

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

## Education - Special Education

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Material Title: **Adopted Child in the Classroom, The (Audiotape)**  
 Author: Lois Melina *Audiotapes* 1990

This presentation is designed for parents to give to teachers to help them be more sensitive to the needs of adopted children and to consider adoptive family issues when designing lesson plans and assignments.

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Material Title: **Adopting and Advocating for the Special Needs Child: A Guide for Parents and Professionals**  
 Author: L. Anne Babb *Books* 1997 222 pages

Completely frank and remarkably compassionate, this detailed, comprehensive guide is designed to be used by adoption professionals and adoptive parents, to help them get started, keep going, and locate whatever additional information and support they need. It covers such key topics as how to manage finances, advocate within the educational system, and cope when things go wrong. Tables, checklists, and frequent references to additional resources add value to this informed advice to adoptive parents.

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Material Title: **Adoption and the Schools: Resources for Parents and Teachers**  
 Author: Lansing Wood and Nancy Ng *Books* 2001 239 pages

This book, from "Families Adopting In Response," addresses a wide range of school situations faced by adoptive families including parent-teacher communication, transcultural considerations, Special Education, graduation, older child adoption, and more.

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Material Title: **All Kinds of Minds: A Young Student's Book About Learning Abilities and Disorders\* (Children's Materials)**  
 Author: Mel Levine *Children's Books* 1993 281 pages

The first chapter introduces us to five young people with different "kinds of minds" (Attention Deficit, Reading Disorder, Memory Problems, Language Disorder, Social and Motor Skills Problems). The next five chapters each highlight, anecdotally, one of those kids, showing how his or her mind works. The final chapter provides practical information and techniques for children and the adults who work with them, in each of the categories mentioned.

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Material Title: **Attention Deficit/Hyperactive Student at School, The: A Survival Guide for Teachers and Counselors**  
 Author: John Taylor *Books* 1995 41 pages

This guidebook is designed to help teachers, counselors and administrators to work cooperatively with parents of ADHD students to identify and address the problems that school presents. Topics include Communicating of students' progress through daily reports; Assisting with medication; Improving students' self-esteem; Improving study skills; Homework problems; and others.

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Material Title: **Best of Adopted Child: Issues Children Face in School**  
 Author: Lois Melina *Journals/Newsletters* 1982 to 1994

This collection of articles from "Adopted Child" from 1982 to 1994 includes pieces on teasing, disclosing the adoption, hyperactivity, attitudes toward academics, and learning disabilities.

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Material Title: **Bright Futures in Preventative Mental Health: Discs 1 & 2 (DVD)**  
 Author: DVD *DVDs* 2007 3 hrs. 35 min.

This DVD includes 2 disks with 4 parts. It is a curriculum developed by the University of Washington to address the mental health of children in care.  
 Part 1: Provides an overview of the Bright Futures for Children and Youth in Foster Care. The presenters discuss ways to promote mental health in children and prevent mental illness.  
 Part 2: Mickey Kander provides a general overview of common mental health diagnosis for children in foster care.  
 Part 3: A panel of professionals, including a school psychologist, child welfare supervisor, school nurse and Puget Sound ESD Safe Schools, Healthy Student program answers foster parents' questions regarding the mental health issues of the children in their care. The panel is facilitated by Mickey Kander.  
 Part 4: Tree House: Educational Advocacy for Special Education and 504 Plans. Barbara Hollbrook provides an overview of the curriculum and answers audience members' questions.  
 This DVD set could be paired with the CD-ROM "Bright Futures in Practice: Mental Health Materials."

# Education - Special Education

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Material Title: **Educational Law and Advocacy (VHS)**

Author: Ed-Net Series *Videotapes* February 3, 2000 1 hour

Michael Bailey, a professional with Community Partnerships Project and himself a parent of a child with a disability leads a panel that includes special education professional, Steve Alexander, and an experienced adoptive parent of a child with a disability, Jacqueline Ford. The panelists attempt to clarify Oregon educational law and explain what parents need to know in order to successfully advocate for their children's educational needs without alienating the school personnel with whom they are involved.

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Material Title: **Educator's Diagnostic Manual of Disabilities and Disorders, The**

Author: Roger Pierangelo and George Giuliani *Books* 2007 453 pages

The first diagnostics manual created specifically for the field of special education, this edition provides definitions, symptoms, characteristics, types and subtypes for all IDEA 2004 disabilities and the numerous disorders that professionals and parents need to understand within educational settings. This practical, easy-to-read resource includes guidelines, information and examples for a variety of situations that commonly occur in education.

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Material Title: **Fragile X Syndrome: Medical and Educational Approaches Toward Intervention (Audiotape)**

Author: Randy Jenssen Hagerman *Audiotapes* 1994 90 minutes

This 90-minute audio cassette contains a discussion of medical and educational approaches toward the treatment of individuals with Fragile X Syndrome. This discussion includes a framework for understanding sensory integration theory as it applies to the child's functional roles as family member, student and member of the community.

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Material Title: **Guide to Collaboration for IEP Teams, A**

Author: Nicholas Martin *Books* 2005 240 pages

Under federal law, public school personnel are expected to work with parents as a team to design, review, and modify Individualized Education Programs (IEPs) for children designated as having special education needs. While this applies to roughly 10% of all children enrolled in public schools, few of these team participants have received adequate training. With so many complex, challenging, and emotionally charged decisions involved, participating in an IEP meeting can seem like navigating through a minefield. But now there's a practical guide to managing these meetings with a high level of awareness, safety, and confidence. This skills-based book will help administrators, teachers, resource professionals, and parents work as a unified team to design, review, and modify IEPs for children with special education needs. This resource fully addresses effective meeting management, negotiation, the emotional side, and conflict prevention. Written in a user-friendly and conversational style, this much-needed book is supplemented with checklists, outlines, diagrams, and specific examples to make the complex simple. Incorporating the feedback and suggestions of hundreds of special education professionals, this book will be invaluable in creating the best possible IEPs.

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Material Title: **Help for Billy**

Author: Heather T. Forbes, LCSW *Books* 2012 198 pages

"Help for Billy" is a pragmatic manual to help guide families and educators who are struggling with traumatized children. Based on the concept of the neuroscience of emotions and behavior, Heather Forbes provides detailed, comprehensive, and logical strategies for teachers and parents. This easy to read book, with tables, outlines and lists, clears the way for a better understanding of the true nature regarding traumatic experiences affecting the brain and learning. It is a must read for anyone working with a child in the classroom.

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Material Title: **How to Compromise with Your School District without Compromising Your Child**

Author: Gary Mayerson *Books* 2004 130 pages

This book discusses ways educational bureaucracies work—or more importantly, don't work—for children with special needs. It offers "must-do's" and "must don'ts" in advocating for your child; strategies on how to prepare for an IEP meeting; what to do when children don't get crucial services; and how to avoid due process.

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Material Title: **IEP and Inclusion Tips for Parents and Teachers**

Author: Ann Eason and Kathleen Whitbread *Books* 2006 76 pages

Learn how to prepare for IEP meetings, create legally correct and educationally sound IEPs, ensure access to the general curriculum, track educational progress, and form effective parent-school partnerships. Features more than 100 tips to help parents, teachers and administrators share goals and develop healthy working relationships.

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## Education - Special Education

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Material Title: **It's So Much Work to Be Your Friend: Helping the Child with Learning Disabilities Find Social Success**

Author: Richard Lavoie *Books* 2005 359 pages

Drawing on three decades of experience in residential schools, Lavoie provides strategies for teaching friendship skills in the classroom, home and community for children age 6 through 17 with learning disabilities. He explores the causes and consequences of "social incompetence," then offers field-tested advice on how to help children work through daily social struggles and go from being picked on and isolated to becoming accepted and involved.

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Material Title: **It's So Much Work to Be Your Friend: Helping the Learning Disabled Child Find Social Success (DVD)**

Author: DVD *DVDs* 2005 90 Minutes

Drawing on three decades of experience in residential schools, Lavoie provides strategies for teaching friendship skills in the classroom, home and community. He first explores the causes and consequences of "social incompetence," then he offers field-tested advice on how to help children work through daily social struggles and go from being picked on and isolated to becoming accepted and involved.

"Es mucho trabajo ser tu amigo: Ayudando a los niños con incapacidades de aprendizaje a encontrar el éxito social"

Acumulando más que tres décadas de experiencia de las escuelas residenciales, el autor Lavoie provee estrategias para enseñar habilidades de amistad en la sala de clase, la casa, y la comunidad. Él explora las causas y las consecuencias de la "incompetencia/inhabilidad social", y después ofrece consejo comprobado sobre cómo ayudar a los niños enfrentar sus luchas diarias de socializarse y mejorar su estado emocional/sicológico de recibir un tratamiento de acoso ("bullying") y de sentirse aislados a ser aceptados e involucrados [socialmente].

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Material Title: **Keeping A Head in School: A Young Student's Book About Learning Abilities and Disorders\* (Children's Materials)**

Author: Mel Levine *Children's Books* 1990 279 pages

This student's book about learning abilities and learning disorders, written for adolescents and pre-adolescents, should appeal also to older and younger students. It attempts to empower students with learning disorders to advocate for themselves, to see themselves as resilient beings, to use adults effectively as resources, to deploy their strengths, and to preserve and cherish their own individuality.

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Material Title: **Learning Disabilities and Your Child**

Author: Lawrence Greene *Books* 1983 286 pages

This "Survival Handbook" explains how to diagnose learning disabilities ranging from dyslexia and hyperactivity to language disorders and tuning out. It offers helpful advice on choosing the right school or program for your child and on getting the support you need. Anecdotes, where parents and children speak out, as well as step-by-step programs that you can begin right now, make this unique book a vital guide for parents and teachers of learning disabled children.

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Material Title: **Motivating the Uncooperative Student: A Guidebook for School Counselors**

Author: John Taylor *Books* 1990 44 pages

This booklet is designed to help school counselors, teachers, administrators and mental health professionals to identify and remediate the resistive student. Strategies are included for those students with physical conditions that slow learning (such as ADD), attitudinal problems, rebellious natures, etc.

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Material Title: **Multiple Intelligences: The Theory in Practice**

Author: Howard Gardner *Books* 1993 252 pages

This book brings together previously published and original work by Gardner and his colleagues at Project Zero to provide a coherent picture of what we have learned about the educational applications of MI theory from projects in schools and formal research over the last decade.

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Material Title: **Parents' Complete Special Education Guide: Tips, Techniques and Materials for Helping Your Child Succeed in School and Life**

Author: Roger Pierangelo *Books* 1996 281 pages

This book, though published in 1996, a year before important changes to the Individuals with Disabilities Education Act (IDEA), contains many practical tips for working with your child and her or his school to get the best for your child from birth through transition to adulthood.

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## Education - Special Education

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Material Title: **Parent's Guide to Special Education, A**

Author: Linda Wilmschurst *Books* 2005 252 pages

In addition to information on IDEA and 504 law and types of evaluations, this easily understood, practical guide includes chapters on parent-teacher communication and school meetings, coping with stress, building your child's self-esteem and increasing social competence. 73 pages of Appendixes include sample 504 plans, IEP forms, behavior charts, procedural safeguards, helpful resources, and more.

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Material Title: **Planning My Way to Work**

Author: Oregon Council on Developmental Disabilities *Information Packets* 2015 60 pages

If you are a student, you are likely excited about having a job and earning money! You may have questions about school and other services available to help you plan for your transition from school to work and adult life. This transition guide is for students with disabilities and their families to help navigate services and community resources on the path from school to work.

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Material Title: **Positive Prescriptions for Negative Parenting: The Counselors Guide to Assisting Troubled Parents and Children**

Author: John Taylor *Books* 1995 (revised) 47 pages

This booklet is designed as a quick reference manual for school counselors, educators, school administrators, and mental health professionals. It features step-by-step guidelines for identifying and counterering twelve common destructive parenting styles.

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Material Title: **Quirky Kids: Understanding and Helping Your Child Who Doesn't Fit In - When to Worry and When Not to Worry**

Author: Perri Klass, M.D. and Eileen Costello, M.D. *Books* 2003 360 pages

From the fourth-grade girl who never gets invited to a birthday party because classmates think she's "weird", to the geek who is terrific at math but is failing every other subject, quirky children are different from other kids in ways that they - and their parents - have a hard time understanding. They present a host of challenges that standard parenting books fail to address. Seasoned pediatricians Perri Klass and Eileen Costello provide expert guidance that families with quirky children so desperately need. Illuminating the confusing list of terms often applied to quirky children - from Asperger's Syndrome and "nonverbal learning disability" to "obsessive-compulsive behavior" and Sensory Integration Dysfunction, the authors also discuss various therapy options, coping strategies, and available medications. Most of all, they will help quirky kids lead rich, fulfilling lives at home, at school, even on the playground.

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Material Title: **Raising Resilient Rascals Takes Flight! 2010: Disc 2 (DVD)**

Author: DVD *DVDs* 2010 3 hours

Disk 2 DVD includes the following presentations from the Raising Resilient Rascals Takes Flight! 2010 Conference: "Understanding and Building Childhood Executive Functioning," presented by Gwen A. Lewis, Ph.D, A.B.Pd.N; "Enhancing Executive Function," presented by Julia M. Bledsoe, MD; "Panel Discussion: Advocating for your child's school needs."

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Material Title: **Read-Aloud Handbook, The**

Author: Jim Trelease *Books* 2006 292 pages

This book tells you why, how, when, and what to read aloud to your children. The why (it helps your kid, helps your relationship with your kid, and it's fun) is reason enough to make a habit of it. The "how" includes a list of do's, don'ts, tips on luring kids away from TV, etc. When? Now! The what includes a 104 page list of recommended read-aloud books (not all good books are ideal for reading aloud) based on type, topic, and age level.

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Material Title: **Right-Brained Children in a Left-Brained World: Unlocking the Potential of your ADD Child**

Author: Jeffrey Freed, M.A.T., and Laurie Parsons *Books* 1997 238 pages

For children living with Attention Deficit Disorder (ADD), life can be frustrating. They may find it impossible to sit quietly, focus on a task, or work well with others; they often have difficulty mastering even basic skills. But there is more to ADD than deficits. Jeffrey Freed, who works exclusively with ADD and gifted children, has developed a simple, easy-to-apply program that works with the special abilities of the ADD child. Freed and coauthor Laurie Parsons explain how, in as little as ten minutes a day you can: test for a right-brained learning style; help your ADD child master spelling - and build confidence; tap your child's speed-reading abilities; and win over teachers and principals to the right-brained approach the ADD child thrives on.

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## Education - Special Education

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Material Title: **School Years, The: Fetal Alcohol Syndrome Series (VHS)**  
Author: Altschul Group *Videotapes* 1997 20 minutes

This program concentrates on the importance of meeting the needs of children with F.A.S. at both the classroom and school district levels. It stresses that students with F.A.S. or F.A.E. are not necessarily mentally retarded but may process information differently. Practical ways of helping these children learn despite their differences are presented. Parents, teachers and other experts offer their views on the importance of getting to know the child's teachers and educating them about the child's needs. Useful for parents and teachers alike.

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Material Title: **Smart Moves: Why Learning Is Not All In Your Head**  
Author: Carla Hannaford, PhD *Books* 1995 214 pages

The body's role in thinking and learning is presented in a readable format, thoroughly supported by scientific research. Hannaford, a neurophysiologist and educator, tells us why we must move and shows us how to move to fully activate our learning potential. Her insights will be of immediate value to learners of all ages, from the gifted to the so-called learning-disabled.

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Material Title: **Special Education: A Guide for Parents and Advocates (6th Edition)**  
Author: Chuck Levine, et Al. *Non-Return Items* 2012 88 pages

This booklet, photocopied by ORPARC with permission from Oregon Advocacy Center, is an effective tool for examining the rights of people with difficulties in school. It focuses on IDEA law but also has information on Section 504 provisions. It is written by attorneys and advocates in plain, easy to understand language and could be helpful in showing school personnel what services you are entitled to.

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Material Title: **Students Like Me: Teaching Children with Fetal Alcohol Syndrome (VHS)**  
Author: Video *Videotapes* 2000 39 minutes

This video gives elementary and special education teachers a clear understanding of what Fetal Alcohol Syndrome is, how it affects children's learning and behavior, and what can be done to modify classroom environments and teaching methods to allow children with FAS to learn.

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Material Title: **Succeeding Against the Odds: How the Learning Disabled Can Realize Their Promise**  
Author: Sally Liberman Smith *Books* 1991 269 pages

This book delivers hope and guidance to anyone whose life has been challenged by a learning disability. Blending more than 25 years of personal experience and accounts of success from people with learning problems, the author has created a practical and compassionate guide for the learning-disabled and their relatives, teachers, and friends.

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Material Title: **Survival Guide for Kids with LD (Learning Differences), The\* (Children's Materials)**  
Author: Gary Fisher, Phd and Rhoda Cummings, EdD *Children's Books* 2002

What is LD? Why do some kids have LD? Why is it hard for kids with LD to learn? Why do other kids sometimes tease kids with LD? What happens when kids with LD get out of school? If you are a kid with LD, you may have lots of questions like these. This book has many answers. It can help you understand LD better. It can also help you understand yourself better.

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Material Title: **Teachers Ask About Sensory Integration (Audiotape)**  
Author: Carol Stock Kranowitz and Stacey Szklut *Audiotapes* 1999 105 minutes

This tape and accompanying 42-page booklet with reproducible checklists is for you to share with any teacher willing to make an attempt to understand why problems in sensory integration affect learning, to learn useful strategies for helping these kids engage and focus, and to improve the educational and social performance of kids with SI challenges.

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Material Title: **Teacher's Guide to Attention Deficit Disorder, A**  
Author: Daniel G. Amen *Books* 1997 159 pages

This guide provides teachers with the latest information on the diagnosis and treatment of ADD and how to effectively intervene in the classroom, with students and with their parents. Sophisticated brain imaging studies highlight the biological nature of ADD and provide insights into effective interventions. Specific brain-based strategies are given to help ADD students be more effective every day.

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## Education - Special Education

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Material Title: **Understanding Learning Disabilities: How Difficult Can This Be (DVD)**  
Author: Richard D. Lavoie *DVDs* 1989 70 minutes

Richard D. Lavoie leads a group of parents, educators, psychologists, and children through a series of exercises that cause frustration, anxiety, and tension; feelings all too familiar to children with learning disabilities. By dramatizing the classroom experience so vividly, Lavoie lets us see the world through the eyes of a child. Later, participants discuss strategies for working more effectively with learning disabled children.

This DVD comes with the booklet "Understanding Learning Disabilities: Discussion Leader's Guide."

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Material Title: **Understanding Learning Disabilities: How Difficult Can This Be (VHS)**  
Author: Video *Videotapes* 1989 70 minutes

Richard D. Lavoie leads a group of parents, educators, psychologists, and children through a series of exercises that cause frustration, anxiety, and tension; feelings all too familiar to children with learning disabilities. By dramatizing the classroom experience so vividly, Lavoie lets us see the world through the eyes of a child. Later, participants discuss strategies for working more effectively with learning disabled children.

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Material Title: **Watch for the Rainbows: True Stories for Educators and other Caregivers of Children with Fetal Alcohol Spectrum Disorders**  
Author: Frances M.E. Kapp *Books* 2002 94 pages

We now have the September 2002 revised first edition. This book is a compilation of true stories about children with FAS. The stories are clustered by subjects such as, The Joy of Creativity, Physical Feat Without Fear, Dealing with Stress, Extroverted Children, The Issue of "Lying," and Teaching Strategies.

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Material Title: **What Every Parent Needs to Know About 1st, 2nd and 3rd Grades: An Essential Guide to Your Child's Education**  
Author: Bickart, Toni S. et al *Books* 1997 141 pages

Taking readers inside the classroom of today's 1st, 2nd, and 3rd graders--and inside the minds of the teachers--this guide shows parents how they can help make their child's learning environment an exciting place where children become thinkers, problem-solvers and self-directed learners.

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Material Title: **When Listening Comes Alive? A Guide to Effective Learning and Communication**  
Author: Paul Madaule *Books* 1994 204 pages

This is a book about listening at all stages of life – for parents-to-be, hard-working professionals, teachers, early childhood educators and parents seeking help for learning disabled children or difficult teenagers. It describes the "Tomatis Listening Method," a series of techniques designed to develop and improve listening skills throughout life.

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Material Title: **When Your Child Has LD (Learning Differences): A Survival Guide for Parents**  
Author: Gary Fisher, Ph.D. *Books* 1995 144 pages

This book discusses the issues of parents with children struggling with Learning Differences. In clear, understandable language, the authors explain: five types of LD; some possible causes and early signs of LD; ways your child's LD can affect your child's social and emotional well-being, and your family harmony; your child's legal rights – and your rights as a parents of a child with LD; how to advocate for your child, work with the school, and get help outside of school, and more.

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Material Title: **Worth the Trip: Raising and Teaching Children with Fetal Alcohol Syndrome (DVD)**  
Author: DVD *DVDs* 2001 45 min

This is a hopeful and practical outline of suggestions for helping children prenatally affected by alcohol. Intended for parents, teachers and any professional working with kids, it is supportive of caregivers and clearly cherishes the children in the process. The video comes with a booklet that offers tips and further advice on working more successfully with these children.

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Material Title: **Worth the Trip: Raising Children with Fetal Alcohol Syndrome (VHS)**  
Author: *Videotapes* 1999 49 minutes

This is a hopeful and practical outline of suggestions for helping children prenatally affected by alcohol. Intended for parents, teachers and any professional working with kids, it is supportive of caregivers and clearly cherishes the children in the process. The video comes with a booklet that offers tips and further advice on working more successfully with these children.

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## Education - Special Education

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Material Title: **Wrightslaw: From Emotions to Advocacy: The Special Education Survival Guide (Second Edition)**  
Author: Pam Wright *Books* 2006 311 pages

This book from Wrightslaw (see [www.wrightslaw.com](http://www.wrightslaw.com)) teaches you how to plan, prepare, organize -- and get quality special education services. You learn about organizing your child's file, devising a master plan for your child's special education, roles of experts, writing smart IEP goals, and much more. Appendixes list information on hundreds of information groups, state departments of education, and legal and advocacy. It includes dozens of worksheets, forms, and sample letters that you can tailor to your needs. (Includes 118 pages of appendixes.)

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Material Title: **Wrightslaw: Special Education Law (CD-ROM)**  
Author: CD-ROM *CD-ROMs* 1999

This "Complete Reference to Special Education Legal Rights and Responsibilities" shows you what the law says about IEP requirements and IEP teams, evaluations, reevaluations, and independent evaluations, rights and responsibilities of parents and schools, and much more. NOTE: The entire text of this CD ROM is also available as a book of the same title.

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Material Title: **Wrightslaw: Special Education Law (Second Edition)**  
Author: Peter W. D. Wright & Pamela Darr *Books* 2006 410 pages

Full text of the Individuals with Disabilities Education Act of 2004 and IDEA 2004 regulations with analysis and commentary; Section 504 of the Rehabilitation Act; No Child Left Behind Act; Family Education Rights and Privacy Act (FERPA); McKinney-Vento Homeless Act; Decisions in special education cases from the U. S. Supreme Court; References and resources.

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Material Title: **Writing Measurable IEP Goals and Objectives**  
Author: Barbara Bateman and Cynthia Herr *Books* 2006 140 pages

Part I: About Goals & Objectives (measurability, vagueness / specificity) Part II: Writing Goals & Objectives (present levels, writing goals & objectives, writing measurable goals & objectives, how to project annual goals, how to move the child's performance to the goal, how to put PLOP, Objectives / Benchmarks, Goals in the IEP). Part III: Sample PLOPs, Objectives, Goals (includes 75 samples for children with various disabilities)