

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

## Transracial/Transcultural

Material Title: **African-American and Biracial Hair Care: A parent's practical guide to managing hair care -- for adoptive & foster care parents (DVD)**

Author: DVD *Books* 2004

Master stylists use live models to help you work with a texture that is different than your own, with practical advice and suggestions for new styling techniques.

Material Title: **Assessing a Family's Ability to Adopt Transracially (VHS)**

Author: Joseph Crumbley *Videotapes* 36 minutes

(from catalog): "This video provides techniques for assessing adoptive parents' experience and understanding with regard to the role of race and ethnic heritage; a family's motivation and support systems; the family's ability to provide a community and opportunities for same-race role models and peer relationships, and life-styles and parenting abilities."

There are three other videos in this series: "The Special Needs of Minority Children Adopted Transracially," "The Impact of Transracial Adoptions on the Adopted Child and Adopted Family," and "Parenting Tasks in Transracial Adoptions."

Material Title: **Best of Adopted Child: Ethnic and Cultural Identity**

Author: Lois Melina *Journals/Newsletters* 1982 to 1996

This collection of articles from 1982 to 1996 includes pieces on raising children of mixed racial heritage, raising children of different racial heritage than their adoptive parents, starting a successful culture camp, and on issues specific to Black, Latino, and Korean experiences in American society.

Material Title: **Best of Adopted Child: For Parents Adopting Internationally**

Author: Lois Melina *Journals/Newsletters* 1984 to 1996

This collection of articles from 1984 to 1996 includes pieces on explaining abandonment; cultural identity, stereotypes; and issues specific to Chinese, Korean and Romanian children.

Material Title: **Best of Pact Press, The: Racial Identity**

Author: Collection *Journals/Newsletters* 43 pages

This 43-page booklet contains 12 articles previously printed in the Pact Press on various issues related to adoption and racial identity as applicable to families who have adopted children of color.

Material Title: **Birth Marks: Transracial Adoption in Contemporary America**

Author: Sandra Patton *Books* 2000 191 pages

Through in-depth interviews with adoption workers and adult transracial adoptees, Patton, herself an adoptee, explores the social construction of race, identity, gender, and family and the ways in which these interact with public policy about adoption. She discusses recent changes in adoption and social welfare policy to show how the lives of transracial adoptees have been shaped by the policies of the U.S. child welfare system.

Material Title: **Black Baby White Hands: A View from the Crib**

Author: Jaiya John *Books* 2002 378 pages

Three months after the assassination of Martin Luther King, a Black baby becomes the first in the history of New Mexico to be adopted by a White family. The life that follows for that child – separated from his mother at birth, placed into foster care, adopted by a White family and reunited with his biological family in adulthood – is told here by the person who lived it.

Material Title: **Blended Families: Foster, Adoptive, Bio and Multicultural Sibs (VHS)**

Author: Ed-Net Series *Videotapes* 1996 2 hours

A panel of speakers including a DHS adoption worker, Foster/Adoption parent, and social worker from the Casey Family Program, discussed the external impacts on development of identity, the role of significant others in development of identity, the five stages of identity development, and the challenges of a blended family.

## Transracial/Transcultural

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Material Title: **Cross-Cultural Adoption: How to Answer Questions from Family, Friends, and Community**  
Author: Amy and Caryn Coughlin and Abramowitz *Books* 2004 148 pages

This book, geared toward families who have adopted internationally, might offer insights to families who have adopted US kids. The first chapter "The Questions Kids Ask," presents 18 typical questions with ideas for answering them on both a little kid level and on a more mature level. The second chapter, "Do's and Don'ts for Grown-Ups," offers just that. The final chapter gives factual information about 8 countries.

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Material Title: **Daddy & Papa: A Story About Gay Fathers in America (DVD)**  
Author: DVD *DVDs* 2003 57 minutes

Through the stories of four families, including the filmmaker's own, this film explores the growing phenomenon of gay fatherhood and its impact on American culture. It delves into the particular challenges facing gay men who decide to become dads, including surrogacy, interracial adoption, the complexities of gay divorce, and the battle for full legal status as parents.

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Material Title: **Developing and Implementing Effective Strategies for Nurturing Healthy Racial Identity (CD)**  
Author: CD *CDs* 2008

Racial identity in transracially placed children is more confusing and complicated than identity issues for those with same-race parents. To raise children with healthy racial identities who can resist societal stereotyping and stand up against white standards of beauty, adoptive parents need to develop specialized knowledge and skills. Recorded at the 2008 NACAC Conference in Ottawa, Jane Brown presents.

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Material Title: **Different and Wonderful: Raising Black Children in a Race Conscious Society**  
Author: Darlene Hopson *Books* 1990 207 pages

These renowned psychologists explore the sometimes tough, sometimes unspoken questions that face the black middle-class today, particularly parents. Thanks to this book, parents of black children can now prepare their children for the race consciousness that still pervades American society, and at the same time, inspire them with positive values, productive lifestyles, and all-important self-respect.

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Material Title: **Dim Sum, Bagels, and Grits: A Sourcebook for Multicultural Families**  
Author: Myra Alperson *Books* 2001 183 pages

This book, for families adopting multiculturally, offers personal as well as professional insights into such topics as combining cultures, confronting prejudice, developing role models, and locating multicultural resources. It contains a 47-page list of publications and a 33-page list of "Goods and Services."

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Material Title: **Does Anybody Else Look Like Me? A Parent's Guide to Raising Multiracial Children**  
Author: Donna Jackson Nakazawa *Books* 2003 200 pages

This book, written by a Caucasian woman whose husband is a Japanese American, is not about adoption. It is about raising children who have a racially mixed genetic heritage. However, it covers many of the same issues and circumstances faced by adopted kids (multiracial or not) who have a parent or parents of a different race.

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Material Title: **Empowering the Black Family**  
Author: Sylvia Sims, Ann, & Ellen S. Gray, Hartman, & Saalb *Books* 1985 107 pages

This book presents excerpts from five presenters, Barbara Bryant Solomon, Carol B. Stack, Elaine Pinderhughes, James W. Leigh, and Jacquelynn A. Moffett, at a seminar at the University of Michigan and also a roundtable discussion among the same five and editor, Ann Hartman.

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Material Title: **Families Are Different\* (see comment about Children's Materials on Index page)**  
Author: Nina Pellegrini *Children's Books* 1991 26 pages

Nico doesn't like looking different than her parents, who adopted her from Korea, until her mother points out that there are "different kinds of families . . .glued together" by love. Soon Nico starts to notice the differences in the families she sees. Now she doesn't feel so bad. She's just like everyone else – she's different!

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Material Title: **Family Therapy Magazine: May/June 2004**  
Author: Periodical *Periodicals* May/June 2004 8 articles

This issue of Family Therapy Magazine, a journal of the American Association for Marriage and Family Therapy, is dedicated to "Adoption Trends and the Role of Family Therapy." It contains eight articles on adoption. The magazine can be checked out of the ORPARC library just as books or tapes can. Contact us by phone or email if you would like to borrow a copy of this unique issue.

## Transracial/Transcultural

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Material Title: **Gift Children: A Story of Race, Family, and Adoption in a Divided America**  
Author: J. Douglas Bates *Books* 1993 270 pages

In 1970 Doug and Gloria Bates of Eugene, OR adopted a four-year-old black girl as a sister to their two biological white sons. Two years later, they adopted another black girl. The 23 year interracial journey that ensued is a story that helps illuminate race relations in America today while depicting both the harsh difficulties and the heartwarming rewards that followed.

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Material Title: **Heart Knows Something Different, The: Teenage Voices from the Foster Care System\* (see comment about Children's Materials on Index page)**  
Author: Al Desetta *Children's Books* 1996 211 pages

Divided into four sections, "Family," "Living in the System," "Who Am I," and Looking to the Future," the more than three dozen personal narratives here were written by young people, ages 15 to 20, who have lived in the foster care system. These less often heard voices might provide insight to parents and professionals, and a sense of normalcy and community to adopted adolescents.

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Material Title: **I Wonder...Teenagers Talk About Being Adopted (VHS)**  
Author: Families Adopting in Response *Videotapes* 1996 45 minutes

Fourteen adopted teenagers respond to such topics as "difficult times," "special memories," "birth families," "transracial/transcultural issues," "how much they think about adoption," and others. The range of answers is certain to provide insight and compassion to anyone who interacts with adopted people.

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Material Title: **I'm Brown and My Sister Isn't\* (see comment about Children's Materials on Index page)**  
Author: Robbie O'Shea *Children's Books* 2002 16 pages

In this book for very young children, illustrated by Matthew Ambre, we are exposed to the daily similarities and differences between an adopted boy of color and his older, white adopted sister.

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Material Title: **I'm Chocolate, You're Vanilla**  
Author: Marguerite A. Wright *Books* 1998 264 pages

This book is intended to teach parents and educators of black and biracial children how to reduce racism's impact on a child's development "from preschool through adolescence" and, in doing so, to raise emotionally healthy children. It is divided into three parts; "That Magical Place: Race Awareness in the Preschool Years;" "The Waning of Racial Innocence: The Early School Years;" and "Reality Bites: Race Awareness in Middle Childhood and Adolescence."

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Material Title: **Impact of Transracial Adoptions on the Adopted Child and Adoptive Family, The (VHS)**  
Author: Joseph Crumbley *Videotapes* 54 minutes

(from catalog): "This video identifies how transracial adoption impacts the child's feelings about her/himself, the birth family and community of origin; the child's interaction with the adopted family and adopted community; the nuclear and extended family's reaction to the adopted child; and how the family can manage the impact of a transracial adoption."

There are three other videos in this series: "The Special Needs of Minority Children Adopted Transracially," "Parenting Tasks in Transracial Adoptions," and "Assessing a Family's Ability to Adopt Transracially."

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Material Title: **In Their Own Voices: Transracial Adoptees Tell Their Stories**  
Author: Rita J., & Rhonda M. Roorda Simon *Books* 2000 392 pages

After a brief introduction and some background information, this book is a series of 24 pointed interviews with young men and women of color who were adopted into white or partially white families. The interviews (except for the interview of Rhonda M. Roorda, who was interviewed by Rita J. Simon) were conducted by Rhonda M. Roorda who was herself adopted into a white family.

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Material Title: **Inside Transracial Adoption**  
Author: Gail Steinberg *Books* 2000 384 pages

With insight, honesty and humor, the authors (qualified both as professionals in the field of adoption and as parents who have adopted transracially themselves) guide readers through the complexities of transracial adoption -- clarifying the issues and offering critical tools to help families navigate the challenges they confront on a day-to-day basis.

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Material Title: **Is That Your Sister?\* (see comment about Children's Materials on Index page)**  
Author: Catherine Bunin *Children's Books* 1992 31 pages

This illustrated children's book tells about the feelings of a child who was adopted into a multiracial family and who explains adoption as a chosen way of life that is positive, compassionate and civilized.

## Transracial/Transcultural

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Material Title: **Keeping it Real**

Author: DVD *DVDs* 2009

(Description provided on DVD) Supporting the needs of African American children in out-of-home care. This DVD gives insight on the difficulties faced by African American children in out-of-home care. The DVD comes with a booklet that summarizes the points.

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Material Title: **Living on the Fault Line: Where Race and Family Meet (DVD)**

Author: Jeff Farber *DVDs* 2007 78 minutes

This documentary film by Jeff Farber profiles nine Vermont families involved in transracial adoption. It addresses some of the complex challenges and emotional costs transracial families face as children of color grow up in communities where racial discrimination, stereotyping, misconceptions, and white privilege are often unspoken and undeniable realities.

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Material Title: **Loving Across the Color Line**

Author: Sharon E. Rush *Books* 2000 176 pages

As Sharon Rush invites us into her world as the white mother of an adopted black child, we share her delights in her smart and perceptive daughter and her shock and dismay during repeated encounters with racial prejudice. She provides the reader with deep insights into how racism works its evil in U.S. society. We learn what she has learned the hard way, the tough lessons known by every black American.

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Material Title: **Making Cultural Connections: Hair and Skin Care for Children of African Descent**

Author: Jeanne M. Costa *Books* 2003 22 pages

This practical guide to the unique hair and skin care needs of children of African heritage is written specifically for adoptive or foster families who are caring for children of African or Caribbean descent. It covers normal hair maintenance, avoiding hair damage and caring for damaged hair, normal skin care, and skin conditions, both benign and potentially harmful, that are common in people with darker skin.

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Material Title: **Mother for Choco, A\* (see comment about Children's Materials on Index page)**

Author: Keiko Kasza *Children's Books* 1992 31 pages

This illustrated book tells the story of a motherless bird who searched for a mother from Africa to the Arctic. But all the animals he encountered reminded him that he didn't look like him so they couldn't be his mother. Finally he meets Mrs. Bear who hugs and kisses him and takes him home to her adopted family. They both realize that she is the perfect mother for Choco.

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Material Title: **Of Many Colors: Portraits of Multiracial Families**

Author: Peggy Gillespie *Books* 1987 138 pages

This coffee-table book, based on an award-winning photo exhibit, documents the feelings and experiences of thirty-nine multiracial families. Parents and children speak candidly about their lives, their relationships, and the ways they have dealt with issues of race.

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Material Title: **Our Native American Child: A Guide for Those Who Adopt and Their Supporters**

Author: Carolyn McPherson *Books* 1994 39 pages

This booklet is one in a series of four booklets based on adoption in different religious communities. It is a guidebook style introduction to adoption as it touches our Native American children today.

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Material Title: **Outside Looking In: Transracial Adoption in America (VHS)**

Author: Video *Videotapes* 2001 56 minutes

African American filmmaker, Phil Bertelsen, who was adopted by a white family, examines the bonds and strains experienced when white families adopt black children. We look back at his own adoption, his adoptive sister's adoption of a black child, and a couple in the process of adopting a black child.

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Material Title: **Parenting Tasks in Transracial Adoptions (VHS)**

Author: Joseph Crumbley *Videotapes* 20 minutes

(from catalog): "This video presents a psychosocial rationale explaining the parenting tasks with minority children; parental tasks, resources and capabilities; and information and networks parents must access and provide their adopted child."

There are three other videos in this series: "Assessing a Family's Ability to Adopt Transracially," "The Impact of Transracial Adoptions on the Adopted Child and Adoptive Family," and "The Special Needs of Minority Children Adopted Transracially."

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## Transracial/Transcultural

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Material Title: **Rabbit-Proof Fence (DVD)**  
Author: DVD *DVDs* 2003 94 min  
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Material Title: **Race Matters**  
Author: Cornel West *Books* 1994 159 pages

These accessible, pointed essays on race in America by esteemed African-American intellectual West, professor of religion and director of Princeton's Afro-American Studies program, offer a compelling blend of philosophy, sociology and political commentary, directly taking on some of the most volatile issues facing American society today. Most have been previously published in earlier versions.

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Material Title: **Raising A Child of a Different Race or Ethnic Background (Audiotape)**  
Author: Lois Melina *Audiotapes* 1990 92 minutes

This presentation helps parents understand and meet the needs of transracial and international adopted children. Among the topics discussed: what to do when children are teased about their race, how to counter negative media images of a child's country of origin, how to integrate a child's heritage into the adoptive family.

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Material Title: **Raising Healthy Multiracial Adoptive Families: A Question and Answer Guide for Adoptive Parents**  
Author: Harriet Fancott *Books* 1999 69 pp

This booklet addresses the issues of multiracial adoptive families in question-and-answer form. It covers everything from culture and heritage to how to deal with racism to what to look for in choosing a school. It is filled with anecdotes and questions from real life people.

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Material Title: **Secret Thoughts of an Adoptive Mother**  
Author: Jana Wolff *Books* 2000 163 pages

Wolff, whose interracial, open adoption of an infant at birth is the source of this volume's content, shares her experiences with wit and fearless honesty. She addresses such personal fears and questions as: What if I don't like the kid I get? Will my child ever feel like mine? Why am I so sad when I'm supposed to be so happy? Are people staring, or am I paranoid? Will she want him back? What if I want to return him?

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Material Title: **Serving Biracial and Multiethnic Children and Their Families (DVD)**  
Author: DVD *DVDs* 2003 30 min plus 98 pp

This videotape and 98 page Educator's Guide are designed to assist providers in the task of developing in their children a sense of positive racial and cultural identity. Topics include stages of identity development, identifying and responding, racial and cultural labeling, the impact of environmental factors, ensuring cultural sensitivity in child care, and integrating materials and activities.

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Material Title: **Single Square Picture, A: A Korean Adoptee's Search for Her Roots**  
Author: Katy Robinson *Books* 2002 297 pages

One day she was Kim Ji-yun, a seven-year-old, growing up in Seoul, Korea. The next day she was Catherine Robinson, living in Salt Lake City, not knowing the language, the customs, any of the people, or even why. Twenty years later, with the blessings of her adoptive family, Katy Robinson returned to Seoul in search of her birth mother -- and found herself an American outsider in her native land. What transpired in this world -- at once familiar and strange, comforting and sad -- left her conflicted, shattered, exhilarated and moved in ways she had never imagined. This is her story.

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Material Title: **Special Needs of Minority Children Adopted Transracially, The (VHS)**  
Author: Joseph Crumbley *Videotapes* 52 minutes

(from catalog): "This video discusses the minority child's need for cultural and positive racial identity; surrogate role models, cultural and community interaction, skills and explanations to cope with prejudice and discrimination; and parent(s) with specific skills to address the minority child's needs."

There are three other videos in this series: "The Impact of Transracial Adoption on the Adopted Child and Adoptive Family," "Parenting Tasks in Transracial Adoption," and "Assessing a Family's Ability to Adopt Transracially."

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Material Title: **Struggle for Identity - Special Edition (DVD)**  
Author: DVD *DVDs* 2007 40 minutes

This powerful DVD, for adoptive and foster parents who adopt transracially and the professionals who work with them, contains the original Struggle for Identity: Issues in Transracial Adoption, plus a new twenty-minute follow up video, "A Conversation 10 Years Later". Through sequences of adoptees and their parents discussing similar issues, the viewer is able to hear the compelling and thought provoking voices of experience.

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## Transracial/Transcultural

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Material Title: **Struggle for Identity (VHS)**  
Author: NY State Citizens' Coalition for Children *Videotapes* 1998 20 minutes

This powerful video is for adoptive and foster parents who adopt transracially and the professionals who work with them. Through sequences of adoptees and their parents discussing similar issues, the viewer is able to hear the compelling and thought provoking voices of experience.

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Material Title: **Transracial Adoption and Foster Care: Practical Issues for Professionals**  
Author: Joseph Crumbley *Books* 1999 114 pages

The purpose of this book is to show professionals how to help children and families make transracial adoptions and foster placements work. It describes specific ways that practitioners can work with transracial families to ensure that children develop positive racial and cultural identities. Cultural competence, recruitment of minority adoptive parents, and myths of transracial adoption are also addressed.

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Material Title: **Transracial Adoptive Parenting: A Black/White Community Issue**  
Author: Leora , Al Neal, Stumph *Books* 2003 25 pages

The authors discuss the state of adoption for black children in the U.S., addressing such issues as why a disproportionate number of the children in the child welfare system are African American; problems encountered by African Americans when they attempt to adopt; the importance of preserving racial connections and identity; etc.

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Material Title: **Transracial Parenting**  
Author: ORPARC *Information Packets* 37 pages

(Available December 2009)

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Material Title: **Transracial Support Groups: Gaining Cultural Confidence through Community Connections (CD)**  
Author: NACAC Conference 2006 CD *CDs* 2006 90 minutes

This presentation focuses on how transracial adoptive family support groups and parents can create positive ties to a child's birth heritage and facilitate racial, ethnic, and cultural connections through community outreach and programming.

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Material Title: **Understanding Race, Ethnicity, and Power: The Key to Efficacy in Clinical Practice**  
Author: Elaine Pinderhughes *Books* 1989 241 pages

This book explores the pervasive influence of race, ethnicity and power on the practitioner's own identity and in interactions with others--peers, subordinates and superiors, as well as clients. The author emphasizes the role of power in the dynamics of cross-cultural communication.

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Material Title: **Viva la adopción! A Guide to Adoption for Hispanic Christians and Their Congregations**  
Author: Carolyn McPherson *Books* 1993 22 pages

One in a series of four books based on adoption in different religious communities, this English language guidebook is an introduction to adoption as it touches Hispanic Christians today--those contemplating adoption, those who have already adopted, and those who wish to encourage and support someone who is adopting.

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Material Title: **Weaving a Family: Untangling Race and Adoption**  
Author: Barbara Katz Rothman *Books* 2006 234 pages

Weaving together the sociological, the historical, and the personal, Rothman looks at the contemporary American family through the lens of race, race through the lens of adoption, and all—race, family, and adoption—within the context of the changing meanings of motherhood.

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Material Title: **What My White Parents Didn't Know and Why I Am OK in Spite of It (CD)**  
Author: CD *CDs* 2007 90 minutes

Transracially adopted co-presenters at the NACAC Conference offer firsthand experiences and practical ideas related to the inevitable race and diversity challenges within adoption and foster care. Issues presented include dating, dealing with racial jokes, and other everyday issues that transracial adoptees face.

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Material Title: **Why Are All the Black Kids Sitting Together in the Cafeteria? And other Conversations About Race**  
Author: Beverly Daniel Tatum *Books* 1997 242 pages

"Walk into any racially mixed high school and you will see Black youth seated together in the cafeteria – and the White, Latino, Asian . . . youth clustered in their own groups. Is this self-segregation a problem we should try to fix, or a coping strategy we should support? How can we get past our reluctance to talk about racial issues?" This updated (2003) edition provides innovative ways to think and talk about race.

## Transracial/Transcultural

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Material Title: **With Eyes Wide Open: A Workbook for Parents Adopting International Children Over Age One**

Author: Margi Miller

*Books*

1996

155 pages

Although this series of intellectual and emotional exercises in workbook format is intended for those about to adopt internationally, much of the book is relevant to the adoption of any child over the age of one, especially a transracial adoption. It addresses acting out, adjustment issues, testing, culture shock, separating from caretakers, bonding to a rejected child, and consequences of early childhood rejection.