

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

## Emancipation/Preparation for Adulthood

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Material Title: **AD-HD in Adulthood and College**  
 Author: information Packet *Information Packets* 2008 75 pages

(Available April 2010)

This packet contains articles reprinted with permission from the CHADD (Children and Adults with Attention Deficit/Hyperactivity Disorder) website. Included are such titles as "Time Management," "Managing Medication for Adults ...," "Managing Money," "Succeeding in the Workplace," "Succeeding in College," "Social Skills in Adults ...," "Women and AD/HD," etc.

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Material Title: **Aging Out (DVD)**  
 Author: DVD *DVDs* 2004 90 min

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Material Title: **Casey Life Skills: Certified End-User Training**  
 Author: Casey *DVDs* 33

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Material Title: **Introduction to Independent Living in foster Care: Participants Workbook**  
 Author: Living Resources Independent *DVDs* 2002 47 pp

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Material Title: **Introduction to Independent Living in foster Care: Trainers Workbook**  
 Author: Living Resources Independent *DVDs* 2002 71 pp

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Material Title: **Kaplan Scholarships, 2009 Edition**  
 Author: Gail Schlachter *Books* 2009 515 pages

This book features information on programs that offer significant and unrestricted scholarships combined with tips and advice on how to get them. The guide includes:

- \*A list of scholarships—each worth at least \$1,000--that do not restrict to any one school, and do not require repayment of any kind.

- \*Detailed summaries on each scholarship's financial data, duration of scholarship, eligibility requirements, and application and contact information.

- \*Expert tips and advice on how applicants should research their options, set a timetable, apply for the best opportunities, and avoid scholarship scams.

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Material Title: **Parenting Children Who May Never Leave Home (CD)**  
 Author: CD *CDs* 2002

This workshop explores the realities of parenting children with disabilities who may never be independent. It presents Canadian and American strategies for finding appropriate services and schooling for children and young adults, advocating for change, and facing the physical and mental realities of aging parents caring for adult children.

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Material Title: **Preparing Youth for Adult Life (VHS)**  
 Author: Ed-Net Series *Videotapes* 1996 2 hours

A panel consisting of a therapist, an agency director, and an adoptive/foster parent discuss developmental issues for youth ages 11-30, with a focus on the additional developmental tasks adopted and foster youth face. The video will challenge adoptive parents to re-evaluate their views on defining family, honoring birth family connection, educating the community, understanding the tasks and steps that assist youth in moving into adulthood, and the wisdom of independent living at a particular age. This video is intended for parents of adolescents and young adults.

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Material Title: **Ready Set Fly: A Parent's Guide to Teaching Life Skills**  
 Author: Casey *DVDs* 2006 48 pp

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## Emancipation/Preparation for Adulthood

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Material Title: **Taking the Plunge: A Teen's Guide to Independence**

Author: Laura Purdie Salas *Books* 2004 119 pages

This book, in 12 chapters, addresses such topics as establishing a support network, setting goals, school, jobs, housing, transportation, health, safety, responsibility and fun. Information is practical and presented with illustrations, charts, lists and forms that break it down into manageable bytes that are visually appealing.

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Material Title: **Toolbox No. 3: Facilitating Permanency for Youth**

Author: Gerald P. Mallon *Books* 2005 81 pages

This book from Child Welfare League of America offers a permanency assessment approach that identifies the youth's current relationships and attitudes toward permanency, provides guidelines that promote permanency, and includes an array of practices, including family group decision making, circles of support, digital portraiture, person-centered planning, lifebooks, mentoring programs, permanency retreats, youth empowerment programs, etc.