

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

Professionals - Materials for

Material Title: **ADHD in Adolescents: Diagnosis and Treatment**
 Author: Arthur Robin *Books* 1998 435 pages

This book, written for "psychologists, physicians, social workers, educators, and other professionals," is about, not only the facts of the disorder, but also its nature and the proper means of clinically evaluating it. And just as important, if not more so, he tells professionals what to do to be of help to these youth, their families, and their educators.

Material Title: **Adoption and Disruption: Rates, Risks, and Responses**
 Author: Marianne Berry and Richard P. Barth *Books* 1988 220 pages

This book analyzes the personal and social economy values of adoption and the changing characteristics of adoptive children and families, while providing models of psychosocial adjustment to adoption. The implications for child welfare policy and services are explored in depth with special attention to methods for identifying risk factors and to strategies for maintaining adoptions that have been identified as at-risk for disruption.

Material Title: **Adoption and Prenatal Alcohol and Drug Exposure: Research, Policy, and Practice**
 Author: Richard P. Barth *Books* 2000 281 pages

This book contains ten extensive essays from a number of experts in the field. It is organized into three major sections: Research on prenatal alcohol and drug exposure and its implications for adoption; programmatic approaches and practice considerations related to serving substance-exposed children and their adoptive families; and policy issues that bear on adoption planning and services for this vulnerable group of children. It is designed as a resource for practitioners, policymakers, researchers, and others with an interest in adoption.

Material Title: **Adoption and the Family System**
 Author: Miriam Reitz, PhD, and Kenneth W. Watson *Books* 1992 320 pages

The authors utilize family systems theory to construct a practical treatment approach for working with families on the myriad issues and interrelationships that surround adoption. The model described is broadly inclusive of all families linked by the adoption triangle. This book offers an entirely new approach to evaluation and treatment designed specifically for families linked in adoption.

Material Title: **Adoption Nation: How the Adoption Revolution Is Transforming America**
 Author: Adam Pertman *Books* 2000 312 pages

Pertman, an adoptive father and former journalist for The Boston Globe, combines research and personal anecdotes in this overview of the trends and cultural ramifications of adoption. His views: families should be "out" about their adoptive status; children should be told they were adopted as early as possible; all members of the adoption "triad" (birth parents, child and adoptive parents) should try to stay in close communication; and much more.

Material Title: **Adoption Resources for Mental Health Professionals**
 Author: Pamela Grabe *Books* 1990 348 pages

This revised edition is a valuable resource for professionals who find their diagnoses, assessment, and counseling of foster children misleading because they employ criteria based on experiences of non-adoptive children. The 23 contributors include professionals with extensive teaching and practical experience in the field.

Material Title: **After Adoption: A Manual for Professionals Working With Adoptive Families**
 Author: J.P. Bourguignon, Jean-Pierre and Watson *Books* 1987 60 pages

Aimed primarily toward mental health professionals who work with adoptees and their families, this manual addresses the differences between adoptive and biological families, identifies needs of adoptive families, and discusses diagnostic assessment of families following placement and factors to be considered in planning therapeutic intervention.

Material Title: **After Adoption: The Needs of Adopted Youth**
 Author: Jeanne A. Howard and Susan Livingston Smith *Books* 2003 139 pages

The authors examine more than 1,000 adoptive families to find out how they are functioning years after the adoption. They analyze risk and resiliency factors associated with adjustment and examine differences in adoptions by kin, foster parents, and those matched with children for the purpose of adoption. "After Adoption" will help child welfare professionals to develop post adoption services to sustain and strengthen adoptive families and to better prepare parents and children for adoption.

Professionals - Materials for

Material Title: **Assessing a Family's Ability to Adopt Transracially (VHS)**
Author: Joseph Crumbley *Videotapes* 36 minutes

(from catalog): "This video provides techniques for assessing adoptive parents' experience and understanding with regard to the role of race and ethnic heritage; a family's motivation and support systems; the family's ability to provide a community and opportunities for same-race role models and peer relationships, and life-styles and parenting abilities."

There are three other videos in this series: "The Special Needs of Minority Children Adopted Transracially," "The Impact of Transracial Adoptions on the Adopted Child and Adopted Family," and "Parenting Tasks in Transracial Adoptions."

Material Title: **Assessing Attachment, Separation and Loss**
Author: Linda Bayless *Books* 1989 32 pages

This booklet will help parents and professionals examine the process of attachment, the needs of children related to attachment, the behaviors that indicate the presence or absence of attachments, and ways to develop attachments.

Material Title: **Attachment-focused Family Therapy**
Author: Daniel A. Hughes *Books* 2007 266 pages

Attachment theory has been limited primarily to the treatment of individuals. Through his empathy-driven model, and using in-depth clinical vignettes, Hughes equips clinicians with the knowledge and tools to apply ideas of attachment, intersubjectivity, and affect regulation in the context of family therapy.

Material Title: **Attention Deficit/Hyperactive Student at School, The: A Survival Guide for Teachers and Counselors**
Author: John Taylor *Books* 1995 (revised) 41 pages

This guidebook is designed to help teachers, counselors and administrators to work cooperatively with parents of ADHD students to identify and address the problems that school presents. Topics include Communicating of students' progress through daily reports; Assisting with medication; Improving students' self-esteem; Improving study skills; Homework problems; and others.

Material Title: **Becoming Attached: First Relationships and How They Shape Our Capacity to Love**
Author: Robert Karen *Books* 1994 441 pages

Dr. Karen explores such questions as: What do children need to feel that the world is a positive place and that they have value? What are the risks of day care for children under one year of age, and what can parents do to manage those risks? What experiences in infancy will enable a person to develop healthy relationships as an adult?

Material Title: **Being Adopted: The Lifelong Search for Self**
Author: David Brodzinsky *Books* 1992 193 pages

This book, based on Eric Erikson's seven stage life cycle model, will open doors for adoptees who at one time or another have wondered why they felt a particular way and had no place to turn for the answer. * There is a hard cover and a paperback.

Material Title: **Beneath the Mask: Understanding Adopted Teens**
Author: Debbie Riley and John Meeks *Books* 2005 207 pages

This book offers parents and professionals a wealth of case histories; and treatment resources and therapy tools. Parents will discover the 6 most common adoption "stuck-spots;" a deeper understanding of identity, abandonment, grief and loss, and relinquishment issues - and how they affect personal and family development; and how therapy may help the adoptive family learn and grow together.

Material Title: **Beneath the Mask: Understanding Adopted Teens (CD)**
Author: Debbie Riley *CDs* 2007 90 minutes

NACAC Conference presenter Debbie Riley addresses complexities of adolescence for the adopted teen - identity, abandonment, grief and loss, relinquishment - and how adolescence affects personal and family development. Discover six common adoption "stuck-spots," a step-by-step assessment on adoption, clinical intervention strategies, and therapy tools.

Material Title: **Bipolar Child, The: The Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder**
Author: Demetri Papolos *Books* 1999 369 pages

This book balances scientific and clinical knowledge with moving personal accounts of experiences of real families. It is a well-organized, practical and authoritative book that will answer parents' tremendous number of questions and help them find hope.

Professionals - Materials for

Material Title: **Brain, The: Effects of Childhood Trauma (VHS)**
Author: Bruce Perry Video *Videotapes* 2002 29 minutes

Part 3 in the Understanding Childhood Trauma series, this tape examines how childhood trauma can activate systems in the brain that actually change neuron response and cognitive pathways, creating systems that cause children to be constantly hyper-aroused and hyper-vigilant. Learn how to avoid and deal with damage to the brain from emotional trauma.

Material Title: **Broken Child: Case Studies of Child Abuse (VHS)**
Author: *Videotapes* 2000 61 minutes

Each year, approximately one in 25 U.S. children is reported as a victim of prenatal substance abuse, criminal neglect, or physical or emotional violence, and child-protection agencies are overwhelmed by the crisis. Filmed on location in Baltimore, Atlanta, Houston, and Seattle, this program narrated by Susan Sarandon examines the cycle of child abuse. Case studies include children with developmental difficulties caused by maternal drug addiction, post-traumatic stress disorder brought on by scenes of extreme violence in the home, and life-threatening injuries from beatings.

NOTE: This video can be disturbing in places.

Material Title: **Casebook: Adoption**
Author: Jerry L. Johnson and George Grant *Books* 2005 122 pages

This entry from the Allyn and Bacon Casebook Series is intended for therapists and students studying to become therapists. It begins with a chapter that introduces a "Multi-Systemic Approach to Practice" followed by four chapters, each of which walks the student through an actual case with questions for the student to answer and commentary every step of the way.

Material Title: **Children's Adjustment to Adoption: Developmental and Clinical Issues**
Author: David M. Brodzinsky *Books* 1998 116 pages

This book presents major issues that affect both the process and outcome of adoption for children and their parents. It offers extensive coverage of theory and research on children and families with clinical vignettes punctuating key points. A discussion of intervention and assessment issues that commonly arise in work with adoptees closes this volume.

Material Title: **Child's Journey Through Placement, A**
Author: Vera Fahlberg *Books* 1991 394 pages

This book provides a foundation of resources and tools to help professionals and parents support children as they move through the foster care system to adoption. At times it can focus on theory and practice but it helps families understand why kids move and how their moves affect them. This is considered a seminal work in the field containing practical and thoughtful information about special needs children. More current material on new neurological research and brain development was not available at the time this was written. However, this is still a valuable resource with insight on various aspects related to foster and adopted children.

Material Title: **Clinical and Practice Issues in Adoption: Bridging the Gap Between Adoptees Placed as Infants and as Older Children**
Author: Victor Groza and Karen F. Roseberg *Books* 1998 165 pages

This book is intended for all those affected by and interested in adoption. The contents are written by a variety of experts in the adoption field and examine topics such as treatment issues for adoptees placed at different ages, search and reunion, ethics, infertility, shared identity issues, and the ongoing need for adoption support.

Material Title: **Clinical Handbook/Practical Therapist Manual For Assessing and Treating Adults With Post-Traumatic Stress Disorder (PTSD), A**
Author: Donald Meichenbaum *Books* 1994 600 pages

This comprehensive training manual for mental health professionals presents almost all that is currently known about the assessment and treatment of PTSD. In over 600 pages, Dr. Meichenbaum not only challenges the reader's understanding of PTSD, but presents numerous case studies to enable the reader to understand the subject even further. Over 1500 references.

Material Title: **Current Thinking in Special Needs Adoption**
Author: Spaulding for Children *Books* 1996 77 pages

This booklet discusses core issues in adoption, trends related to the adoption of children of color, adoption recruitment, transracial adoption, assessment and intervention in post legal adoption services, and the collaboration necessary to provide these services.

Professionals - Materials for

Material Title: **Diagnostic Conundrums (2 CDs)**

Author: John Sobraske *CDs* 8/6/2011 2 hours

Presented by John Sobraske, adoption psychotherapist, New York at the 37th NACAC Conference 2011 in Denver, Colorado. Rather than describing specific diagnoses, this session looks at the issue of diagnosis in general. The speaker will cover the use and misuse of labels, such as bipolar and reactive attachment disorder, and the need to understand how various influences interact (like developmental delays, identity issues, and chemical exposure in utero) and to determine, in individual cases, which factors are salient and which are not. Finally, the session will help parents become expert advocates who maintain a whole picture of their child and resist diagnostic fragmentation by specialists.

Material Title: **Diagnostic Interviewing of the Misbehaving Child**

Author: John Taylor *Books* 1989 42 pages

This booklet is intended as a guide for school counselors and mental health professionals to use in analyzing misbehavior patterns in children. Included is a section on ways to gather pertinent information from parents, a description of pathological patterns that can occur between parents, a variety of interviewing strategies to use with children, and suggestions for assessing the relationships between children and adults and children with each other.

Material Title: **Domestic Violence and Childhood Trauma (VHS)**

Author: Bruce Perry Video *Videotapes* 2002 29 minutes

Part 6 in the Understanding Childhood Trauma series, this tape examines how abused children often become involved later in destructive and problematic adult relationships. In some cases the adult who was abused in childhood becomes a victim again in adult relationships, in other cases they may become the perpetrator of domestic violence. Three personal stories are presented.

Material Title: **Empowering Children to Cope With Difficulty and Build Muscles for Mental Health**

Author: Eric Dlugokinski *Books* 1997 216 pages

Providing a conceptual understanding and practical suggestions for educating children in skills that can promote their mental health, this text presents principles for effective delivery of suggested intervention techniques. Chapters in the first section of the text focus on helping children to deal with problem situations. The second section provides information to promote emotionally healthy children, including a knowledge of self, a respect for self and others, healthy habit strength, and a balance between work and play. Suggestions are also provided for enhancing intervention efforts and principles proven effective in mental health education.

Material Title: **Family Diversity in Education: Foster Care, Kinship Care, Adoption and the Schools (2 CDs)**

Author: Shelly Linenberger and Emily Tracy *CDs* 8/6/2011 1 hour 30 minutes

Presented by Shelly Linenberger & Emily Tracy of The Adoption Exchange, Colorado at the 37th NACAC Conference 2011 in Denver, Colorado. Children in adoptive, foster, and kinship families have unique experiences and needs—often founded on separation, grief, loss, and trauma. These needs and experiences can negatively affect their development and ability to learn and feel safe in a school setting. Families and child advocates can educate the schools and partner with them to reduce potentially traumatic school assignments, uncaring remarks, educational gaps, and conflicts.

Material Title: **Family Influences on Childhood Behavior and Development: Evidence-Based Prevention and Treatment Approaches**

Author: Thomas Gullotta and Gary M. Blau *Books* 2008 327 pages

This collection of 13 essays intended for clinicians examines factors associated with families in distress and factors that promote healthy coping skills and resilience. The first 5 chapters explore what family means today, circumstances that can make family life challenging or painful, and how prevention and treatment approaches can help. The next 8 chapters focus on potentially distressing events, including adoption, divorce, stepfamilies, lesbian and gay families, foster care, parents with mental illnesses, physical abuse, and sexual abuse.

Material Title: **Foster Care Therapist Handbook**

Author: Robert E. Lee and Jason B. Whiting *Books* 2008 480 pages

Divided into three parts, "The Culture and Environment of Foster Care," "Family Therapy Approaches," and "Important 'Other' Issues," this book, through 21 essays by experts in the field, focuses on the "relational therapy approach" which considers the whole relational environment for each child and endeavors to get all parts of it to work together for the child's sake.

Material Title: **Handbook For Treatment of Attachment-Trauma Problems in Children**

Author: Beverly James *Books* 1994 268 pages

An honest and practical guide for parents and professionals to the problems faced by traumatized kids who may never have had a stable, caring relationship in their lives.

Professionals - Materials for

Material Title: **Handbook of Adoption: Implications for Researchers, Practitioners, and Families**
Author: Rafael Javier, et al. *Books* 2007 537 pages

This book, which includes contributions from nationally known experts who are directly involved in adoption-related research and practice, addresses the many dimensions of adoption-related issues -- transracial adoption, foster care, single parents, special needs, training and education issues, assessment and treatment issues, and much more -- which can and do affect adoption triad members.

Material Title: **Handbook of Attachment: Theory, Research, and Clinical Applications**
Author: Jude Cassidy, PhD and Phillip R. Shaver, PhD *Books* 1999 882 pages

This compilation of 37 essays by various experts is divided into six parts, "Overview of Attachment Theory," "Biological Perspectives," "Attachment in infancy and Childhood," "Attachment in Adolescence and Adulthood," "Clinical Applications of Attachment Theory and Research," and "Emerging Topics and Perspectives." It is intended for professionals.

Material Title: **Handbook of Infant Mental Health, Second Edition.**
Author: Charles Zeanah, Jr. *Books* 2000 558 pages

This revised and expanded edition consists of 36 articles from a host of authors presented in six sections. Grounded in a relational perspective, it offers analysis of the developmental, clinical, and social aspects of mental health from birth to age three, reviewing a range of assessment techniques and providing detailed descriptions of specific disorders and clinical problems.

Material Title: **Handbook of Social Work in Child and Adolescent Sexual Abuse**
Author: Carolyn Hilarski *Books* 2008 270 pages

This collection of essays for professionals encompasses the spectrum of child and adolescent sexual abuse. It offers practical, up-to-date, and compassionate methods for supporting and treating those immediately affected, and it provides the latest information on assessment, management, prevention, and policy.

Material Title: **Healing Power of Play, The: Working with Abused Children**
Author: Eliana Gil *Books* 1991 196 pages

This book, for professionals working with abused children, examines Play Therapy and abused children from the perspective of Gil's work with five specific cases. She offers the backgrounds of these cases and describes her work with the children in each example.

Material Title: **Helping Children Cope with Separation and Loss**
Author: Claudia Jewett Jarratt *Books* 1982 226 pages

This step-by-step guide for any concerned adult offers warm advice, specific techniques and innovative ideas for helping children overcome the sadness, anger and anxiety resulting from divorce, death, absence, adoption, foster care, and sibling loss.

Material Title: **Helping Your ADD Child: Hundreds of Practical Solutions for Parents and Teachers of ADD Children and Teens (With or Without Hyperactivity) (Revised Third Edition)**
Author: John F Taylor *Books* 2001 346

For the millions of children who have attention deficit disorder (ADD) and for those who are impacted by its resulting behavior, this comprehensive guide to understanding and treating ADD (with or without hyperactivity) offers exciting new hope. Written by a nationally known psychologist and father of ADD children, this groundbreaking book is a lifesaver for kids, parents, and teachers alike. Inside you will find step-by-step tools for helping your ADD or ADHD child - everything from an extensive screening for spotting the initial signs of ADD and making a proper diagnosis to the pros and cons of nutritional, psychological, and drug treatments. This is by far the most up-to-date and compassionate book on ADD and it will make a profound difference for both you and your child.

Material Title: **Identifying and Responding to Trauma in Ages 0 to 5 Years of Age (VHS)**
Author: Bruce Perry Video *Videotapes* 2002 29 minutes

Part 4 in the Understanding Childhood Trauma series, this tape examines the unique challenges created by the limited verbal skills of children under 6 years old. Trust building, non-verbal interactions, and the value of close observation and knowledge of the child's history are addressed.

Professionals - Materials for

Material Title: **Identifying and Responding to Trauma in Ages Six to Adolescence (VHS)**
Author: Bruce Perry Video *Videotapes* 2002 29 minutes

Part 5 in the Understanding Childhood Trauma series, this tape examines ways that trauma manifests itself in older children, whose verbal skills are stronger and who may exhibit gender differences in the way they respond to their trauma.. Much of it focuses on how these kids respond to typical school settings and why some teaching techniques might not work with this population.

Material Title: **Impact of Transracial Adoptions on the Adopted Child and Adoptive Family, The (VHS)**
Author: Joseph Crumbley *Videotapes* 54 minutes

(from catalog): "This video identifies how transracial adoption impacts the child's feelings about her/himself, the birth family and community of origin; the child's interaction with the adopted family and adopted community; the nuclear and extended family's reaction to the adopted child; and how the family can manage the impact of a transracial adoption."

There are three other videos in this series: "The Special Needs of Minority Children Adopted Transracially," "Parenting Tasks in Transracial Adoptions," and "Assessing a Family's Ability to Adopt Transracially."

Material Title: **Interpersonal Psychotherapy for Depressed Adolescents**
Author: Laura Mufson *Books* 218 pages

Fully revised and expanded, the second edition of this popular treatment manual incorporates a decade's worth of scientific and practical advances. Provided are step-by-step guidelines for conducting the authors' evidence-based brief intervention, together with up-to-date information on conceptual and empirical underpinnings. Readers learn how to educate adolescents and their families about depression, work with associated relationship difficulties, and help clients manage their symptoms while developing more effective communication and interpersonal problem-solving skills. Invaluable advice is also given on handling the many challenges and crises that may arise in work with teens. Including many additional clinical vignettes and more detailed instructions throughout, the second edition features two new chapters elucidating specific therapeutic techniques and presenting an extended case example. Helpful session checklists and sample assessment tools are provided in the appendices.

Material Title: **Medications, Behavioral Management and Child Welfare**
Author: J.P. Bourguignon *Books* 1990 71 pages

This book describes indications and contra-indications for medications prescribed to treat behavioral problems in "systems children."

Material Title: **Mental Health Challenge of Special Needs Adoption, The: A Resource Book for Professionals Working with Adoptive Families**
Author: Children's Psychiatric Day Treatment Center, Orego *Books* 1987 111 pages

This 1987 collection of studies related to post adoption mental health services is intended to aid therapists, counselors, psychiatrists, psychologists and social workers in understanding the differences in children who have experienced adoption.

Material Title: **Model Post Adoption Service Programs (2 CDs)**
Author: NACAC Conference 2006 CD *CDs* 2006 3 hours

Panelists representing four states with effective post-adoption programs discuss the services they offer families. Each program model will be discussed, including successes, challenges and lessons learned. The presenters will also explore adoptive families' needs and which services have the most value for families.

Material Title: **Motivating the Uncooperative Student: A Guidebook for School Counselors**
Author: John Taylor *Books* 1990 44 pages

This booklet is designed to help school counselors, teachers, administrators and mental health professionals to identify and remediate the resistive student. Strategies are included for those students with physical conditions that slow learning (such as ADD), attitudinal problems, rebellious natures, etc.

Material Title: **Parenting from the Inside Out: How a Deeper Self-Understanding Can Help You Raise Children Who Thrive**
Author: Daniel Siegel and Mary Hartzell *Books* 2003 250 pages

This book provides insights into how we remember, perceive reality, feel, communicate, attach to others, and make sense of our lives. The authors lay a scientific groundwork, but the book is written on a more "human" level. It is not adoption or pathology focused but more development focused.

Professionals - Materials for

Material Title: **Parenting Tasks in Transracial Adoptions (VHS)**
Author: Joseph Crumbley *Videotapes* 20 minutes

(from catalog): "This video presents a psychosocial rationale explaining the parenting tasks with minority children; parental tasks, resources and capabilities; and information and networks parents must access and provide their adopted child."

There are three other videos in this series: "Assessing a Family's Ability to Adopt Transracially," "The Impact of Transracial Adoptions on the Adopted Child and Adoptive Family," and "The Special Needs of Minority Children Adopted Transracially."

Material Title: **Parents' Adoption Issues and Their Effect on Attachment (CD)**
Author: Regina Kupecky *CDs* 2008

Adoption issues and parents' past experiences often create barriers to healing for their children. While it is not an adoptive parent's fault that the child has attachment difficulties, it is the parent's responsibility to create a family atmosphere in which children can heal. Learn how to help parents face their own issues so they become available for children to change. Recorded at the 2008 NACAC Conference in Ottawa, Regina Kupecky presents.

Material Title: **Permutations of Permanency, The: Making Sensible Placement Decisions**
Author: Richard Delaney *Books* 1998 21 pages

In this booklet, Dr. Delaney offers an introduction to the process of making sensible and sensitive placement decisions. Attention to the twelve placement principles listed here will reduce the chances of making inappropriate placement decisions and lead to the individual optimum permanency for each child.

Material Title: **Play in Family Therapy**
Author: Eliana Gil *Books* 1994 209 pages

Part one of this book for therapists is entitled "The History of and Rationale for Family Play Therapy." Part Two is entitled, "The application of Play Therapy Techniques and Clinical Examples," and it includes chapters on puppet interviews, family art therapy, story-telling techniques, and additional play techniques.

Material Title: **Play Therapy**
Author: Virginia Axline *Books* 1969 374 pages

The author discusses the use of play therapy for children with behavioral, emotional or other psychological problems. The bulk of the text consists of highly readable annotated transcripts of therapeutic sessions that illustrate the principles. The transcripts are authentic, and the annotations include comments on errors the therapist makes, as well as positive points.

Material Title: **Positive Prescriptions for Negative Parenting: The Counselors Guide to Assisting Troubled Parents and Children**
Author: John Taylor *Books* 1995 (revised) 47 pages

This booklet is designed as a quick reference manual for school counselors, educators, school administrators, and mental health professionals. It features step-by-step guidelines for identifying and counterering twelve common destructive parenting styles.

Material Title: **Post Adoption Family Therapy: A Practice Manual**
Author: Cheryl Prew *Books* 1990 40 pages

This resource book provides current information about the unique challenges adoptive families face, describes the Protective Bonding Cycle and its role in the attachment process, and presents a treatment model utilizing six innovative solution-focused intervention techniques that work with adoptive families.

Material Title: **Promoting Successful Adoptions: Practice With Troubled Families**
Author: Susan Livingston Smith and Jeanne Howard *Books* 1999 254 pages

This book, written for social workers and other professionals, focuses on adoptive families after finalization. The authors incorporate the findings of their own unique research project on troubled adoptive families with other empirical research, theory, and practice knowledge. Using case examples, detailed case histories, and various practice strategies, the authors offer a clear and well-documented overview of the topic.

Material Title: **Psychological Assessment of Sexually Abused Children and Their Families**
Author: William N. Friedrich *Books* 2002 279 pages

This book for professionals examines purposes of psychological evaluation and sets forth a theoretical framework for assessment of children believed to have been sexually abused and their families. Nineteen appendixes (41 pages) follow the text.

Professionals - Materials for

Material Title: **Psychological Trauma**
Author: Bessel A. van der Kolk *Books* 1987 232 pages

The chapters in this book for professionals, written by van der Kolk and usually one or more of seven distinguished additional contributors, each deal with a specific aspect of the psychological and/or physiological effects of trauma. Each chapter, though written for its context within this book, also stands alone as an essay on its particular area of focus.

Material Title: **Psychology of Adoption, The**
Author: David M. Brodzinsky *Books* 1990 347 pages

This highly technical book explores theoretical perspectives on adoption adjustment, research and clinical issues, as well as social policy and casework issues in adoption. It brings together the work of researchers and practitioners in the fields of psychiatry, developmental and clinical psychology, and social work in the field of adoption.

Material Title: **Raising Children Who Refuse To Be Raised**
Author: Dave Ziegler *Books* 2000 310 pages

Dr. Ziegler, the founder and Executive Director of SCAR/Jasper Mountain, a treatment program for some of our society's most damaged children, has also been a foster parent to hundreds of challenging children. He provides a mix of wisdom that comes from working in this field for 30 years, humor, and practical tools for families and their therapists/coaches. The safe emotional environment he describes combines optimal structure and appropriate limits with nourishment and compassion.

Material Title: **Relatives Raising Children: An Overview of Kinship Care**
Author: Joseph Crumbley *Books* 1997 111 pages

This book provides professionals and organizations the information they need to develop and provide services for kinship caregivers, kinship families, children and parents. Topics discussed are common clinical issues, intervention strategies, legal implications, and policy and program recommendations.

Material Title: **Rhythms of Learning: Creative Tools for Developing Lifelong Skills**
Author: Chris Brewer *Books* 1991 317 pages

This book details the importance of rhythm and music for self-development and education. Aimed at the teacher or practitioner, it explores scientific discoveries and describes new and old music therapy techniques.

Material Title: **Scientific Basis of Child Custody Decisions, The**
Author: Robert Orlans *Books* 1999 443 pages

This book was written to help lawyers, judges, custody evaluators, social workers, psychologists, policymakers and parents understand the tangle of information and concepts involved in child custody decisions. A seven page chapter by Susan Fisher highlights how to deal sensitively with issues of loss, separation and abandonment.

Material Title: **Sexual Safety in Adoption and Foster Care: A Prerequisite to Healing (2 CDs)**
Author: CD *CDs* 2008

In this presentation, recorded at the 2008 NACAC Conference in Ottawa, adoption workers learn how to help adoptive parents create a healing milieu to counteract the negative impact of past trauma on a child's psychosocial and cognitive development and to enhance positive self-esteem. Learn how to enable adoptive families to become the central ingredient in the recovery of these children.

Material Title: **Sexualized Children: Assessment and Treatment of Sexualized Children and Children Who Molest**
Author: Eliana Gil and Toni Cavanagh Johnson *Books* 1993 325 pages

In this book for professionals, the authors discuss etiologic theories, a continuum of sexual behaviors, clinical evaluation, and individual, group, and family therapies among other concepts.

Material Title: **Sibling Connection, The: Keeping Brothers & Sisters Together Through Adoption (DVD)**
Author: DVD *DVDs* 30 minutes

This documentary combines footage of adopted siblings and adoption professionals and dramatizations of the childhoods of some of the adopted siblings to demonstrate the importance of keeping siblings together whenever possible and to keep them in touch when same-home placements are not possible.

Professionals - Materials for

Material Title: **Siblings in Late Permanent Placements**
Author: Alan Rushton *Books* 2001 164 pages

This publication from British Agencies for Adoption and Fostering (BAAF), intended for practitioners and researchers in the fields of both social work and children's mental health care, looks at issues surrounding permanent placement of children who have siblings. The research study follows a sample of 133 children placed with 72 new families in middle childhood in the UK and explores the patterns of separation and reunion and compares the outcomes for jointly and singly placed children.

Material Title: **Significant Event Childhood Trauma (VHS)**
Author: Bruce Perry Video *Videotapes* 2002 29 minutes

Part 2 in the Understanding Childhood Trauma series, this tape examines the trauma caused by a single significant event such as the death of a parent or sibling or a divorce or natural disaster. The video discusses typical effects of trauma and effective interventions.

Material Title: **Special Needs of Minority Children Adopted Transracially, The (VHS)**
Author: Joseph Crumbley *Videotapes* 52 minutes

"This video discusses the minority child's need for cultural and positive racial identity; surrogate role models, cultural and community interaction, skills and explanations to cope with prejudice and discrimination; and parent(s) with specific skills to address the minority child's needs."

There are three other videos in this series: "The Impact of Transracial Adoption on the Adopted Child and Adoptive Family," "Parenting Tasks in Transracial Adoption," and "Assessing a Family's Ability to Adopt Transracially."

Material Title: **Students Like Me: Teaching Children with Fetal Alcohol Syndrome (VHS)**
Author: Video *Videotapes* 2000 39 minutes

This video gives elementary and special education teachers a clear understanding of what Fetal Alcohol Syndrome is, how it affects children's learning and behavior, and what can be done to modify classroom environments and teaching methods to allow children with FAS to learn.

Material Title: **Supporting Foster and Adoptive Families Through Crisis (2 CDs)**
Author: Jayne Schooler and Betsy Keefer Smalley *CDs* 8/5/2011 2 hours

Presented by Jayne Schooler & Betsy Keefer Smalley of the Institute for Human Services, Ohio at the 37th NACAC Conference 2011 in Denver, Colorado. When a child who has experienced abuse, neglect, or trauma enters a foster or adoptive family, the family will be transformed. Most often, this transformation is positive for the whole family. Occasionally, however, the challenge of keeping the child in the home feels insurmountable. This interactive workshop addresses what happens in these foster/adoptive families and how workers can be prepared to guide families from the pain to the other side. This workshop tackles tough and realistic issues faced by families and helps professionals fully understand these issues. Participants will leave the workshop with practical tools to help families assess the impact of fostering or adopting and find strategies to overcome a crisis.

Material Title: **Talking With Young Children About Adoption**
Author: Mary Watkins *Books* 1993 241 pages

This book, for parents of children ages two to ten, discusses what to say to adopted children and when to say it. It also explores how kids respond to the concept of adoption, how they incorporate it into their make-believe play, and what worries they have.

Material Title: **Taming the Tornado In Your Classroom and at Home: A Positive Approach to Management & Discipline for Educators & Parents**
Author: Allan Lifson *Books* 1980 214 pages

This book offers parents and teachers ideas for working with hyperactive children. A lot has been learned about hyperactivity in the last two decades, so this shouldn't be used as an introduction to ADHD or related disabilities, but there are practical tips and strategies here that many parents and teachers might find useful in their day-to-day interactions with the "tornadoes" in their lives.

Material Title: **Teaching With Love & Logic: Taking Control of the Classroom**
Author: Jim Fay & David Funk *Books* 1995 364 pages

The "Love and Logic" techniques that Jim Fay and Foster Cline developed for parents is adapted for use by classroom teachers.

Professionals - Materials for

Material Title: **Tender Healing (VHS)**
 Author: Spaulding for Children *Videotapes* 1997 45 minutes

A Video Curriculum for Foster, Adoptive and Kinship Care Parents, with Drs. Vera Falhberg, Richard Delaney and Joseph Crumbley. This DVD features three segments designed to help parents and professionals better understand issues related to helping troubled children. The three components include: Part 1: Helping Children Make Transitions/ Part 2: Helping Children Build Attachments/ Part 3: Effective Strategies for Discipline Designed for parents caring for children in the child welfare system who have been abused or neglected.

Material Title: **Therapeutic Communication With Children: The Mutual Storytelling Technique**
 Author: Richard Gardner *Books* 1971 970 pages

Material Title: **Therapeutic Metaphors for Children and the Child Within**
 Author: Joyce Mills *Books* 1986 261 pages

For clinicians, presents a method of applying Erikson's metaphoric interpersonal technique for child therapy. Incorporates theory, technique, and examples to give the reader a full sense of the 'second generation' Eriksonian method of therapy with children of all ages.

Material Title: **Theraplay: Innovations in Attachment Enhancing Play Therapy**
 Author: Evangeline Munn *Books* 2000

This structured compilation of essays is aimed at play therapists and other professionals who work with children and families. Theraplay is a form of structured play therapy designed to strengthen the attachment between parents and their child. It is applicable to children of all ages, with a wide range of emotional, social and behavioral problems. It is short term and cost effective. Theraplay techniques are clearly and creatively presented with rich clinical detail in this volume.

Material Title: **Toolbox No. 3: Facilitating Permanency for Youth**
 Author: Gerald P. Mallon *Books* 2005 81 pages

This book from Child Welfare League of America offers a permanency assessment approach that identifies the youth's current relationships and attitudes toward permanency, provides guidelines that promote permanency, and includes an array of practices, including family group decision making, circles of support, digital portraiture, person-centered planning, lifebooks, mentoring programs, permanency retreats, youth empowerment programs, etc.

Material Title: **Transracial Adoption and Foster Care: Practical Issues for Professionals**
 Author: Joseph Crumbley *Books* 1999 114 pages

The purpose of this book is to show professionals how to help children and families make transracial adoptions and foster placements work. It describes specific ways that practitioners can work with transracial families to ensure that children develop positive racial and cultural identities. Cultural competence, recruitment of minority adoptive parents, and myths of transracial adoption are also addressed.

Material Title: **Transracial Adoptive Parenting: A Black/White Community Issue**
 Author: Leora Neal and Al Stumph *Books* 2003 25 pages

The authors discuss the state of adoption for black children in the U.S., addressing such issues as why a disproportionate number of the children in the child welfare system are African American; problems encountered by African Americans when they attempt to adopt; the importance of preserving racial connections and identity; etc.

Material Title: **Trauma and Healing (VHS)**
 Author: Bruce Perry Video *Videotapes* 2002 29 minutes

Part 7 in the Understanding Childhood Trauma series, this tape examines some adult problems such as addiction, domestic violence, PTSD, abuse and neglect of children, or a general unhappiness that can come from unhealed childhood trauma. The personal stories of three adults who have dealt with one or more of these problems are presented.

Material Title: **Traumatic Experience and the Brain**
 Author: Dave Ziegler *Books* 2002 164 pages

From the author of Raising Children Who Refuse to be Raised, this book describes the human brain, its structure and function. It describes the role of the brain in adaptation and how trauma affects perception of self, of others, and of events. Ziegler provides case examples and offers treatment suggestions. Though slanted toward professionals, it is written in a way that parents might also gain insight into their traumatized children.

Professionals - Materials for

Material Title: **Treating Abused Adolescents**
Author: Eliana Gil *Books* 1996 206 pages

This book offers practical, step-by-step guidance for mental health professionals, demonstrating how they can communicate and work more effectively with adolescents who have suffered from abuse.

Material Title: **Treating Attachment Disorders: From Theory to Therapy**
Author: Karl Heinz Brisch *Books* 2002 255 pages

This book for therapists begins with basic theories and research on attachment, then demonstrates how attachment-oriented interventions can effectively be used to treat a wide range of clinical issues. Extended case examples involving clients of a wide range in age and circumstance form its core and illustrate Brisch's unusually flexible approach to intake, treatment and termination.

Material Title: **Treating Children with Sexually Abusive Behavior Problems**
Author: Jan Burton *Books* 1998 254 pages

This book provides "Guidelines For Practice" in the first part, which describes different approaches and treatments. The second part offers activities in each of the areas of Accountability, Empathy, Coping with Trauma, Relationship Skills, Sexuality, and the power of the Treatment Plan. The book links together individual, group and family treatment into one integrated, comprehensive program that treats both the perpetrator and victim in tandem.

Material Title: **Treating Explosive Kids: The Collaborative Problem-Solving Approach**
Author: Ross W. Greene and J. Stuart Ablon *Books* 2005 246 pages

This book for clinicians, based on the approach popularized in Ross Greene's "The Explosive Child" provides a framework for effective, individualized intervention with highly oppositional children and their families. Sections show how to identify specific cognitive factors that contribute to explosive and noncompliant behavior, remediate these factors, and teach children and their adult caregivers how to solve problems collaboratively.

Material Title: **Treating Sexually Abused Children in Adoptive Families**
Author: Helen L. Swan *Books* 1993 71 pages

This book presents the "Adoption/Sexual Abuse Treatment Model" (ASAT), an approach designed to integrate sexual abuse treatment and adoption theory into a systemic framework. The treatment progresses through four phases beginning before placement, and at each phase, the roles and tasks of each team member (parents, therapist, case worker, etc.) are spelled out. Although therapists are the intended audience, adoptive parents and adoption workers will also benefit from the insights and structure laid out in this book.

Material Title: **Treating the Aftermath of Sexual Abuse: A Handbook for Working with Children in Care**
Author: Osmond *Books* 1998 144 pages

This handbook is intended to guide caregivers and other professionals as they learn to understand the child's story in the signs and signals that he or she gives them through behavior. As caregivers become careful, thoughtful listeners, they will be able to use day-to-day events in helping the child tell his or her story, understand how abuse has shaped the child's life, and find the path to healing.

Material Title: **Treating Traumatized Children: New Insights and Creative Interventions**
Author: Beverly James *Books* 1989 223 pages

This book offers innovative, insightful, and compassionate approaches to helping children work through their traumatic experiences regardless of the nature of the event.

Material Title: **Treating Troubled Children and Their Families**
Author: Ellen F. Wachtel *Books* 1994 282 pages

Drawing on clinical insights from family systems thinking, psychodynamic play therapy, and cognitive-behavioral perspectives, this work presents an innovative approach to therapeutic work with young children and their families. This book is aimed at clinical and family therapists.

Material Title: **Treatment Strategies for Childhood Apraxia of Speech (DVD)**
Author: David Hammer *DVDs*

This DVD, designed for speech-language pathologists, discusses a wide range of treatment ideas including strategies for family involvement and a multisensory treatment approach based on the principles of motor learning. Hammer uses extensive film clips of children with CAS in treatment sessions to highlight practical speech therapy techniques and clinical decision making.

Professionals - Materials for

Material Title: **Twenty Things Adopted Kids Wish Their Adoptive Parents Knew**
Author: Sherrie Eldridge *Books* 1999 211 pages

This book, written by a woman who was adopted, herself, gives voice to children's unspoken concerns and shows adoptive parents how to free their kids from feelings of fear, abandonment and shame. Eldridge reveals twenty complex emotional issues you must understand to nurture the child you love.

Material Title: **Understanding Race, Ethnicity, and Power: The Key to Efficacy in Clinical Practice**
Author: Elaine Pinderhughes *Books* 1989 241 pages

This book explores the pervasive influence of race, ethnicity and power on the practitioner's own identity and in interactions with others--peers, subordinates and superiors, as well as clients. The author emphasizes the role of power in the dynamics of cross-cultural communication.

Material Title: **What Children Can Tell Us: Eliciting, Interpreting, and Evaluating Critical Information from Children**
Author: James Garbarino *Books* 1992 315 pages

This book is a guide to help professionals in diverse fields—including law, social work, pediatrics, education and psychology—better understand, interview and assess children in order to make well-informed decisions regarding their welfare and treatment.

Material Title: **What is Childhood Trauma? (VHS)**
Author: Bruce Perry *Videotapes* 2002 29 minutes

Part 1 in the Understanding Childhood Trauma series, this tape presents an overview of the effects of childhood trauma on the individual and on society. Particular emphasis is given to the criteria that define Post-Traumatic Stress Disorder including hyper-vigilance, hyper-reactivity, and dissociation.

Material Title: **Working With Traumatized Children: A Handbook for Healing**
Author: Kathy Brohl *Books* 1996 96 pages

This simply written and practical handbook examines the mind-body connection between a terrifying experience and a child's adaptive coping mechanisms. It provides the practical knowledge to better help and guide a child suffering from Post Traumatic Stress Disorder (PTSD) and details the trauma recovery process, offering specific treatment intervention techniques.

Material Title: **Wrongful Adoption: Law, Policy, and Practice**
Author: Madelyn Freundlich *Books* 1998 77 pages

In response to cases where adoptive parents fail to receive accurate or complete information about a child's physical, emotional, or developmental problems, or about the child's birth family and history, these authors examine adoption practice (in relation to disclosure of children's health and other background information), cases that have shaped the legalistic definition of wrongful adoption, significant policy and practice issues, and recommendations for quality adoption practices.
