8367 Telephone
☎ 503-241-0925 Fax

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E-mail: orparc@nwresource.org
Website: www.orparc.org



Library Materials on Diversity & Attachment



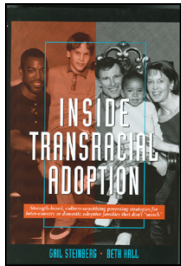
ORPARC has library materials – books, videos, audios, children’s materials, and non-return items – dealing with a wide variety of subject matters.

Call us to request a hard copy of a list of materials by topic or visit our website.

Family Diversity

Transracial/Transcultural Issues

- Raising a Child of a Different Race or Ethnic Background (Audio)
- Different and Wonderful: Raising Black Children in a Race Conscious Society
- I'm Chocolate, You're Vanilla
- Inside Transracial Adoption
- Loving Across the Color Line
- Of Many Colors: Portraits of Multiracial Families
- Our Native American Child
- Race Matters
- Raising Healthy Multiracial Adoptive Families: A Question and Answer Guide for Adoptive Parents
- Blended Families: Foster, Adoptive, Bio and Multicultural Sibs (Video)
- Struggle for Identity (Video)



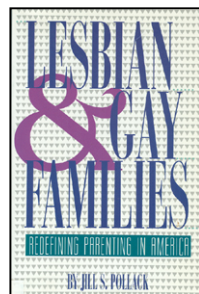
Single Parenting

The Handbook for Single Adoptive Parents



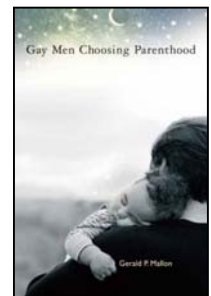
Gay and Lesbian Issues

- Lesbian and Gay Families: Redefining Parenting in America
- Lesbian and Gay Fostering and Adoption
- The Velveteen Father
- Love Makes a Family: Gay Parents in the 90's (Video)



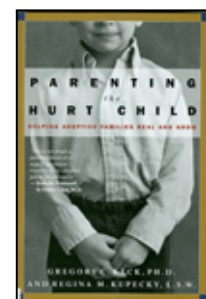
Gay Men Choosing Parenthood By Gerald Mallon

This book uses case studies, interviews and research to present a gay-affirming look at parenthood. It presents the journey of gay men who have become parents through foster care, adoption and other kinship relationships. The social climate, support service issues and comparison to heterosexual parenting are explored.



Attachment

- Attaching in Adoption: Practical Tools for Today's Parents
- Building the Bonds of Attachment
- Fostering Changes: Treating Attachment Disordered Foster Children
- Parenting the Hurt Child: Helping Adoptive Families Heal and Grow
- Raising Children Who Refuse To Be Raised



Spring 2004 Training Schedule

"Family Strategies for Improving Attachment"

This seminar offers practical techniques parents can build into daily family life to jump-start and strengthen attachments.

JOHN DAY — Thursday, April 15, 2004 — 6:00 to 7:30 p.m.

John Day DHS Office, 725 Main Street, #C, John Day, OR 97845

To register call 503-241-0799, 1-800-764-8367, or e-mail orparc@nwresource.org

ONTARIO — Saturday, April 17, 2004 — Caregiver's Conference

Four Rivers Cultural Center, 676 SW 5th Street, Ontario, OR 97914

\$20.00 Fee before April 1st. To register call Jane Padgett at 541-889-8657 or 541-889-7553.

This training is one of the many workshops offered at the Caregiver's Conference. As funds allow, ORPARC can reimburse state adoptive and subsidized guardian families for this training fee. Please contact ORPARC prior to conference for information.

ORPARC trainings are free to state adoptive, guardian and foster parents. Childcare and Travel Reimbursement are available as funds allow. Events sponsored by ORPARC are held in accessible locations. Please request auxiliary aids, translation/interpretation services, and alternative forms of written materials for persons with disabilities at least two weeks in advance.

Summer Camp Thoughts

The days are longer, the trees are beginning to bud new leaves, and before you know it summer will be here. **It is not too early to start planning** summer activities with and for your children.

- Budget & Payment:**
- Scholarships and financial aid are often available not only on a need basis, but also "first come, first serve."
- Know Your Child:**
- Has she/he been away from home overnight before?
 - How tenuous is the attachment to home?
 - Is the placement fairly new?
 - Is your child secure in knowing that she/he will be returning after camp?
 - What is the camp policy for family contact/homesickness, if overnight camp?
- Types of Camps & Summer Activities:**
- Environmental, Science, Cultural Awareness, Computers, Horses, The Arts, Sports, Arts & Crafts, Outdoor Adventure, Gymnastics, etc.
 - Colleges, churches, YWCA, YMCA, 4-H clubs, Boy Scouts, Girl Scouts, Campfire, city or county park and recreation departments, school districts, special needs camps (e.g. NW Autism Foundation, American Lung Association of Oregon for children with asthma), etc.
- Other Resources:**
- The Oregonian publishes a summer camp guide, for the entire State! Look for the insert in the Sunday, March 28, 2004 paper.
 - American Camping Association – 1-800-428-CAMP or www.acacamps.org.
 - Jeremy's Camp Safety Guide for Parents – www.campsafetyguide.com.

Calling All Therapists!

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Participants attend a 10-month, one weekend a month training program to enhance and increase their skills in working with adoptive families and children. Upon successful completion, participants receive a certificate and will be listed in a directory of adoption professionals which will be maintained by DHS, ORPARC and Oregon's private, licensed adoption agencies.

As we begin to plan for the second year of the program, we once again are calling on the participation of Oregon's adoptive families. If you know of a therapist and/or agency in your community who would benefit from this training, please let them know about the program. In addition, in these times of tight budgets, some adoptive parent groups may want to even consider sponsoring a therapist from their community to be able to attend.

If you would like more information on this valuable program, or for an application, please contact: Kelly DeLany, Post Graduate Certificate Program Liaison, ☎ 503-241-0799, or email Kelly at kdelany@nwresource.org.

Certificate Program

"Open House"



For Whom

Prospective Students for 2004-2005
Year of the Post Graduate Training
Certificate Program in Therapy with
Adoptive Families

Dates & Times

April 2, 2004 — 2:30 to 5:00 p.m.
April 30, 2004 — 4:00 to 5:30 p.m.

Location

Portland State University
Graduate School of Education
Room 604
615 SW Harrison Street
Portland, Oregon 97201