



The Journey

Oregon Post Adoption Resource Center (ORPARC)
Centro de Recursos Posadoptivos de Oregon

Assisting families on their lifelong journey

Proveyendo apoyo a las familias en su camino de la vida

Volume XVIII

Winter 2003-2004

ORPARC is a program of Northwest Resource Associates

WELCOME Guardianship Families!

ORPARC now serves the state's assisted guardianship families. Guardians provide permanent homes for children when formal adoption is not feasible. Frequently the child placed into guardianship is a member of the extended family or community. With a long-term commitment to raising these children, guardian parents face challenges similar to those of adoptive families.

ORPARC is eager to assist guardianship parents in their endeavors. Please watch the mail for your introductory "Welcome Packet," and note some of our "Grandparent, Relative, Kinship" materials listed on page 2.

Help For Grandparents

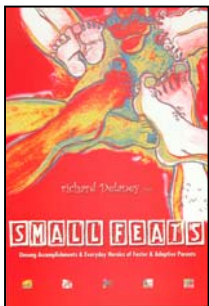
If you are the adoptive or guardianship parent of your grandchild and you are age 62 or over, funds are available, through the Older Americans Act, to assist you with Respite Care. Please contact ORPARC for details.

Behavior Management Approaches for Adoptive and Foster Families

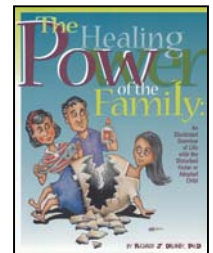
ORPARC will be bringing Dr. Richard Delaney, Ph.D., to Eugene on Saturday, February 21st and to Portland on Sunday, February 22nd (see page 3 for details). Dr. Delaney is a nationally known speaker and the author of several books on parenting challenging children. He has years of experience providing therapy to foster and adoptive families and is nationally recognized as an insightful, constructive and creative presenter, trainer and clinician.



Dr. Richard Delaney materials in ORPARC library



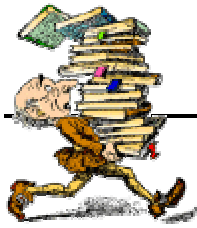
- 📖 ***New*** Small Feats: Unsung Accomplishments & Everyday Heroics of Foster & Adoptive Parents
- 📖 Fostering Changes: Treating Attachment-Disordered Foster Children
- 📖 The Healing Power of the Family
- 📺 Parent 2 Parent: A Mentoring Program (Video)
- 📖 Raising Cain: Caring for Troubled Youngsters
- 📖 Safe Passage: A Summary of the "Parent to Parent" Mentoring Program
- 📖 Troubled Transplants



☎ 503-241-0799 Telephone
☎ 800-764-8367 Telephone
☎ 503-241-0925 Fax

Oregon Post Adoption Resource Center
621 SW Morrison Street, Suite 1225
Portland, Oregon 97205

E-mail: orparc@nwresource.org
Website: www.orparc.org



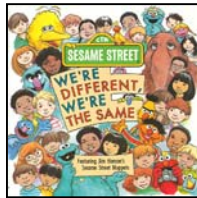
New in the Library



ORPARC has recently acquired the following materials listed below by “topic”:

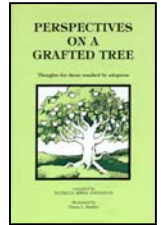
Children’s Materials & Talking to Adopted Children

- ☞ All Kinds of Families
- ☞ How I was Adopted
- ☞ Our Gracie Aunt
- ☞ Two Birthdays for Beth
- ☞ We’re Different, We’re the Same
- ☞ W.I.S.E. UP Powerbook



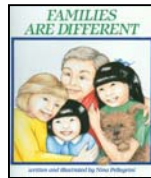
General Adoption Issues

- ☞ Another Place at the Table
- ☞ Older Child Adoption
- ☞ Perspectives on a Grafted Tree: Thoughts for those touched by adoption
- ☞ Sacred Connections: Stories of Adoption
- ☞ Small Feats: Unsung Accomplishments & Everyday Heroics of Foster & Adoptive Parents
- ☞ Strangers and Kin: The American Way of Adoption



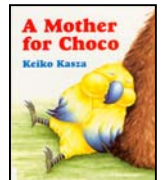
Discipline

- ☞ 1-2-3 Magic: Effective Discipline for Children 2-12
- ☞ Understanding Misbehavior: Using Misbehavior as a Guide to Children’s and Adolescents’ Needs



Transracial/Transcultural Families

- ☞ A Mother for Choco (Children’s Book)
- ☞ Does Anybody Else Look Like Me?
- ☞ Dim Sum, Bagels, And Grits: A Sourcebook for Multiracial Families
- ☞ Families Are Different (Children’s Book)
- ☞ I Love You Like Crazy Cakes (Children’s Book)
- ☞ I’m Brown and My Sister Isn’t (Children’s Book)
- ☞ In Their Own Voices: Transracial Adoptees Tell Their Stories



Search and Reunion, Triad Issues

- ☞ Journeys After Adoption: Understanding Lifelong Issues
- ☞ Searching for a Past: The Adopted Adult’s Unique Process of Finding Identity

ADD-ADHD:

☞ Only a Mother Could Love Him

Attachment & Bonding:

☞ Broken Spirits ~ Lost Souls

Child Welfare:

☞ Adoption Subsidy: A Guide for Adoptive Parents

Education – School Issues:

☞ Lucy’s Family Tree

Grief and Loss

☞ “Why Didn’t She Keep Me?” Answers to the Question Every Adopted Child Asks

Lifestory Books:

☞ The Complete Lifestory Workbook

Parenting:

☞ Parenting Your Adopted Older Child: How to Overcome the Unique Challenges and Raise a Happy and Healthy Child

Pre-Adopt:

☞ Adopting a Toddler: What Size Shoes Does She Wear

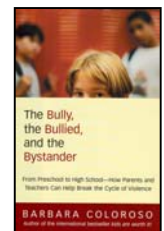
Trauma:

☞ Traumatic Experience and the Brain: A Handbook for Understanding and Treating Those Traumatized as Children

***Requests from Parents:**

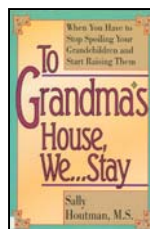
☞ The Bully, the Bullied, and the Bystander

*** ORPARC listens to parents! Please feel free to suggest a title that is not on our list.**



ORPARC Materials for “Grandparent, Relative, and Kinship Adoption”

- ☞ Grandparents as Parents
- ☞ Raising Our Children’s Children
- ☞ Relatives Raising Children: An Overview of Kinship Care
- ☞ Second Time Around: Help for Grandparents Who Raise Their Children’s Kids
- ☞ To Grandma’s House We...Stay



Audiotapes, Children’s Books, Videotapes

- ☞ Assessing Kinship Families (Audio)
- ☞ Our Gracie Aunt (Children’s Book) ***New***
- ☞ The Challenge of Adopting a Relative (Video)
- ☞ Grandparents Raising Grandchildren (Video)

ORPARC Winter 2004 Training Schedule

★ Courses taught by ORPARC staff and other professionals. ★

★ To register call 503-241-0799, 1-800-764-8367, or e-mail orparc@nwresource.org. ★

Behavior Management Approaches for Adoptive and Foster Families

Presented by Dr. Richard Delaney, Ph.D., a nationally known speaker and the author of several books on working with foster and adopted children. This event is co-sponsored by Portland State University Child Welfare Partnership.

Training Descriptions

ADOPTION AND SCHOOL ISSUES

This course will address two areas, adoption issues in the classroom, and Special Education Law and your rights as an advocate for your child. Learn how you can partner with your child's school to advocate for adoption sensitive curriculum and assignments.

Family Strategies for Improving Attachment

THIS SEMINAR OFFERS PRACTICAL TECHNIQUES PARENTS CAN BUILD INTO DAILY FAMILY LIFE TO JUMP-START AND STRENGTHEN ATTACHMENTS.

COMMUNICATING WITH YOUR CHILD ABOUT ADOPTION AND SENSITIVE ISSUES

Have you wondered how to share your child's adoption story with him or her? Learn how lifestory books, movies, therapists and other resources help with the communication gap.

Adoption and School Issues

Monday, January 12, 2004 – 6:30 to 8:30 p.m. – Oregon City
Tuesday, January 13, 2004 – 6:30 to 8:30 p.m. – McMinnville

Communicating with Your Child about Adoption and Sensitive Issues

Monday, February 9, 2004 – 6:30 to 8:30 p.m. – Oregon City
Tuesday, February 10, 2004 – 6:30 to 8:30 p.m. – McMinnville

Family Strategies for Improving Attachment

Monday, March 8, 2004 – 6:30 to 8:30 p.m. – Oregon City
Tuesday, March 9, 2004 – 6:30 to 8:30 p.m. – McMinnville
Thursday, April 15, 2004 – 6:00 to 7:30 p.m. – John Day
Saturday, April 17, 2004 – Time to be announced – Ontario*

Behavior Management Approaches for Adoptive and Foster Families

Saturday, February 21, 2004 – Eugene
9:00 a.m. to 4:00 p.m.

Downtown Athletic Club
999 Willamette Street, Eugene, OR 97401
Contact Downtown Athletic Club at 541-484-4011 to arrange childcare.

Sunday, February 22, 2004 – Hillsboro
1:00 to 5:00 p.m.

Hillsboro Public Library at Tanasbourne
2453 NW 185th Ave., Hillsboro, OR 97124

Training Dates & Times

Locations

Oregon City: Clackamas County DHS Office, 315 S Beaver Creek Road, Oregon City, OR 97045

McMinnville: Yamhill County DHS Office, 2270 McDaniel Lane, McMinnville, OR 97128

John Day: John Day DHS Office, 725 Main Street, #C, John Day, OR 97845

***Ontario:** Caregiver's Conference ☞ Check ORPARC's Spring newsletter for details.

All ORPARC trainings are free to state adoptive, guardian and foster parents and state and SNAC adoption staff. A nominal fee will be charged to all others. Childcare and Travel Reimbursement are available as funds allow. All events sponsored by ORPARC are held in accessible locations. Auxiliary aids, translation/ interpretation services and alternative forms of written materials are available to persons with disabilities. Please request these services at least two (2) weeks in advance.

¡Extendemos una bienvenida a las familias guardianes tutelares!

El Centro de Recursos Posadoptivos de Oregón ahora provee servicios a las familias guardianes tutelares en el estado de Oregón. Las familias guardianes tutelares proveen un hogar permanente a los niños cuando los mismos no encajan dentro de una adopción tradicional. Generalmente la familia y hogar del guardián tutelar consiste en un miembro de la familia extendida o miembro de la comunidad del niño o la niña. Los guardianes tutelares dedican su tiempo a largo plazo a la crianza de niños bajo su custodia y enfrentan desafíos similares a los que enfrentan las familias adoptivas.

A nosotros en el Centro de Recursos Posadoptivos de Oregón nos da gusto proveer servicios a las familias guardianes tutelares. Pronto estas familias recibirán el paquete introductorio de "Bienvenida". Si se desea una lista de materiales en español, no dude en comunicarse con nosotros al llamarnos a 503-241-0799. Pregunte por Miguel.

Library Materials are Available by Mail!

Books, audios, videos, Information Packets, articles and non-return items are just an e-mail or telephone call away! Our staff will mail materials to you anywhere in the state of Oregon. For a categorical list of our library materials, please visit our website at www.orparc.org or feel free to call us to request a hard copy list or tell us what topic you are interested in.

Los materiales de la biblioteca se disponen por medio del correo

Usted puede pedir libros, audios, videos, artículos y paquetes de información por medio de correo electrónico (orparc@nwresource.org) o por teléfono. Nosotros le mandaremos los materiales dondequiera que se encuentra en el estado de Oregón. Para ver una lista de títulos en español, visite nuestro sitio de Internet (www.orparc.org) o llámenos y pida una copia imprimida de la lista.