

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

Violence

Material Title: **Domestic Violence 2000: An Intergrated Skills Program for Men**
 Author: David B. Wexler *Books* 2000 191 pages

Developed over 13 years with thousands of spouse abusers in the United States Navy, this 32-session program integrates cognitive behavior skills and education about the politics of abuse with a primary emphasis on respect for the abuser himself. The manual provides the background, interventions and guidelines to implement the program.

The audiotape or CD "DV2000: Relaxation Exercises" can be used as a supplemental resource for this book.

Material Title: **DV2000: Relaxation Exercies (Audiotape)**
 Author: David Wexler *Audiotapes* 1999 27 minutes

Divided into three portions: "The Quieting Reflex"; "The Brief Quieting Reflex"; and "The Anger Ladder", these relaxation exercises are designed to help men deal with the powerful issues with which they are struggling.

Can be used with the book "Domestic Violence 2000: An Integrated Skills Program for Men".

Material Title: **DV2000: Relaxation Exercises (CD)**
 Author: David Wexler *CD-ROMs* 1999 27 minutes

Divided into three portions: "The Quieting Reflex"; "The Brief Quieting Reflex"; and "The Anger Ladder", these relaxation exercises are designed to help men deal with the powerful issues with which they are struggling. Can be used with the book "Domestic Violence 2000: An Integrated Skills Program for Men".

Material Title: **Family Influences on Childhood Behavior and Development: Evidence-Based Prevention and Treatment Approaches**
 Author: Thomas Gullotta and Gary M. Blau *Books* 2008 327 pages

This collection of 13 essays intended for clinicians examines factors associated with families in distress and factors that promote healthy coping skills and resilience. The first 5 chapters explore what family means today, circumstances that can make family life challenging or painful, and how prevention and treatment approaches can help. The next 8 chapters focus on potentially distressing events, including adoption, divorce, stepfamilies, lesbian and gay families, foster care, parents with mental illnesses, physical abuse, and sexual abuse.

Material Title: **Ghosts from the Nursery**
 Author: Robin Karr-Morse *Books* 1997 298 pages

This book offers startling new evidence that violent behavior is fundamentally linked to abuse and neglect in the first two years of life. Using case histories of "children who kill," along with the latest in brain development research, the authors show how infancy is the stage during which foundations for trust, empathy, conscience and lifelong learning and thinking are laid down or during which a predisposition to violent behavior is "hardwired" into the brain.

Material Title: **Ghosts from the Nursery: Tracing the Roots of Violence**
 Author: Robin Karr-Morse and Meredith S. Wiley *Books* 2013 326 pages

When this book was published in 1997, it was lauded for providing scientific evidence that violence can originate in the womb and become entrenched in a child's brain by preschool. This revised edition continues to shift the conversation among parents and policy makers toward more preventative measures, incorporating significant advances in the field of neurobiological research over the past decade.

Material Title: **Teens and Gangs: Real Life Teens (DVD)**
 Author: DVD *DVDs* 2007 17 min

In this DVD, Teens discuss violence, why teens join gangs, racism and gangs, why gang involvement can lead to personal risk or imprisonment. On the flip side, teens also discuss positive groups that can provide support, and positive role modeling. Hear from real teens as they tell us how they perceive gangs.